

# MEDICAL ACTION PLAN TEMPLATE (MAP)

Name of Event: Venue: Date of Event: Event hours:				
<b>Medical Capabilities</b>				
<ul> <li>1. Medical Room</li> <li>a) Location:</li> <li>b) Personnel:</li> <li>c) Medical supplies:</li> <li>d) Communication ca</li> <li>e) Responsible for and treatment of S</li> </ul>	non-emerge			
<ul> <li>2. Rinkside medical</li> <li>a) Location:</li> <li>b) Personnel:</li> <li>c) Equipment:</li> <li>d) Communication ca</li> <li>e) Responsible for corink medical and to Skaters, Offinaccredited person</li> </ul>	on ice and s traumatic en cials, Coac	nergencies		
<ul><li>3. Communications</li><li>a) Phone or radio:</li><li>b) 1. Radio channel to re 2. Only for FS and SY</li></ul>	eferee for On Ic S practice: Rad	e Emergency Protocol: dio channel to Music Announce ame and number:		
4. Phone numbers	oor (owio) ii	amo una numbor.		
A. On site				
CMO	Name		Number	
Assistant CMO	Name		Number	
Chief physiotherapist			Number	
Medical room	Number			
Physiotherapy room	Number			
B. Off site				
Rescue/ambulance	Number			
Police	Number			
Fire	Number			
Hospital	Number			
Dentist	Number			



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5. Managing Emergency Procedures for ambulance requests by Medical Team

#### A. Rinkside Medical

- a) Initial assessment of emergency on the ice to follow the On Ice Emergency Protocol<sup>1</sup>
- b) If injured or sick person does not require emergency transport, move to the medical room and communicate this to the team in the medical room
- c) If requires emergency evacuation
  - a. Contact ambulance at (insert number for your city)
  - b. Notify ambulance that you are at the (insert name of the venue), the age, gender, and nature of the skater's medical emergency
  - c. Notify ambulance that you are at the rink and the medics should arrive at (insert location at arena)
  - d. After transport arrives onsite, notify the CMO at (provide number here)

#### B. Medical Room

- a) Contact ambulance at (insert number for your city)
- b) If there is truly an emergency, anaphylaxis requiring immediate Advance Life Support (ALS), request the rinkside personnel via communication established to bring emergency kit to the medical room
- c) Notify the ambulance where you are located, the age, gender, and nature of the medical emergency
- d) Medics should arrive via (insert entrance to the venue for ambulance)

#### 6. Infectious Disease

#### A. Infectious Disease Consultant

СМО	Name	Number	
Other	Name	Number	

#### B. Public Health

Official	Name	Number	
Personnel			

### 7. Mental Health

Refers to Mental Health Algorithm on page 3

#### Disaster plan

Obtain the details of the venue disaster plan and insert your medical personnel locations in the appropriate positions on the plan. Discuss this scenario at the Medical Meeting.

November 2025

<sup>&</sup>lt;sup>1</sup> ISU Communication « On Ice Emergencies Protocol » (MIP #3)





## RESPONDING TO A MENTAL HEALTH CONCERN AT ISU EVENT:

Name of the Event: Are you concerned? Yes Inform of Mental Health Services Do you know the athlete? available at ISU Event No Yes Consider involving Talk to the athlete and Share MentallyFit resources someone who has an existing express concern available on Athlete365. relationship with the athlete or Consider their culture, Host Mental Health Provider, if gender, age and social available norms Could there be serious and immediate danger to the athlete or to others? No Yes Listen further and validate This is an emergency. Escort the athlete to the Medical Room if the athlete's concerns safe to do so or contact without judgement emergency mental Health services at: Number: Is an urgent response **Notify the CMO** still needed? Stay with the athlete until help arrives (if it is safe for you) Yes No Yes Refer the athlete to Refer the athlete to the ISU Calm Does the athlete have a team their preference of team physician and / or licensed Zone for mental health support or physician licensed mental health mental health provider? the Host Mental Health Provider. provider or host mental health provider No Refer the athlete to the Medical Clinic for in person mental health services IOC MentallyFit Helpline for 24/7 confidential support in over 70 languages

This framework has been designed to assist you in Mentally Fit Helpline responding to an athlete who may need help during an ISU Event and to aid you in determining the best course of action. Adapted from: International Olympic Committee consensus driven guidelines for athlete mental health support at sporting events

Scan QR for Mentally Fit Helpline



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