

ISU CoE Bergamo in collaboration with CoE Champèry and CoE Oberstdorf presents:

# ISU Pair UP!

## International Pair Try-out, Pair Skating Camp & Coaches Seminar

15 May – 20 May 2026



ISU Center of Excellence Bergamo, in collaboration with CoE Champéry and CoE Oberstdorf, presents the **ISU Pair Up! – International Pair Try-out, Pair Skating Camp & Coaches Seminar**.

The camp offers a unique environment where **skaters and coaches** can work together in a structured program combining **partner matching opportunities, technical training, and coach education**.

Part of the camp will be the **Pair Try-out** where individual skaters interested in pair skating will have the opportunity to skate with potential partners under the supervision of experienced coaches.

For these sessions aim to facilitate the creation of new pair partnerships and to provide guidance on compatibility, technical potential, and future development.

Second Part of the Camp will be the **Pair Camp**, where formed teams will be able to practise focusing on key pair elements, such as lifts, twists, throws, pair spins, and side-by-side elements, as well as off-ice preparation and conditioning specific to pair skating.

In parallel, a **Coaches Education Course** will be organized to support coaches interested in developing expertise in the pair discipline. The course will include practical demonstrations, methodology discussions, and technical guidance on how to introduce and develop pair skating within national programs.

Additional sessions will focus on **ISU rules 2026/2027 and technical updates**, offering coaches a clear overview of the new regulations, judging expectations, and technical requirements in pair skating.

## Date and Location

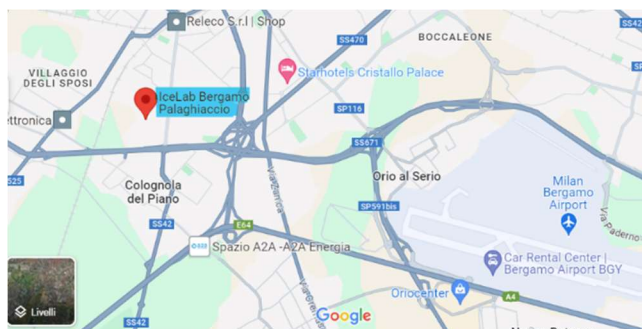
**15 May – 20 May 2026**

(Arrival: 14<sup>th</sup> May – Departure: 21<sup>st</sup> May)

Palaghiaccio Icelab Bergamo

Via S. Bernardino, 141, 24126 Bergamo BG

<https://maps.app.goo.gl/9HSR6ujn9Zs5hs4x6>



# Event Structure

The event consists of three main activities:

## 1. International Pair Try-out

**Friday 15.05 – Saturday 16.05**

Two days dedicated to **single skaters interested in finding a partner and exploring pair skating**. The program will include partner matching sessions and technical introduction to pair elements.

## 2. International Pair Skating Camp

**Sunday 17.05 – Wednesday 20.05**

A four-day intensive training camp for Pairs who competed already in **Junior and Senior categories**. Pairs will receive technical, physical and artistic training from an international coaching staff.

## 3. Coaches educational Seminar

A **Coaches Seminar** will run in parallel with the athlete's program, providing educational opportunities for coaches interested in developing expertise in pair skating.

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## Target Group

### Pair Try-out

Single skaters interested in pair skating, including:

- Skaters currently searching for a partner
- Skaters interested in transitioning from singles to pairs

The Try-out is designed for Novice and Junior skaters with the following requirements:

- Female Skater: has reached the age of thirteen (13).
- Male Skater: has reached the age of fifteen (15).

All the skaters should be able to perform all double jumps and 2A.

### Pair Skating Camp

Eligible participants:

- Junior and Senior Pairs

The number of entries from each ISU Member is limited to:

- **One pair per nation** (the Organizing Committee reserves the right to enter three pairs from the host nation).

If the number of applications exceeds the **12 available places**, the following selection criteria will apply:

- priority will be given to **Junior pairs**.

If fewer than **12 applications** are received:

- additional pairs from the same nation may be accepted.

### Coaches educational Seminar

Open to:

- Coaches working with pair teams
- Coaches interested in learning more about pair skating
- Coaches accompanying participating athletes

## Participation Limits

To ensure high-quality coaching and efficient ice usage, participation will be limited and skating groups will be created after applications will be reviewed by the organizing committee.

**Pair Try-out:** Maximum **24 athletes**.

**Pair Skating Camp:** Maximum **12 pairs**.

## Coaching Team



**Bruno Marcotte**

*Coach of Olympic 2026 Champions Riku Miura & Ryuchi Kihara*



**Barbara Luoni**

*Coach of Olympic 2026 Team Event Bronze medalist Sara Conti & Niccolò Macii*



**Ondrej Hotarek**

*Coach of several European, World and Olympic skaters*



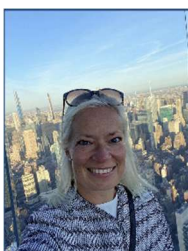
**Angelo Dolfini**

*ISU CoE Champery, Singles and Jumps expert*



**Raffaella Cazzaniga**

*World renowned Choreographer*



**Emilie Billow**

*ISU Technical Committee Member & ISU Technical Controller*



**Claudio Deja Caprioli**

*Street dancer and Hip-Hop & Popping expert*

*And more...*

## Training Program - Pair Try-out

The Pair Try-out is designed to facilitate the **creation of new pairs** and introduce athletes to pair skating. Activities will include:

- on-ice try-out sessions
- partner matching rotations
- introduction to pair holds and lifts
- basic pair skating elements
- meetings and feedback sessions with coaches

Coaches will assist athletes in evaluating potential compatibility between partners.

## Training Program - Pair Camp

Pairs will be divided into training groups, and each group will follow a structured daily training program including:

- 2 on-ice technical sessions (main rink)
- 1 technical session (small rink)
- 1 off-ice conditioning session
- 2 off ice sessions (dance, hip-hop, lifts technique)
- 1 daily classroom dedicated to ISU rules and technical education

Additionally, as part of the **ISU Join Center of Excellence development philosophy**, participating athletes will benefit from a **Personal Development Plan (PDP)**.

Throughout the camp, coaches and specialists will observe athletes during on-ice and off-ice activities and provide **individual feedback** regarding technical development, skating skills, physical preparation and overall progression in pair skating.

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## Participation Fee & Application

Participation fees vary depending on the selected program.

- **Pair Try-out**  
Skaters Fee: 100€  
Coaches Fee: 50€
- **Pair Skating Camp**  
Skaters Fee: 200€  
Coaches Fee: 100€

For Coaches who would like to participate both the activities, a total fee of 130€ will be applied.

All participants must submit their application through the official entry online form.

**Application Deadline: 25 April 2026**

Application link: <https://forms.gle/c1t7XYFoNaiHtJ4K7>

Applications will be reviewed by the organizing committee and confirmed after the application deadline.

The copy of the bank transfer must be submitted with the entry online form.

E-mail address: [icelabCOE@ice-lab.it](mailto:icelabCOE@ice-lab.it)

### Bank details:

ICELAB SSD Srl

Bank: BANCO BPM – Bergamo (Italy)

N. CONTO 044542

IBAN IT84I0503411121000000044542

SWIFT: BAPPIT21AA1

**The entry fee will not be refunded in case of withdrawals for any reason.**

Accommodation, travel and meals are **not included**.

## Travel & Accommodation

Participants are responsible for arranging their own meals, travel and accommodation expenses.  
Here some B&B and Hotels close to the ice rink:

### **Art &Hotel**

Via Santuario, 43  
24040 Stezzano (Bergamo)  
Phone: +39 035 4379300  
Website: <http://www.arthotel.it>

### **San Sisto Hostel**

Via San Sisto 23  
24126 Parco Colognola ai Colli - Bergamo  
Phone: +39 035 321599  
Website: <http://www.sansistohostel.com/>  
(Walking distance)

### **Berg Hotel**

Via per Azzano San Paolo 4,  
24126, Bergamo  
Phone: 035322048  
Website: <http://www.hotelbergamoaeroporto.it/>  
(1,1 km from Icelab Icerink)

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## Insurance & Liability

All participants must have **valid medical and accident insurance** covering the entire duration of the event.  
The organizer and the ISU will not be responsible for any injury, illness, or loss of personal belongings.

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## Contact Information

### **Information contacts:**

#### *Head Coordinator*

Luca Demattè +393479123013  
E-mail: [icelabCOE@ice-lab.it](mailto:icelabCOE@ice-lab.it)

# Provisional Schedule:

## Pair Try-out

| FRIDAY MAY 15TH   |                     |                  |  |
|-------------------|---------------------|------------------|--|
| Time              | Session Type        | Location         | Description  |
| 09:00-09:45       | Off-Ice Session     | Off Ice Area     | Warm-up, mobility, lifts basics  |
| 10:00 – 10:50     | Ice Session 1       | Ice Rink         | Basic Pair Skills (holds, timing, edge quality)  |
| 10:50-11:40       | Ice Session 2       | Ice Rink         | Elements Evaluation (twist preparation, lift basics, throws)                             |
| 12:00 – 13:00     | Rules & Regulations | Room/Emily       | GOE Criteria for Pair Elements, Program Components in Pair Skating                       |
| 14:00-14:45       | Off-Ice Session     | Off Ice Area     | Warm-up, mobility, lifts basics  |
| 15:00 – 15:50     | Ice Session 3       | Ice Rink         | Element Practice & Pair Matching (twists, lift technique, side-by-side jumps)            |
| 15:50 – 16:40     | Ice Session 4       | Ice Rink         | Pair Skating Skills & Connection (timing, unison, skating skills, choreography basics)   |
| 17:00-18:30       | Coaches seminar     | Room/Bruno+Emily | Creating and Matching New Pair Teams, fundamentals of Pair Technique                     |
| SATURDAY MAY 16TH |                     |                  |  |
| Time              | Session Type        | Location         | Description  |
| 09:00-09:45       | Off-Ice Session     | Off Ice Area     | Strength, lifts mechanics, partner coordination drills                                   |
| 10:00 – 10:50     | Ice Session 1       | Ice Rink         | Pair Elements Development (twists, lift entries, throw timing)                           |
| 10:50-11:40       | Ice Session 2       | Ice Rink         | Pair Matching & Technical Assessment (trial pairings, side-by-side elements)             |
| 12:00 – 13:00     | Coaches seminar     | Room/Bruno+Emily | Pair development pathway, safety in lifts and throws, Coaching Strategies for Pair Teams |
| 14:00-14:45       | Off-Ice Session     | Off Ice Area     | Strength, lifts mechanics, partner coordination drills                                   |
| 15:00 – 15:50     | Ice Session 3       | Ice Rink         | Elements Evaluation (twists, lifts, throw jumps, pair spins)                             |
| 15:50 – 16:40     | Ice Session 4       | Ice Rink         | Final Assessment & Presentation (short sequences, connection, musicality)                |
| 17:00-18:30       | Rules & Regulations | Room/Emily       | New rules  |

## Pair Camp

Daily Schedule (Sunday 17<sup>th</sup> – Wednesday 20<sup>th</sup>)

**Time:** 08:00 – 18:00

**Lunch Break:** 12:30 – 14:00

The camp is organized in **three rotating groups** to ensure all athletes benefit from every training activity. Each day includes a mix of:

- **On-Ice Technical Sessions (Main Rink)** – for pair elements
- **On-Ice Technical Sessions (Small Rink)** – focused on Pair Spins, Choreo Spins
- **Skating Skills Sessions** – on-ice sessions dedicated to edges, turns, and quality of skating
- **Off-Ice Lifts** – Creations of Lifts for Season 2026/2027
- **Classroom / Rules Session** – daily discussions on ISU technical regulations
- **Feedback / Stretching** – end-of-day review and recovery

This schedule is **indicative** and may be adjusted based on the number of participants. All groups will rotate to ensure equal exposure to each training activity.