

Doping is defined as the occurrence of one or more Anti-Doping rule violations (ADRVs). These are the ADRVs athletes and support personnel can be sanctioned for:

- The presence of a prohibited substance or its Metabolites or Markers in an athlete's sample: If samples collected from an athlete have produced positive results, the principle of Strict Liability is applied: each athlete is strictly liable for the substances found in her/his body, whether it was intentional or unintentional
- Use or attempted use of prohibited substance or method
- Evading, refusing, or failing to submit to sample collection
- Whereabouts failures
- Tampering (or attempt) with any part of doping control
- Possession, trafficking (or attempt) of prohibited substance or method
- Administration (or attempt) to any athlete of prohibited substance or method in-and/or out-of-competition
- Complicity: any type of intentional complicity involving an ADRV or attempt
- Prohibited Association: associating with a person such as a coach, doctor or physio found guilty of a criminal/disciplinary offence equivalent to an ADRV

Anti-Doping rules violations are fully described in Article 2 of the World Anti-Doping Code.

It can be found here: <https://www.wada-ama.org/en/resources/the-code/world-anti-doping-code>

What sanctions are the Skaters getting exposed to if they are declared to have committed an ADRV?

- **Disqualification of results:**

Disqualification at an event, including forfeiture of medals, and cancellation of previously obtained results depending on conditions. If the Skater is part of a team, an ADRV can disqualify the Skater's team and lead to further team consequences.

- **A ban from all sport**

A ban from all sport means a ban from; competing, training and/or coaching, for up to four years if the Skater is submitted to an ineligibility period or a life-time ban in most serious cases.

- **Financial Penalties**

Depending on the circumstances the Skater will have to pay allocation to CAS, Forfeited Prize Money and costs related to the Anti-Doping organization conducting the results management.

These rules protect clean athletes from competitors taking unfair advantage to ensure athletes' fundamental right to participate in doping-free sport and thus promote health, fairness, equality, joy, and pursuit of excellence for athletes worldwide.

---

Below we will see examples of sanctioned skaters and support personnel.

**1. Speed Skating**

Skater: Ineligibility period (4 years) until 2021 because of Steroids.

Coach: Ineligibility period (2 years).

**2. Short Track Speed Skating**

Skater: 4 years ineligibility period until 2020 and disqualification of individual results because of Hormones and Metabolic Modulators.

**3. Figure Skating**

Skater: 1-year ineligibility period (ended) & financial penalties because of Diuretics and Masking Agents.

Coach: 6 months ineligibility period and financial penalties.

**4. Synchronized Skating**

Skater: One-year ineligibility because of 3 Whereabouts Failures within a 12 month period.

Support Personnel: Warning & Fine

15.10.2021