

## INSTRUCTION ON COMPLETING MEDICAL ACTION PLAN

### **Medical Capabilities**

#### 1. Medical Room

- a) Location: fill in location of medical room in the venue
- b) Personnel: who is working in the medical room ie; sport MD, therapist, paramedic, nurse etc
- c) Medical supplies: what medical supplies are there? Ie: medical kits, and pharmaceuticals as recommended in the ISU medical guide. AED, wheelchair. NO need to list all supplies and drugs.
- d) Communication capability: list if there are radios or phones what the numbers are or what channel the radio is on. What the code name is to be used for the medical room
- e) Responsible: responsibility as listed on template

#### 2. Rinkside medical

- a) Location: fill in location where medical personnel will be located around the ice surface, as close to the recommended positions as outlined in ISU Medical Guide
- b) Personnel: note the number of personnel, identification and what the skills are of the persons at rink side in each position. Ie; position i#1 is Medical and Paramed second spot 2 paramedics
- c) Equipment: emergency medical bags, ALS equipment, AED, oxygen, airway and cardiovascular equipment, spine board, C collar bleeding pack
- d) Communication: define it, such as radios or phones, call sign for rink side if radios or telephone numbers, communication capability to medical room, security, referee for event CMO
- e) Responsible for on ice and surrounding rink medical and traumatic emergencies to Skaters, Officials, Coaches, accredited persons: *as written in template*

#### 3. Communications

- a) Phone or radio: define how communication between medical teams in medical room and rinkside via phone or radio, if radio assign call signs and channel, if phones list phone numbers
- b) 1. Radio channel to referee for On Ice Emergencies Protocol: ensure radio to referee is working and document channel and call; sign ensure rinkside staff and referee are familiar with on ice emergency
  - 2. Only for FS and SYS practice: Radio channel to Music Announcer for On Ice Emergency Protocol: ensure radio to Music Announcer, as at practice for FS & SYS referees is not present, is working. Document channel and call; sign ensure rinkside staff and referee are familiar with on ice emergency
- c) CMO name and number: CMO name and telephone number



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- 4. Phone numbers: Fill in as outlined
- 5. Managing Emergency Procedures for EMS Requests by Medical Team: Fill in as outlined
- 6. Infectious Disease: Fill in as outlined
- 7. <u>Mental Health: Complete and print the Mental Health Algorithm on page 3. It should be easily available in the medical room.</u>