

PROHIBITED LIST 2026

What is the Prohibited List?

- The Prohibited List is the International Standard that designates what substances and methods are prohibited in-competition and out-of-competition.
- The List also indicates whether particular substances are banned in particular sports.
- Substances and methods are classified by categories (e.g., Steroids, stimulants, gene doping)



Be aware

of the most up-to-date List available on the WADA Website - www.wada-ama.org – the list is updated annually, published by October 1st, and comes into effect on January 1st of the following year. This year's Prohibited list can be found [here](#) and with the corresponding information can be found on the [ISU's website](#) Integrity Unit / Antidoping section.

Why are those products on the list?

Products and methods are considered as Doping if they meet 2 of these 3 criteria:

1. It has the potential to enhance or enhances sport performance.
2. It represents an actual or potential health risk to the Athlete.
3. It violates the spirit of sport (this definition is outlined in the Code)



Who can help me understand this list?



Because the list refers to the scientific name of substances and to other medical terms, it may be difficult to understand for an average reader. The following can help determine whether the ingredients of a certain product might be on the List.

- Competent health professionals (physicians, pharmacists)
- Your NADO (National Anti-Doping Agency) might offer an information service (hotline, mail, online database etc.) to help you check the status of medications sold in your country. Find your NADO's website here: <http://www.inado.org/members.html>.
- Global DRO- The Global Drug Reference Online (Global DRO) is a searchable database that **provides information about the prohibited status of specific medications and/or the active ingredient based on the current World Anti-Doping Agency (WADA) Prohibited List**. Link to Global DRO can be found [here](#)



What's new?

All Major Modifications for 2026 are outlined in the [2026 Summary of Major Modifications and Explanatory Notes](#),

Highlight

M1. Manipulation of Blood and Blood Components

1. It was clarified that withdrawal of blood or blood components is prohibited except for analytical purposes including medical tests or Doping Control, or for
2. donation purposes performed in a collection center accredited by the relevant regulatory authority of the country in which it operates. Note that Platelet-Rich Plasma (PRP) and related procedures remain not prohibited.

2026 WADA Monitoring program

The World Anti-Doping Code (Article 4.5) states: "WADA, in consultation with Signatories and governments, shall establish a monitoring program regarding substances which are not on the Prohibited List, but which WADA wishes to monitor in order to detect potential patterns of misuse in sport.

It can be found [here](#).