

TUE MANAGEMENT

What are Therapeutic Use Exemptions (TUE's)?

- Skaters may experience medical conditions that require the use of medication
- Such Medication that a skater may be required to take to treat a condition, could be included in the Prohibited list
- However, by applying and obtaining a Therapeutic Use Exemption (TUE), a skater is allowed to use such treatment
- TUEs – only for specific medication with a defined dosage
- TUEs – specific period of time with expiry date

Essential Conditions for granting a TUE

- Serious health issue to Skater if Prohibited Substance/Method is not taken.
- No significant enhancement of performance over and above the skater's normal conditions.
- No reasonable non-prohibited therapeutic alternative.

How to know if a TUE is needed and how to get it?

1. As a skater, inform your doctor (or other) that you are subject to doping control.
2. If medication is recommended, check the status of medication.
3. If it is a prohibited substance/method, discuss alternatives with professionals.
4. If there is no non-prohibited alternative: your application must be made as soon as possible and no later than 30 days before taking

Where can I file for a TUE?

1. To the ITA if you are an **International-Level Skater**
2. To your NADO if you are a National-Level Skater
3. Request your TUE via ADAMS or via [ITA TUE application form](#)
4. The TUE application must be fully completed by the doctor with all relevant supporting documentation attached and sent to tue@ita.sport.
5. The relevant supporting documentation to be attached with the TUE application can be found [here](#) (WADA website > Athletes & Support Personnel /TUE).
6. You will then be informed whether the TUE application has been approved or rejected. If accepted, you will receive a TUE Certificate. In case of a denied request, you will be informed why, but if you disagree, you also have the right to appeal the decision.

What are 'Retroactive TUE's':

A Skater may apply retroactively for a TUE if any of the following exceptions applies:

- a. Emergency or urgent treatment of a medical condition was necessary.
- b. There were insufficient time, opportunity or other exceptional circumstances that prevented the skater from submitting (or the ISU Therapeutic Use Exemption Committee 'TUEC' to consider) an application for the TUE prior to Sample collection.
- c. The Skater used Out-of-Competition, for therapeutic reasons, a Prohibited Substance that is only prohibited In-Competition.

FAQ's

1. Who decides whether a Therapeutic Use Exemption (TUE) should be granted to a Skater or not?
 - The ITA TUEC for the International-Level Skater.
 - The National Anti-Doping Organizations (NADO's) for the non-international level Skater.
2. Once I am provided a TUE, I have no restrictions on the usage of drugs, as I have an 'Exemption certificate.'
 - This is not true.
 - The TUE is granted only for a specific medication with a defined dosage.
 - It is valid only for a specific period of time with an expiry date.
 - It does not provide blanket immunity on all drugs for eternity. Nor does it provide a blanket immunity to abuse the medication granted more than the approved limits.
3. What to do if I have to change dosage or medication for the same disease/condition?
 - In this case, you need to inform the ITA TUE department regarding the changes in your dosage/medication and you shall be informed about the status of your TUE.
4. What to do when my TUE has expired?
 - Once your TUE has expired, you need to re-apply for your TUE by providing all the relevant details and start the process again for renewal of your TUE.
5. When can I use my TUE?
 - While going through a doping control, I must declare my granted TUE & approved medication on the Doping Control Form.
6. Where to find more detailed information on TUE?
 - You can refer to the ISU TUE Policy that can be found on [ITA TUE section](#) or ISU Guidelines for Skaters: [ISU TUE Policy](#)

Skaters or their representatives may contact the ITA tue@ita.sport or the ISU antidoping@isu.org at any time with questions regarding TUE.

ITA email for ISU matters: isu@ita.sport