

Communication No. 2797

ICE DANCE **Requirements for Technical Rules with ongoing validity,** **effective July 1st, 2026**

Calling specifications and Levels of Difficulty for Required Elements for Novice, Junior, and Senior, including Key Points for Pattern Dance Elements Westminster Waltz and Golden Waltz

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1. CALLING SPECIFICATIONS AND LEVELS OF DIFFICULTY OF REQUIRED ELEMENTS

The information is presented in the following order:

- Basic principles of calling applicable to all Required Elements;
- For each Required Element:
 - Additional principles of calling;
 - Additional definitions, specifications to definitions and notes, applicable to additional principles of calling and Levels of Difficulty;
 - Levels of Difficulty including Characteristics of Levels and Adjustment to Levels.

1.1 BASIC PRINCIPLES OF CALLING APPLICABLE TO ALL REQUIRED ELEMENTS

1. The Technical Panel shall identify what is performed, despite what is listed on the Program Content Sheet.
2. The Levels shall be determined according to the Basic and Additional Principles of Calling and Characteristics of Levels fulfilled. They shall not result in giving No Level to a Required Element as long as the requirements for Basic Level are met.
3. To be given any Level, a Required Element must meet all the requirements for Basic Level. Movements, transitions, and/or choreography that do not fulfill the requirements for elements detailed in the [Sports Rules Single & Pair Skating and Ice Dance 2026](#), Season 2026-27 Communications and in the below calling specifications of this communication shall not be identified.
4. If a Fall or interruption occurs at the attempt of any Required Element, refer to the Additional Principles of Calling for each Required Element.
5. If a loss of control with additional support (touch down by free leg/foot and/or hand(s)) by one or both partners occurs after a Required Element has commenced and the Element continues without interruption, its Level shall be reduced by 1 Level per error - Refer to the Additional Principles of Calling for these elements: Dance Spin, Dance Lift, Set of Twizzles, One Foot Turns Sequence, CDE. This Basic Principle does not apply to Pattern Dance, Pattern Dance Element, Step Sequence (except One Foot Turns Sequence) - Refer to the Additional Principles of Calling for these elements.
6. If a program concludes with the partners starting an element within the required duration of the program (including the additional 10 seconds), the element and its Level shall be identified until the Element stops completely. Elements started after the required duration of the program (including the additional 10 seconds allowed) shall not be identified.
7. If a Dance Lift (RD and FD) is performed in a Step Sequence when not permitted, (including Choreographic Step Sequence/CDE), the Step Sequence will be identified with the respective level and the Extra Element will be added and a deduction of -1.0 applied. e.g., MiSt4+ExEI, ChSt1+ExEI.
8. If a Dance Spin is performed in Rhythm Dance, the Dance Spin is not identified. It is not a required element and there is no provision to identify it as an extra element.
9. The Technical Panel shall decide whether any feature to fulfill the Characteristics of Levels is given credit unless this feature is expressly designated as not eligible for Level in the present Communication.
10. If there is an illegal element(s)/movement(s)/pose(s) anywhere in the program, it is identified and receives the appropriate deduction. If there is an illegal element(s)/movement(s)/pose(s) during the execution of any element, the element will receive a Level per the requirements performed or ignored if the minimum requirement for Basic Level is not fulfilled. Feature(s)/difficult pose(s) which are or contain an illegal movement(s)/pose(s) are not considered for level. The same principle and deduction will apply to Choreographic Elements (Confirmed or Ignored + the deduction).
11. An error, such as a touchdown, does not constitute an interruption and results in a reduction of the Level by 1 grade per occurrence per partner (unless otherwise stated).
12. For an Entry, Middle or Exit Feature to be considered for Level for an Element, the movement must be continuously performed without pause/hesitation immediately preceding, during and/or after the Element. The Feature and Element must be one unit.
13. Complex is defined as consisting of many different connected parts and movements performed together.
14. Loss of control with additional support includes stumble/touchdown by free leg/foot and/or hand.
15. More than one touchdown/uncontrolled step with an obvious shift of weight from the skating foot to the other foot will be considered as an interruption.
16. When the skating foot leaves the ice, a step is complete. In addition, each push and/or transfer of weight while on two feet (including scooter push) is considered as a step.

17. The entry or exit edge of a Difficult Turn resulting in a temporary deviation in the direction of travel for the step sequence pattern is not considered as a retrogression. If a Difficult Turn is executed during a retrogression with both entry and exit edge, it will not be considered for Level by the Technical Panel.
18. The first performed required element(s) according to the well balanced program is identified and given a level, or ignored if the requirements for basic level are not met, regardless of what is listed on the program content sheet.
19. Partners skating more than two arm lengths apart is an error, including in all Required Elements/Choreographic Elements, unless otherwise stated in this Communication.
20. **Two arm-lengths is defined as the distance between any part of the skaters' body.**

2. CHOREOGRAPHIC ELEMENTS

2.1 Definition of Free Dance Choreographic Elements:

Choreographic Assisted Jump/Lifting Movement: at least three assisted jump/lifting movements performed continuously, performed anywhere in the program

The following requirements apply:

- At least three in a row (same or different) performed continuously
- Cannot rotate more than **2** rotations in each assisted jump movement by the assisting partner
- Less than 3 seconds off the ice for assisted partner
- No more than 3 steps in between each assisted jump/lifting movement
- Either partner may do the assisted jump/lifting movement

Choreographic Character Step Sequence: performed anywhere in the program. The **ChSt pattern must be different from the chosen pattern for the Style B step sequence.** Both partners perform steps around the chosen axis and must proceed from barrier to barrier.

The following requirements apply:

- Straight Line
 - Any pattern from the following:
 - Diagonal, performed from corner to opposite corner
 - Long Axis, performed from barrier to opposite barrier, primarily along the Long Axis
 - Short Axis, performed from barrier to opposite barrier, primarily along the Short Axis
- Circular
 - starting from the long barrier at the Short Axis, crossing the long axis on each side of the short axis and completing the circle at the starting barrier.

Note:

- The requirement from barrier to barrier is fulfilled when at least one of the partners is not more than 2 meters from each barrier.
- May be in hold or not touching
- Touching the ice with any part of the body with controlled movements is permitted.
- Touching the barrier either at the start or the finish of the Choreographic Character Step Sequence is permitted.
- Retrogression: permitted.

Choreographic Hydroblading Movement: performed anywhere in the program, during which both partners perform hydroblading movements

The following requirements apply:

- A low movement with the upper body almost parallel to the ice. The core of the body must be clearly positioned away from the vertical axis. No other part of the body other than the boot of the free leg is allowed to touch the ice. If any other part of the body, (other than the allowable boot/foot drag of the free leg) touches the ice it may be considered a Chorographic Sliding Movement

- Hydroblading movement by both partners at the same time for a minimum of **3** seconds. The start and end of the Choreographic Hydroblading Movement does not have to be performed simultaneously.
- May be in hold or not touching
- At least one blade by each partner must be on the ice

Choreographic Lift: Dance Lift of minimum 3 seconds and up to 10 seconds and performed after all of the required Dance Lifts.

Choreographic Sliding Movement: performed anywhere in the program, during which both partners perform sliding movements on the ice.

The following requirements apply:

- Sliding movement by both partners at the same time on any part(s) of the body for a minimum of 2 seconds. The start and end of the Choreographic Sliding Movement does not have to be performed simultaneously.
- May be in hold or not touching, or a combination of both and may also rotate.
- Controlled Sliding on two knees or any part(s) of the body will not be considered as a Fall/Illegal Element by the Technical Panel during this element.
- Sliding Movement which finishes as a stop on two knees or sitting/lying on the ice is identified as a Choreographic Sliding Movement and a deduction for Fall/Illegal Element is applied
- Performing basic lunge movement by both partners at the same time will NOT be considered as a Choreographic Sliding Movement.

Choreographic Spinning Movement: spinning movement performed anywhere in the program, where both partners perform at least 3 continuous rotations in the same direction in any hold.

The following requirements apply:

- on one foot or two feet or one partner being elevated for less than 3 rotations, or a combination of the three, on a common axis which may be moving.

Note : in a FD, if the choreographic Spinning movement is performed before the Required Dance Spin and fulfills the basic requirement for Spin Basic Level due to a mistake or for whatever reason, the Choreographic Spinning Movement will be identified as the Required Dance Spin and will receive a Level accordingly. A subsequent Dance Spin performed later in the program may be considered as a Choreographic Spinning Movement.

Choreographic Twizzling Movement: twizzling movement performed after the required Set of Twizzles, composed of two parts.

The following requirements apply:

- for both parts: on one foot or two feet or a combination of both
- for the first part: a minimum of 2 continuous rotations performed simultaneously and both partners must travel (cannot be on the spot)
- for the second part: at least one of the partners must perform a minimum of 2 continuous rotations with up to 3 steps between the first and second twizzling movement, one or both partners can be on the spot or traveling or a combination of both
- in a FD, if the Choreographic Twizzling Movements performed before the Required Twizzle Element and fulfills the basic requirement for SyTw Basic Level due to a mistake or for whatever reason, the Choreographic Twizzling Movement will be identified as the SyTw and will receive a Level accordingly; a subsequent Twizzling Movement performed later in the program may be called a Choreographic Twizzling Movement.

2.2. ADDITIONAL PRINCIPLES OF CALLING

1. Any Choreographic Element/Movement combined with another Required Element as an 'Entry' or 'Exit' feature will not be considered by the Technical Panel as a required Choreographic Element/Movement. It will only be considered by the Technical Panel and by the Judges as an 'entry' and/or 'exit' feature.
2. Only the first performed required number of different Choreographic Elements shall be identified as the required Choreographic Elements.

2.3. HOW TO CONFIRM CHOREOGRAPHIC ELEMENTS

A Choreographic element is confirmed when the minimum requirement(s) for the element are reached (see chart below)

- Should the minimum requirement not be reached, the element will be ignored and will not block a box;
- Should the element be confirmed and has an error as listed below, the Choreographic Element will receive “e” and this symbol will be shown on the Judges screen. *The Choreographic Element will have a reduction on the GOE by 1 Grade*

Choreographic Element	Minimum Requirement to be Confirmed	“e” applied when any of the following errors occur	Additional Principles of Calling
Choreographic Assisted Jump/Lifting Movement	At least 3 assisted jump movements are performed continuously in a row	<ul style="list-style-type: none"> • if 4 or 5 steps are done between twizzling movements by the partner doing the second twizzling movement • more than 2 rotations are performed in any Assisted Jump movement by the assisting partner • If any of the Assisted Jumps/Lifting movements are 3 seconds or more off the ice. 	<ul style="list-style-type: none"> - May be performed anywhere in the program; - Subsequent Choreographic Assisted Jump Movement(s) shall not be identified; - Performing more than 5 steps between any Assisted Jump for whatever reason will be considered as an interruption and the ChAJ is ignored.
Choreographic Character Step Sequence	Both partners perform steps around the chosen axis and must proceed from barrier to barrier	<ul style="list-style-type: none"> • a stop is performed during the Sequence (when not permitted) • A stop (when permitted) last for longer than permitted • a retrogression performed when not permitted 	<ul style="list-style-type: none"> - May be performed anywhere in the program; - Subsequent Character Step Sequence(s) shall not be identified. - If there is a repeated pattern for both the ChSt and the required Step Sequence, the ChSt (skated before or after the required Step Sequence) receives the * symbol
Choreographic Hydroblading Movement	Hydroblading movement by both partners at the same time for at least 3 seconds		<ul style="list-style-type: none"> - May be performed anywhere in the program; - Subsequent Choreographic Hydroblading Movement(s) shall not be identified; - If any other part of the body, (other than the allowable boot/foot drag of the free leg) touches the ice by both partners, it may be considered a Chorographic Sliding Movement; - The start and end of the Choreographic Hydroblading Movement do not have to be performed simultaneously; - May be in hold or not touching. - At least one blade by each partner must be on the ice
Choreographic Lift	Lifted partner is held off the ice for 3 seconds without interruption		<ul style="list-style-type: none"> - Must be performed after the required Dance Lifts; - Subsequent Dance Lifts shall be identified as an Extra Element

Choreographic Sliding Movement	Both partners execute sliding movements on the ice at the same time for at least 2 seconds		<ul style="list-style-type: none"> - May be performed anywhere in the program; - Subsequent sliding movements, which are identified as Illegal Element /Movement and/or a Fall shall be called as such but not considered as an Extra Element (Choreographic Sliding Movement); - The start and end of the Choreographic Sliding Movement do not have to be performed simultaneously; - If the Choreographic Sliding Movement does not fulfill the requirements (and therefore not confirmed) and the skater(s) has performed "touching the ice with any part of the body" (as an example, on two knees), the Technical Panel will call a Fall per partner; - Basic lunges performed by both partners at the same time do not fulfil the minimum requirement and will be ignored.
Choreographic Spinning Movement	At least 3 continuous rotations are performed by both partners around a common axis without interruption (2 continuous rotations for Novice)		<ul style="list-style-type: none"> - May be performed anywhere in the program; - Subsequent Spinning Movements shall not be identified.
Choreographic Twizzling Movements	Both partners perform at least 2 continuous travelling rotations simultaneously in the first part, and at least one of the partners performs at least 2 continuous rotations in the second part	<ul style="list-style-type: none"> • Performing 4 or 5 steps by either partner between twizzling movements 	<ul style="list-style-type: none"> - May be performed anywhere in the program; - Subsequent Twizzling Movements shall not be identified, - Performing more than 5 steps between any Twizzling Movement for whatever reason will be considered as an interruption and the ChTw is ignored.

3. Creative Dance Element

3.1. ADDITIONAL PRINCIPLES OF CALLING

1. The first performed CDE shall be identified as the required CDE and given a Level, or ignored if the requirements for Basic Level are not met. Subsequent CDEs not according to the Required Elements for Rhythm Dance shall not be identified
2. If a Lift(s) occurs within the CDE when not permitted, such Lifts will be identified as Extra Element(s) ExEI and receive a deduction, e.g. CDE+ExEI.
3. If a Fall or interruption occurs at the attempt to or during the CDE and the element is immediately resumed, the element shall be identified and given a Level according to the requirements met before and after the Fall or interruption, or ignored if the requirements for Basic Level are not met.

3.2. LEVELS OF DIFFICULTY

Characteristics of Levels:

Basic Level	Level 1	Level 2	Level 3	Level 4
Both partners perform around the chosen axis and must proceed from barrier to barrier	Requirement 1: barrier to barrier is fulfilled when at least one of the partners is not more than 2 meters from each barrier	Level 1 + 1 additional Requirement is executed	Level 1 + 2 additional Requirements are executed	Level 1 + 3 additional Requirements are executed

4. DANCE LIFTS

4.1. ADDITIONAL PRINCIPLES OF CALLING

Applicable to all Types of Dance Lifts:

1. If the lifted partner is held off the ice for less than 3 seconds, this shall not be identified as one of the Required Lifts or Choreographic Lift
2. The first performed Dance Lift(s) shall be identified as the required Dance Lift(s) and given a Level. If a Choreographic Element is required with Choreographic Dance Lift as an option, the first subsequent Dance Lift shall be identified as Choreographic Dance Lift. Subsequent Dance Lift(s) which fulfill the minimum requirement for "Basic" Level shall be identified as a Dance Lift(s) classified as "extra element", will receive the abbreviation e.g. CuLi+ExEl. It indicates that the element receives No Value, it occupies a box and will receive a -1 deduction.
3. If a Fall or interruption occurs at the attempt of a Lift and it did not fulfill the requirements for Basic Level, the following attempted lift will be considered for Level.
4. Any Dance Lift or part of a Combination Lift of a repeated Type shall be classified as "not according to requirements", will receive the * symbol (e.g. CuLi*). It indicates that the element receives No Value, it occupies a box and it will count as a Dance Lift(s). This does not apply to the second part of a Combination Lift composed of two Curve Lifts on two curves forming a serpentine pattern or composed of two Rotational Lifts in different directions, providing a Curve Lift or Rotational Lift was not performed in the RD.
5. Any Dance Lift of a Type not according to the Required Elements for Rhythm Dance or the Well Balanced Free Dance Program which fulfill the minimum requirement for Basic Level shall be classified as an element "not according to requirements" will receive the abbreviation * symbol (e.g. CuLi* (if the Type of Lift can be identified) or Li* (if the Type of Lift cannot be identified)). It indicates that the element receives No Value, it occupies a box and it will count as a Dance Lift(s).
6. If a program begins with the partners in a Dance Lift before the music starts, the Dance Lift and its Level shall be identified when one of the partners begins to move.
7. If a Fall or interruption occurs after a Dance Lift has been identified (i.e. it has fulfilled at least Basic Level), the Dance Lift will be given a Level based on what was executed prior to the Fall or interruption. If the couple continues the Lift after the Fall for the purpose of filling time, this will not be considered for Level or as "not according to requirements".
8. If the Lifting Partner creates a deviation from an established type of Lift, the Technical Panel will reduce the Level by 1. The Technical Panel will consider the first established Type of Lift to determine the Type of Lift. If there is no established Type of Lift, the Technical Panel will consider the first pattern to determine the Type of Lift (excluding Entry and Exit Features).
9. During any type of Short Lift, only one Difficult Pose by the Lifted partner and one Difficult Position of the Lifting Partner is considered for level.
10. Any feature attempted or performed is considered as used for the level, whether required for the level or not, and whether given credit for the level or not.

Applicable to Rotational Lifts:

1. A Rotational Lift shall be identified as such if the lifting partner moves through three rotations or more and the lifted partner is held off the ice for at least 3 seconds.
2. If the lifting partner stops **rotating** at any point, the Level will be reduced by 1 Level per each.
3. If the lifting partner stops **travelling**, the rotation and features will still be considered for Level. However, a reduction of 1 Level will apply for Pattern Deviation. Refer to 3.1.8 above to determine the Type of Lift.

Applicable to Combination Lifts:

1. A Combination Lift shall be identified with the first two fully established Types of Short Lifts performed. The Level of each of the two Types of Short Lifts shall be given separately.
2. If for any reason one of the parts of a Combination Lift cannot be identified, only the other part shall be identified as a Short Lift, and given a Level according to the requirements met, or ignored if the minimum requirements for Basic Level are not met.
3. A One Hand/Arm Lift can only be used as a Combination Lift when both parts are One Hand/Arm Lifts.
4. Two Difficult entry features connected with the 1st Lift considered and accepted for Level for the chosen type of Lift are considered only for the 1st Lift. Two Difficult exit features connected with the 2nd Lift considered and accepted for Level for the chosen type of Lift are considered only for the 2nd Lift.
 - Only one Difficult entry feature connected with the 1st Lift considered and accepted for Level for the chosen Type of Lift will upgrade the 2nd Lift by one Level.
 - Only one Difficult exit feature connected with the 2nd Lift considered and accepted for Level for the chosen Type of Lift will upgrade the 1st Lift by one Level.

4.2. ADDITIONAL DEFINITIONS, SPECIFICATIONS TO DEFINITIONS AND NOTES

Difficult Pose for lifted partner (examples):

- a) Full split: when the legs of the lifted partner are extended with the angle between thighs approximately 180 degrees;
- b) Full "Biellmann": body in any orientation (e.g. upright, horizontal etc.) in relation to the vertical line of the body, with the heel of the boot pulled by the hand behind and above the level of the head;
- c) Full doughnut/ring combined with difficult hold/interaction between partners: upper body arched back, with one or both feet almost touching the head in a full circle (maximum of half a blade length between head and blade);
- d) Upside down combined with difficult hold/interaction between partners;
- e) From a vertical position lifted partner is cantilevered out: lifted partner's torso is extended away from the lifting partner and the only one additional point of support are the hands;
- f) Balancing in a horizontal position with only one additional point of support;
- g) Leaning out (forwards or backwards) with the only one additional point of support being the legs;
- h) Full layback with upper body arched back from the waist with no support from the lifting partner above the thigh;
- i) Extended out with the majority of body weight in a horizontal line with the only one additional point of support being shoulders and/ or upper back.

Notes:

- a chosen example of Difficult Pose shall be considered for Level only the first time it is performed
- examples b) (full "Biellmann") and c) (full doughnut/ring) shall be considered as the same example of Difficult Pose.

Change of Pose for lifted partner:

A Change of Pose shall be considered for Level if it fulfills the following options a) or b) characteristics:

- a) Lifting partner changes hold and lifted partner changes hold, body pose and change of basic body axis so that it is a significant sustained change (i.e. a photographer would produce two different photos). Merely changing the position of arm(s) and/or legs, changing the hold or the body pose to the reverse side (mirror) or merely changing the height of the lifted partner's body do not constitute a Change of Pose.

b) Lifted partner moves continuously through different poses throughout the whole duration of the Short Lift.

Note: Changes of Pose shall be considered for Level only the first two times it is performed, whether performed in Short Lifts or in parts of a Combination Lift.

Difficult Position for lifting partner (Groups of examples):

- a) One foot;
- b) Spread Eagle or Ina Bauer on any edge/tracing;
- c) Any difficult variation of knee bending position, such as Crouch with two knees bent (thighs at least parallel to the ice) or with one knee bent (thigh at least parallel to the ice) and one leg extended to side or Lunge (thigh at least parallel to the ice);
- d) Shoot the Duck (thigh at least parallel to the ice), free leg extended to the front, side or back;
- e) One Hand/Arm Lift: with no contact other than the lifting partner's hand/arm and the lifted partner.

Notes:

- Example from Group c) (difficult variation of knee bent position) shall not be considered for Level in a Stationary Lift, which is not rotating.
- A chosen example of Difficult Position from Groups a) b) c) d) for the lifting partner will be considered for Level the first time it occurs. Any 2nd attempt of a Difficult Position from Groups a) b) c) d) will not be considered for the Level.

(Exceptions: Combination Lift composed of two Rotational One Hand/Arm Lifts in different directions, where the One Hand/Arm Lift is considered for Level in both directions and Combination Lift composed of two Curve Lifts on two curves forming a serpentine pattern, where examples from a) b) c), can be considered for Levels in both curves provided both are on a different edge).

ENTRY FEATURES (Groups of examples):

Maximum of two (2) Entry Features may be combined and will be considered for Level per Element from Groups 1 – 5 (Group 1 cannot be combined with Group 3 or 4)

Group 1) Continuous combination of complex and creative steps and/or movements performed by each partner immediately before the Lift

Note:

- Considered as one Entry Feature;
- Considered for the Level **only the first time** it is performed;
- If only one of the partners performs this Entry Feature, it is not considered as an Entry Feature for the Level.

Group 2) Significant transitional movement performed by the lifted partner to reach and establish the desired pose (not to be considered when the lifted partner subsequently performs a Change of Pose moving continuously through different poses throughout the whole duration of the Short Lift concerned)

Note:

- Considered as **one Entry Feature**;
- Considered for the Level **only the first two times** it is performed;
- Can be combined with Group 5 if performed without a break.

Group 3) Entry from a Difficult Position for the lifting partner (except option b) for Rotational Lift)

- a) One foot;
- b) Spread Eagle or Ina Bauer on any edge/tracing;
- c) Any difficult variation of knee bending position, such as Crouch with two knees bent (thighs at least parallel to the ice) or with one knee bent (thigh at least parallel to the ice) and one leg extended to side or Lunge (thigh at least parallel to the ice);
- d) Shoot the Duck (thigh at least parallel to the ice), free leg extended to the front, side or back.

Note:

- To be considered for Level the Difficult Position from Group 3 must be reached before the lifted partner leaves the ice, and, subsequently, must be continuously sustained or changed without any intermediate position into the Difficult Position considered and given credit for Level
- **Each subgroup a), b), c), d) considered as one Entry Feature** separately;
- Each subgroup a), b), c), d) considered for the Level **only the first time** it is performed. Any 2nd attempt of this Entry Feature **from the same subgroup** will not be considered for the Level.

Group 4) Unexpected Entry without any evident preparation

Note:

- Considered as one Entry Feature
- Considered for the Level **only the first time** it is performed. The repeated Unexpected Entry will not be considered for the level.
- Any tap/touchdown on the ice while the lifting partner is attempting to reach a difficult position or rotating is not accepted as Unexpected Entry.

Group 5) Jump Entry: Jump by the lifted partner without hold or touch while in the air

Note:

- Considered as one Entry Feature
- Considered for the Level **only the first time** it is performed. The repeated Jump Entry will not be considered for the level;
- Can be combined with Group 2 if performed without a break.

Group 6) Rotational Lift Entry Feature for Level 3 and 4: **the lifting partner performs one rotation on one foot at the entry of the Lift**

Note:

- Considered as **one Entry Feature**
- Considered for the Level **only the first time** it is performed
- Can not be combined with **Entry Feature Group 3**.

EXIT FEATURES (Groups of examples)

Maximum of two (2) Exit Features may be combined and will be considered for Level per Element from Groups 1 with 2 and 2 with 3 (Group 1 cannot be combined with Group 3)

Group 1) Continuous combination of complex and creative steps and/or movements performed by each partner immediately after the Lift

Note:

- Considered as **one Exit Feature**;
- Considered for the Level **only the first time** it is performed;
- If only one of the partners performs this Exit Feature, it is not considered as an Exit Feature for the Level.

Group 2) Significant transitional movement performed by the lifted partner before touching the ice (not to be considered when the lifted partner has performed a Change of Pose moving continuously through different poses throughout the whole duration of the Short Lift concerned)

Note:

- Considered as **one Exit Feature**
- Considered for the Level **only the first two times** it is performed.

Group 3) Difficult Position for lifting partner, different from that used during the lift (Except option b) for Rotational Lift)

- a) One foot;
- b) Spread Eagle or Ina Bauer on any edge/tracing;
- c) Any difficult variation of knee bending position with thighs at least parallel to the ice, such as Crouch with two knees bent or with one knee bent and one leg extended to side or Lunge;
- d) Shoot the Duck (thigh at least parallel to the ice), free leg extended to the front, side or back.

Note:

- To be considered for Level the new Difficult Position from Group 3 must be reached and sustained before the lifted partner touches the ice. This Exit Feature must be achieved without any intermediate position into the new Difficult Position considered and given credit for Level.
- **Each subgroup a), b), c), d) considered as one Exit Feature** separately
- Each subgroup a), b), c), d) considered for the Level **only the first time** it is performed. Any 2nd attempt of this Exit Feature **from the same subgroup** will not be considered for the Level.

One Hand/Arm Rotational Lift Extra Feature for Level 3 and 4

- The lifting partner is on one foot for at least one rotation
- And/or the lifting partner significantly changes the level of his skating legs (knees) with a continuous motion through at least three rotations;
- And/or the lifting partner's holding arm is fully extended away from the lifting partner's body with distance between partners through at least three rotations.

Rotational Lift Entry/Exit/Extra Feature for Level 3 and 4:

- The lifting partner is on one foot for at least one rotation while traveling at the Entry, or during, or at the Exit of the Lift (**can only be used once**);
- Lifting partner is with one Hand/Arm with the lifting partner's holding arm is fully extended away from the lifting partner's body with a distance between partners through at least three rotations.

4.3. LEVELS OF DIFFICULTY

Characteristics of Levels:

Rotational Lift – One Hand/Arm Lift				
Basic Level	Level 1	Level 2	Level 3	Level 4
Lifting partner in One Hand/Arm Lift at least 3 rotations (to hold)	At least 3 rotations in total (to lift AND hold OR hold AND set down)	At least 3 rotations in total (to lift, hold and set down)	At least 3 rotations in total (to lift, hold and set down) AND One Hand/Arm Rotational Lift Extra Feature	At least 3 rotations in total (to lift, hold and set down) AND One Hand/Arm Rotational Lift Extra Feature AND Entry or Exit Feature OR At least 4 rotations in total (to lift, hold and set down) AND One Hand/Arm Rotational Lift Extra Feature

Stationary Lift, Straight Line Lift, Curve Lift

Basic Level	Level 1	Level 2	Level 3	Level 4
<p>Lifted partner is held off the ice for at least 3 seconds</p>	<p>1 Feature out of a), b), c):</p> <p>a) Lifted partner sustains a Difficult Pose for at least 3 sec</p> <p>OR</p> <p>Lifted partner moves through a Change of Pose</p> <p>b) Lifting partner sustains a Difficult Position for at least 3 sec</p> <p>c) Lifted partner held off ice for at least 5 seconds (in a recognized type of Lift)</p>	<p>2 Features out of a), b), c):</p> <p>a) Lifted partner sustains a Difficult Pose for at least 3 sec</p> <p>OR</p> <p>Lifted partner moves through a Change of Pose</p> <p>b) Lifting partner sustains a Difficult Position for at least 3 sec</p> <p>c) Entry Feature or Exit Feature</p> <p>Note: a) and/or b) Features must be included.</p>	<p>3 Features out of a), b), c), d):</p> <p>a) Lifted partner sustains a Difficult Pose for at least 3 sec</p> <p>OR</p> <p>Lifted partner moves through a Change of Pose</p> <p>b) Lifting partner sustains a Difficult Position for at least 3 sec</p> <p>c) Entry Feature(s)</p> <p>d) Exit Feature(s)</p> <p>Note: a) and/or b) Features must be included.</p>	<p>4 Features out of a), b), c), d):</p> <p>a) Lifted partner sustains a Difficult Pose for at least 3 sec</p> <p>OR</p> <p>Lifted partner moves through a Change of Pose</p> <p>b) Lifting partner sustains a Difficult Position for at least 3 sec</p> <p>c) Entry Feature(s)</p> <p>d) Exit Feature(s)</p> <p>Note: a) and/or b) Features must be included.</p>

Rotational Lift				
Basic Level	Level 1	Level 2	Level 3	Level 4
<p>Lifted partner is held off the ice through at least 3 rotations</p> <p>AND</p> <p>Lifting partner moves through at least 3 rotations</p> <p>AND</p> <p>Lifted partner is held off the ice through at least 3 seconds</p>	<p>OPTION 1</p> <p>Lifted partner sustains a Difficult Pose</p> <p>- through at least 3 rotations</p> <p>OR</p> <p>- moves through a Change of Pose</p> <p>AND</p> <p>Lifting partner moves through at least 3 rotations</p> <p>OPTION 2</p> <p>Lifting partner moves through at least 4 rotations</p>	<p>OPTION 1</p> <p>Lifted partner sustains a Difficult Pose</p> <p>- through at least 4 rotations</p> <p>OR</p> <p>- moves through a Change of Pose</p> <p>AND</p> <p>Lifting partner moves through at least 4 rotations</p> <p>OPTION 2</p> <p>Lifting partner moves through at least 5 rotations</p>	<p>OPTION 1</p> <p>Lifted partner sustains a Difficult Pose</p> <p>- through at least 5 rotations</p> <p>OR</p> <p>- moves through a Change of Pose</p> <p>AND</p> <p>Lifting partner moves through at least 5 rotations</p> <p>OPTION 2</p> <p>Lifting partner moves through at least 6 rotations</p> <p>AND ONE of the following:</p> <ul style="list-style-type: none"> - Entry Feature - Exit Feature - Rotational Lift Extra Feature 	<p>OPTION 1</p> <p>Lifted partner sustains a Difficult Pose</p> <p>- through at least 5 rotations</p> <p>OR</p> <p>- moves through a Change of Pose</p> <p>AND</p> <p>Lifting partner moves through at least 6 rotations</p> <p>AND One of the following:</p> <ul style="list-style-type: none"> - Entry Feature - Exit Feature - Rotational Lift Extra Feature <p>OPTION 2</p> <p>Lifting partner moves through at least 6 rotations</p> <p>AND TWO of the following:</p> <ul style="list-style-type: none"> - Entry Feature(s) - Exit Feature - Rotational Lift Extra Feature

5. DANCE SPINS

5.1. ADDITIONAL PRINCIPLES OF CALLING

1. The first performed Dance Spin is identified as the required Dance Spin and given a Level, or ignored if the requirements for Basic Level are not met. If a Choreographic Element is required with Choreographic Spinning Movement as an option, this element shall be identified as Choreographic Spinning Movement anywhere in the program unless it fulfills the basic definition of a Dance Spin and is performed before the required Dance Spin. Any subsequent Dance Spin and/or Choreographic Spinning Movement performed after the Required Dance Spin and/or Choreographic Spinning Movement shall not be identified.
2. Only features and rotations will be counted from the moment both partners are on one foot.
4. If a Fall or Interruption occurs at the attempt of a Dance Spin before the requirements for Basic Level have been fulfilled and the Dance Spin is resumed, the Dance Spin shall be identified and given a Level according to what is executed after resumption.
5. If a Fall or Interruption occurs during a Dance Spin, the Dance Spin shall be identified and given a Level according to the requirements met before the Fall or interruption, or ignored if the requirements for Basic Level are not met.

6. If during the Dance Spin any of the following mistakes apply for up to one (1) rotation and the Dance Spin then continues without interruption, the level will be reduced by 1:
 - Not in hold due to an error/loss of control;
 - One partner off the ice due to an error/loss of control.
 If the mistake lasts for more than one (1) rotation, this is considered as an interruption and any features/rotations from this point are not considered for the level.
7. A push without a change of foot/change of weight while performing the rotations of the Spin is considered as a touchdown (includes a scooter push) unless permitted when performing the Middle Feature b), c) .
8. Any transitional movements within a Dance Spin can be performed on two feet for up to one (1) rotation. More than (1) rotation will be considered as an interruption.
9. A sustained stop within the Dance Spin, including during a change of direction before resuming the rotations is an interruption.

5.2. ADDITIONAL DEFINITIONS, SPECIFICATIONS TO DEFINITIONS AND NOTES

DIFFICULT FEATURES:

A. Difficult Variations of Basic Positions (examples):

A.1. For Upright Position:

- a) "Biellmann" type – body upright with the heel of the boot pulled by the hand behind and above the level of the head; The heel of the boot can be pulled above the level of the head with the assistance of the other partner. This includes by the hand of the partner or with the assistance of the partner's body.
- b) Full layback with upper body arched back from the waist towards the ice or sideways with upper body bent to the side from the waist towards the ice;
- c) Split with both legs straight and the boot/skate of the free leg held up higher than the head (may be supported by partner).
- d) Upper body arched back or sideways with free foot almost touching the head in a full circle (doughnut/ring: maximum of half a blade length between head and blade);
- e) Leaning away from the other partner with the axis from knee to upper back more than 45 degrees from the vertical.

Note:

Examples b) and e) performed by the same partner shall be considered as the same Difficult Variation of Upright Position.

A.2. For Sit Position:

- a) Free leg bent or straight directed forward with thigh of skating leg at least parallel to the ice;
- b) Free leg bent or straight directed backward with thigh of skating leg at least parallel to the ice;
- c) Free leg bent or straight directed to the side with not more than 90 degrees between thigh and shin of skating leg;
- d) Free leg crossed extended behind, and directed to the side, with not more than 90 degrees between thigh and shin of skating leg;
- e) Free leg crossed behind and touching or not touching the skating leg, with thigh of skating leg at least parallel to the ice;
- f) Free leg directed forward, with not more than 90 degrees between thigh and shin of skating leg, and back of upper body almost parallel to the ice.

Note:

Example e) performed right after any other Difficult Variation of Sit Position shall be considered as the same Difficult Variation of Sit Position.

A.3. For Camel Position:

- a) Upper body (shoulder and head) turned upwards – facing up so that the line of the shoulders is at least 45 degrees past the vertical point;

- b) Body nearly horizontal or bent sideways horizontally with head and free foot almost touching (doughnut/ring: maximum of half a blade length between head and blade);
- c) Body nearly horizontal with the heel of the boot above the level of the head
- d) Body bent forward to the spinning leg and free leg extended backward and upward up to almost a full split (with the angle between thighs about 180 degrees);
- e) Camel Position or variation with the free leg higher than the horizontal line.

Note:

Example a) b) c) performed by the same partner right after or before Camel Position e) shall be considered as the same Camel Position.

Note:

- Examples d) for Upright Position (doughnut/ring) and b) for Camel Position (doughnut/ring) performed by the same partner is considered as the same Difficult Variations.
- Examples a) for Upright Position (Biellmann) and c) for Camel Position (heel of the boot pulled by the hand above the level of the head) is considered as the same Difficult Variation when performed by the same partner.
- Rotations shall be considered for total number of rotations when performed fully, continuously, on one foot and simultaneously by both partners.
- Rotations in Difficult Variations is considered for Level when performed continuously in a fully established position.

B. Additional Features

B.1. Entry Feature:

- a) **Unexpected** entry without any evident preparation
- b) **Continuous combination of complex and creative steps and/or movements performed immediately before the Dance Spin and executed by each partner.**

B.2. Middle Feature: To be given credit for level: at least 3 rotations preceding the middle feature, followed by at least 3 rotations.

a) perform a continuous combination of complex and creative turns, jumps and/or movements by each partner immediately after and before the Spinning Movements. During the Middle Feature, the common axis of the Dance Spin must be maintained or the level will be reduced by 1.

b) lifting movement while spinning and maintaining a common axis,

lifting partner may remain on two feet for a minimum of 2 rotations while the lifted partner is elevated for less than 3 seconds; immediate entry into the middle feature; immediate continuation of the spin with a maximum of one additional push by each partner, which may be a scooter push.

c) Middle feature b) and Lifting partner is in a difficult position for at least 2 rotations. This will be considered as a double feature. Immediate entry into the middle feature; immediate continuation of the spin with a maximum of one additional push by each partner, which may be a scooter push

d) Different Direction of spinning rotation:

Simultaneous change of spinning direction for both partners

Note:

- **If the middle feature lifting movement exceeds 3 seconds and becomes a Lift, the middle feature will not be considered for level and the Lift will not be considered as an extra element.**
- **Middle Feature a) cannot be combined with Middle Feature b) or c)**

5.3. LEVELS OF DIFFICULTY

Characteristics of Levels:

- A Difficult Variation shall be considered for Level when held for at least 3 continuous rotations.
- Level 3 (option 1) and Level 4 (options 2, 3) shall be considered only when each partner performs at least one of the Difficult Variations given credit for Level.
- Level 4 (option 1) shall be considered only when each partner performs at least two of the Difficult Variations given credit for Level.

Characteristics of Levels:

Basic Level DSp - 3 rotations	Level 1 DSp - 3 rotations	Level 2 DSp - 3 rotations	Level 3 DSp - 3 rotations	Level 4 DSp - 3 rotations
<p>Dance Spin: at least 3 rotations continuously on one foot by both partners simultaneously in any part of the Spin</p>	<p>Option 1: 1 Difficult Variation from any Basic Positions</p> <p>OR</p> <p>Option 2: Middle Feature d) Different direction of spinning rotation</p>	<p>Option 1: 2 different Difficult Variations from 2 different Basic Positions</p> <p>OR</p> <p>Option 2: 1 Difficult Variation from any Basic Position AND Middle Feature d) Different direction of spinning rotation</p>	<p>Option 1: 3 different Difficult Variations from 3 different Basic Positions</p> <p>OR</p> <p>Option 2: 2 different Difficult Variations from 2 different Basic Positions AND Middle Feature d) Different direction of spinning rotation</p>	<p>Option 1: 4 different Difficult Variations from 3 different Basic Positions (at least 2 different Difficult Variations being performed by partners simultaneously and each partner performs at least two of the Difficult Variations given credit for Level.) AND Entry feature or Middle Feature a) or b)</p> <p>OR</p> <p>Option 2: 3 different Difficult Variations from 3 different Basic Positions AND Two of the following: Entry feature Middle Feature a) b) d)</p> <p>OR</p> <p>Option 3: 3 different Difficult Variations from 3 different Basic Positions AND Middle Feature c)</p>

6. ONE FOOT TURNS SEQUENCE

6.1. ADDITIONAL PRINCIPLES OF CALLING

1. One Foot Turns Sequence is evaluated as one unit with a Level **given separately** for each partner.
2. - Junior: Each partner performs all the Difficult Turns of the One Foot Turns Sequence **on the same foot** (the same foot throughout for that partner — the two partners need not use the same foot as each other), **not in hold/touch/contact**, and must start with the first Difficult Turn at the same time to be considered for the level. The additional Difficult Turns do not have to be performed at the same time.
 - Senior: Each partner performs all the Difficult Turns of the One Foot Turns Sequence **on the same foot** (the same foot throughout for that partner — the two partners need not use the same foot as each other), and must start with the first Difficult Turn at the same time to be considered for level. At least two of the difficult turns must be performed in hold/contact/touch or the level shall be reduced by one level per partner. The Twizzle may not be performed as the last difficult turn or it will be ignored. The additional Difficult Turns do not have to be performed at the same time.
3. If a loss of control with additional support occurs during the One Foot Turns Sequence and continues without interruption, its Level shall be reduced by one Level per error for that partner.
4. If a Fall or interruption occurs at the entry edge to the first difficult turn of the One Foot Turns Sequence by either partner, the element is given No Level for the partner who performed the error. The Level of the other partner is evaluated based on what was executed.
5. If a Fall or interruption by one partner occurs during a One Foot Turns Sequence and the element is immediately resumed, the element shall be identified and given a Level for the partner who performed the error according to the requirements met before the fall or interruption, or No Level if the requirements for Basic Level are not met. The Level of the other partner is evaluated based on what was executed.
6. If a Fall or interruption occurs by both partners during any part before the requirements for Basic Level is achieved, the element is ignored.
7. If partners touch in One Foot Turns Sequence the Level shall be reduced by 1 Level per each partner and the S symbol will be applied and shown on the protocol.
8. Hops/jumps landing on the same foot during the One Foot Turns Sequence are permitted. (provided they are not listed as Illegal)

6.2. ADDITIONAL DEFINITIONS, SPECIFICATIONS TO DEFINITIONS AND NOTES

Types of One Foot Turns Sequence Difficult Turns: Bracket, Rocker, Counter, Twizzle (Twizzle with one rotation – “Single Twizzle” for Level 1 and 2 or Twizzle with two rotations – “Double Twizzle” for Levels 1 – 4), skated on distinct and recognizable edges and in accordance with the description of Twizzle in Rule 704.

Note: An error in any part of a turn will result in the turn not being considered for the Level. This also applies to an error in any part of a Twizzle or “Double Twizzle”, the entire Twizzle is not considered towards the Level. As an example – If the couple includes a “Double Twizzle” as a Difficult Turn and there is a mistake in the execution within any part of the Turn, it is not considered even as a “Single Twizzle”.

CHARACTERISTICS OF LEVELS OF ONE FOOT TURNS SEQUENCE (evaluated as one unit with a separate Level for each partner):

- Only the first attempt of a Difficult Turn is considered for Level.
- For Level 3 and 4, Twizzle must be done with at least two rotations – “Double Twizzle”

Basic Level	Level 1	Level 2	Level 3	Level 4
At least 2 Type of One Foot Turns are executed per partner with the First Turn performed simultaneously	1 Type of One Foot Turns correctly executed	2 different Types of One Foot Turns correctly executed	3 different Types of One Foot Turns correctly executed	ALL 4 different Types of One Foot Turns correctly executed AND The entire sequence is 100% clean

7. SETS OF TWIZZLES

7.1. ADDITIONAL PRINCIPLES OF CALLING

1. A Set of Twizzles is evaluated as one unit with a Level given **separately for** each partner.
2. The first performed Set of Twizzles shall be identified as the required Set of Twizzles.
3. If a loss of control with additional support by one or both partners occurs within a Set of Twizzles, the following will apply:
 - Any loss of control resulting in an error of up to one uncontrolled step is a stumble/touchdown - reduce one level
 - More than one uncontrolled step is an interruption and any features/rotations from this point are not considered for the level.
4. If a Fall or interruption occurs during the Set of Twizzles and fulfils the requirement for Basic Level, the Set of Twizzles shall be identified and given a level according to the requirements met before the Fall or interruption.
5. If a Fall or interruption occurs by one partner during any part of the first Twizzle, the element is given No Level for the partner who performed the error. The Level of the other partner is evaluated based on what was executed.
6. If a Fall or interruption occurs by both partners during any part before the requirements for Basic Level is achieved, the element is ignored.
7. If any part of first two Twizzles becomes a Pirouette or checked Three Turns, its Level shall be reduced:
 - By one Level if one of the two Twizzles become Pirouettes or checked Three Turns (considered separately for each partner)
 - By two Levels if both Twizzles become Pirouettes or checked Three Turns (considered separately for each partner).
8. Entry edge to either Twizzle cannot be from a stand-still, otherwise the Level will be reduced by one Level per stop (considered separately for each partner).
9. If there is a stop during the connecting steps between the Twizzles, the Level will be reduced by one per partner.
10. If there is more than the maximum or less than the minimum permitted number of steps between the required Set of Twizzles, the Level shall be reduced by 1 Level (considered separately for each partner).
11. If partners touch at any point during the Set of Twizzles when not permitted, the Level shall be reduced by 1 Level per each partner.
12. Hops/jumps landing on the same foot during the connecting turns and movements are permitted (provided they are not listed as Illegal).
13. During the set of Senior Synchronized Twizzles to be considered for Levels 3 and 4, a different skating foot is required on any of the three twizzles

7.2. ADDITIONAL DEFINITIONS, SPECIFICATIONS TO DEFINITIONS AND NOTES

Additional Features (Groups of examples)

Group A (upper body and hands including wrists)

- Elbow(s) at least at level with or higher than the level of the shoulders. Elbow(s) could be above the head, same level as the head, or lower than the head. Hand(s) not touching any part of the arms;
- Significant continuous motion of arm(s);
- Hands touching behind back and extended away from the body;
- Hands touching in front, extended away from the body, with arms straight;

Group B (skating leg and free leg):

- Coupé in front, side or behind with free foot in contact with the skating leg in at least 45 degrees open hip position;
- Holding the blade or boot of the free foot
- Free foot crossed behind the skating foot and close to the ice
- Free leg extended and/or bent with at least 45 degrees from the inner thigh to the vertical axis, with no less than 90 degrees between the shin and thigh
- Sit position (at least 120) degrees between the thigh and shin of the skating leg)
- Changing the level of the skating leg (knee) with a continuous wave (up/down) motion.

Group C (pattern, entry, exit):

- Additional Twizzle:
 - at least 3 rotations, performed correctly, started with a different entry edge from the first two Twizzles (RD and FD Junior) and with a different entry edge from the first three Twizzles (FD Senior), and preceded by a maximum of one step for Set of Sequential Twizzles and for Set of Synchronized Twizzles
- Dance Jump: the entry edge for the Twizzle will be determined by the landing edge of the Dance Jump.
 - Entry to the first or second Twizzle (applicable for RD Junior/Senior and FD Junior/Senior)
 - Entry to the third Twizzle (applicable for FD Senior)
- One Foot with a Change of Direction: Two Twizzles performed on one foot without a change of foot, with no limit on turns or movements performed on one foot between the required Twizzles
 - Junior/Senior Rhythm Dance - between the first and second twizzle and between the second and third twizzle
 - Junior Free Dance - between the second and third twizzle
 - Senior Free Dance - between the second and third twizzle and between the third and fourth Twizzle
- Set of Twizzles immediately performed directly after entry movements/steps which are at least one of the following: creative, difficult, complex, unexpected. (May be different per partner.)
- Core of body: shifted off the vertical axis.

Notes for Additional Features:

- A chosen Additional Feature from Groups A and B shall be considered for a Level if it is fully achieved and established:
 - Within the first half rotation of the Twizzle, and
 - held until the number of rotations needed for that Level is fully completed
 - Junior RD and Junior/Senior FD - 2 rotations for Level 2, 3 rotations for Level 3, 4 rotations for Level 4.
 - Senior RD - 3 rotations for Level 2, 4 rotations for Level 3, 5 rotations for Level 4.
- There is no limit on turns or movements performed on one foot on the change of foot or the steps between required Twizzles. Any number of connecting turns after the Twizzle rotations considered for level, including any additional single Twizzle(s) performed in the same spinning direction (i.e a single Twizzle repeated multiple times).
- The same chosen Additional Feature shall be considered for Level for each partner when it is executed simultaneously by both partners. Any errors are evaluated per partner.
- Group C Additional Twizzle - If more than one step is performed prior to the “Additional Twizzle” feature, it is no longer considered for Level as a Group C feature.
- In a Set of Twizzles to achieve the “One foot with a change of direction” C feature
 - When this C feature is permitted, the requirement to be considered is that there are at least three completed rotations during the Twizzle immediately following the execution of this "C".
 - If, in addition, the “Additional Twizzle” feature is also performed with at least three rotations AND is executed correctly, then the Technical Panel should also consider this as an additional “C” feature for Level.

The “C” feature(s) attempted in the RD cannot be repeated in the FD for Level and will be ignored by the Technical Panel. This applies even if the features were not given credit for Level in the RD.

7.3. LEVELS OF DIFFICULTY

Characteristics of Levels: (evaluated as one unit with separate Levels for each partner)

Junior RD and FD

Basic Level	Level 1	Level 2	Level 3	Level 4
At least one rotation in each of the two Twizzles	At least 2 rotations in each of the two Twizzles AND At least 1 Additional Feature	Different entry edge and different direction of rotation for the two Twizzles AND At least 2 rotations in each of the two Twizzles AND At least 2 different Additional Features from 2 different Groups	Different entry edge and different direction of rotation for the two Twizzles AND At least 3 rotations in each of the two Twizzles AND At least 3 different Additional Features from 3 different Groups	Different entry edge and different direction of rotation for two of the Twizzles AND At least 4 rotations in each of the two Twizzles AND At least 4 different Additional Features from 3 different Groups

Senior RD

Basic Level	Level 1	Level 2	Level 3	Level 4
At least one rotation in each of the two Twizzles	At least 2 rotations in each of the two Twizzles AND At least 1 Additional Feature	Different entry edge and different direction of rotation for the two Twizzles AND At least 3 rotations in each of the two Twizzles AND At least 2 different Additional Features from 2 different Groups	Different entry edge and different direction of rotation for the two Twizzles AND At least 4 rotations in each of the two Twizzles AND At least 3 different Additional Features from 3 different Groups	Different entry edge and different direction of rotation for the two Twizzles AND At least 5 rotations in each of the two Twizzles AND At least 4 different Additional Features from 3 different Groups

Senior FD

Basic Level	Level 1	Level 2	Level 3	Level 4
At least one rotation in each of the three Twizzles	At least 2 rotations in each of the three Twizzles AND At least 1 Additional Feature	Different entry edge for the three Twizzles and different direction of rotation for two of the Twizzles AND At least 2 rotations in each of the three Twizzles AND At least 2 different Additional Features from 2 different Groups	Different entry edge for the three Twizzles and different direction of rotation for two of the Twizzles AND Different skating foot on any of the three Twizzles AND At least 3 rotations in each of the three Twizzles AND At least 3 different Additional Features from 3 different Groups	Different entry edge for the three Twizzles and different direction of rotation for two of the Twizzles AND Different skating foot on any of the three Twizzles AND At least 4 rotations in each of the three Twizzles AND At least 4 different Additional Features from 3 different Groups

8. STEP SEQUENCES

8.1. ADDITIONAL PRINCIPLES OF CALLING

- The first performed Step Sequence of a required Group shall be identified as the required Step Sequence of that Group and given a Level **separately for each partner**, or ignored if the requirements for Basic Level are not met. Subsequent Step Sequences of that Group and Step Sequences of a Group not according to the Required Elements for Rhythm Dance or the Well Balanced Free Dance Program shall not be identified. In case there is an incorrect element performed as "not according to the requirements" (e.g. Circular Step Sequence instead of e.g. a required MiSt/DiSt) the element will be called, it will fill a box and will receive NO value but will NOT receive a deduction. E.g. CiSt*
- If a Lift(s) occurs within a Step Sequence (including ChSt) when not permitted, such Lifts will be identified as Extra Element(s) ExEI and receive a deduction, e.g. ChSt1+ExEI.**
- If a Fall or interruption occurs at the attempt to or during a Step Sequence and the element is immediately resumed, the element shall be identified and given a Level according to the requirements met before and after the Fall or interruption, or ignored if the requirements for Basic Level are not met.
- The percentage of steps for a Step Sequence is evaluated on the overall pattern completed per the prescribed shape, i.e. straight line, circle/s-shape, diagonal, etc.
- A Step Sequence (Style B) is evaluated as one unit by adding the Base Values of the Woman Step Sequence Level and the Man Step Sequence Level and then applying the GOE.
- A Hold to be considered for the Level must be established.

8.2. ADDITIONAL DEFINITIONS, SPECIFICATIONS TO DEFINITIONS AND NOTES

Types of Difficult Turns: Bracket, Rocker, Counter, Choctaw, Forward Outside Mohawk, Twizzle (Twizzle with one rotation – “Single Twizzle” for Level 1 and 2 or Twizzle with two rotations – “Double Twizzle” for Levels 1 – 4), skated on distinct and recognizable edges and in accordance with the description of Twizzle in Rule 704.

Dance Holds (or variations) considered for Level: Kilian, Waltz (or Tango) and Foxtrot.

8.3. LEVELS OF DIFFICULTY

Style of Step Sequences: the Level of Difficulty of the Step Sequences shall be determined as per the following Characteristics of Levels:

- Junior Rhythm Dance One (1) Step Sequence Not Touching Style B;
- Senior Rhythm Dance One (1) Step Sequence Not Touching Style B;
- Senior Rhythm Dance One (1) Pattern Dance Type Step Sequence (PSt): Style D;
- Advanced Novice, Junior and Senior Free Dance: Style B.

STEP SEQUENCE

Characteristics of Levels Style B: (evaluated as one unit with separate Levels for each partner)

Footwork for Step Sequence Style B: Footwork for each partner, includes different Types of Difficult Turns (Only the first attempt of the Difficult Turn is considered for level).

- For level 3 and 4 if Twizzle is included it must be done with at least two rotations – “Double Twizzle”

Requirements	Basic Level	Level 1	Level 2	Level 3	Level 4
Completed	50% of the pattern in total	50% of the pattern in total	75% of the pattern in total	90% of the pattern in total	100% without interruption
Footwork		at least 1 Type of Difficult Turn	at least 3 Type of Difficult Turns	at least 4 Types of Difficult Turns	at least 5 Types of Difficult Turns
Dance Holds (FD only)	At least 1 Dance Hold	At least 1 Dance Hold	At least 2 Dance Holds	At least 3 Dance Holds	At least 3 Dance Holds
Multidirectional Steps/Turns				Turns Multidirectional	Turns Multidirectional All Steps/Turns are 100% clean

9. PATTERN DANCE ELEMENTS

9.1. ADDITIONAL DEFINITIONS, SPECIFICATIONS TO DEFINITIONS AND NOTES

Key Point and Key Point Features: a Key Point is correctly executed when all its related Key Point Features are met and all its Edges/Steps are held for the required number of beats. Key Points and Key Point Features are technical requirements valid for one season and are published in the corresponding ISU Communication. A change of edge within the last ½ beat of a step is permitted to prepare the push/transition to the next step (unless otherwise prescribed)

9.2. LEVELS OF DIFFICULTY

Characteristics of Levels for Pattern Dance Element:

Basic Level	Level 1	Level 2	Level 3	Level 4
50% of Pattern Dance Element is completed by both partners	75% of Pattern Dance Element + 1 Key Point is correctly executed	75% of Pattern Dance Element + 2 Key Points are correctly executed	90% of Pattern Dance Element + 3 Key Points are correctly executed	100% of Pattern Dance Element without interruption + 4 Key Points are correctly executed

9.3 Key Points and Key Points Features for Junior and Senior Pattern Dance Elements Season 2026/27

- **Key Point Features: Must include correct turns, edges, foot placement and timing.**
- Note: Push/transition to the next step: A change of edge within the last ½ a beat of the step is permitted to prepare the push/transition to the next step

Westminster Waltz:

Pattern Dance Element (1WW) Steps # 1-12	Key Point 1 (Woman) Woman Steps 5, 6, 7 (LFI OpMo, RBI, LBO)	Key Point 2 (Man) Man Steps 5, 6, 7 (LFI OpMo, RBI, LBO)	Key Point 3 (Woman) Woman Steps 9, 10a, 10b (LFO, CR-RFO3, LBO)	Key Point 4 (Man) Man Steps 9, 10 (LFO, CR-RFO-SwR)
Pattern Dance Element (2WW) Steps # 13 - 22	Key Point 1 (Woman) Woman Steps 13, 14 (RFI-SwRk, LBO)	Key Point 2 (Man) Man Steps 13, 14 (LFO-SwCtr, RBI)	Key Point 3 (Woman) Woman Steps 19, 20, 21a, 21b (RBO, Cr-LBO, RFO3, LBO)	Key Point 4 (Man) Man Steps 19, 20, 21 (LFO, CR-RFO3, LBO)

Golden Waltz:

Pattern Dance Element (1GW) Steps # 33 - 20	Key Point 1 (Woman) Woman Steps 34, 35 (RFI Sw OpCho, LBO)	Key Point 2 (Man) Man Steps 34, 35 (RFI Sw OpCho, LBO)	Key Point 3 (Woman) Woman Step 15 (XB-LFI-Br)	Key Point 4 (Man) Man Steps 15a, 15b, 15c (XB-LFI OpMo, RBI, LBO)
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9.4. ADDITIONAL PRINCIPLES OF CALLING

1. The process used by the Technical Panel to identify Key Points and their correct execution is the same process as for identification of Required Elements and Levels (i.e by majority).
Correct or incorrect execution of Key Points is reported on the Judges Details per Skater chart as:
 - “Yes”: meaning, “all Key Point Features are met and all Edges/Steps are held for the required number of beats”, or
 - “Timing”: meaning, “all Key Points Features are met but one or several Edges/Steps are not held for the required number of beats”, or
 - “No”: meaning, “one or several Key Point Features are not met, whether or not Edges/Steps are held for the correct number of beats.
 - “X”: meaning, “a Key Point was not attempted”.
2. Evaluating the percentage of steps for Pattern Dances is based on the total number of steps completed.
3. If a Fall or interruption occurs at the attempt or during a Pattern Dance Element and the element is resumed, the element shall be identified and given a Level according to the requirements met before and after the Fall or interruption, or ignored if the requirements for Basic Level are not met.
4. If the Pattern Dance Element is interrupted one (1) measure or less (including missing step(s)) (4 or 6 beats based on the PDE) – the key points are called as identified and the level will be reduced by 1. It is reported on the Judges Details per Skater chart as: “◀” to indicate an interruption of one (1) measure or less.
5. If the Pattern Dance Element is interrupted more than one (1) measure (including missing step(s)) (4 or 6 beats based on the PDE) but 75% of the steps are completed by both partners, the key points are called as identified and the level will be reduced by 2. It is reported on the Judges Details per Skater chart as: “◀◀” to indicate an interruption of more than one measure.
6. For Pattern Dance Elements, an interruption may be but is not limited to Fall(s), missing step(s), touchdown(s), et

9.5 PATTERN DANCE AND PATTERN DANCE ELEMENT INFORMATION

Includes the Percentage of steps for Pattern Dance and Pattern Dance Elements

DANCE		MEASURES PER SECONDS	REQUIRED SECTION or SEQUENCES	No OF STEPS PER SECTION OR SEQUENCE	No of Steps				
					10%	25%	50%	75%	90%
Westminster	Min 162 bpm	When counted in measures of 6 beats – 6.75 MEASURES IN 15 SECONDS	1 Sequence, Section 1 STEPS 1 - 12	12	1	3	6	9	11
			1 Sequence, Section 2 STEPS 13-22	10	1	3	5	8	9
Golden Waltz	Min 186 bpm	When counted in measures of 6 beats – 7.75 MEASURES IN 15 SECONDS	1 Section STEPS 33 - 20	35	4	9	18	27	32