

ISU 4 CONTINENTS SHORT TRACK
CHAMPIONSHIPS
SALT LAKE CITY 2025



SALT LAKE CITY, UNITED STATES
NOVEMBER 08-09, 2024

ANNOUNCEMENT

#SHORTTRACKSKATING



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The International Skating Union, US Speedskating and the Utah Olympic Oval have the honor and pleasure to invite you to the:

 **Four Continents Short Track Speed Skating Championships® 2025**
November 8-9, 2024
to be held at the Utah Olympic Oval,
Salt Lake City, USA

General Regulations

The ISU Four Continents Short Track Speed Skating Championships 2025 will be conducted in accordance with the 2024 ISU Regulations and relevant Communications. Participation is open to all ISU Members. Entries must be made only through the respective ISU Members (Rule 131).

Distances

Individual	500, 1000, 1500 meters Women and Men
Relay	3000 meters Women, 5000 meters Men, 2000 meters Mixed Team

Program

The below program is subject to change depending on the final entry of Skaters

From November 4 to 6		Official Training at participating ISU Member's cost
Thursday, November 7	[TBA*]	Official Training free of charge for all ISU Members Team Leaders' Meeting
Friday, November 8	[TBA*]	Qualifying session Individual & Relay (if needed) Repechage session 1000 meters Women, 500 and 1500 meters Men Mixed Team Relay Semi-Finals [13:15] Opening Ceremony * [17:00] 1000 meters Women, 500 and 1500 meters Men Semi-finals Relay 5000m Men 3000 meters Women Relay Finals
Saturday, November 9	[TBA*]	Repechage session 500 and 1500 meters Women, 1000 meters Men [16:00] 500 and 1500 meters Women, 1000 meters Men Mixed Team Relay Finals 5000 meters Men Relay Finals

* Final starting times to be decided upon receipt of the number of final entries.

Track Conditions

The Utah Olympic Oval has an artificially refrigerated indoor ice surface of 60 x 30 meters. A movable protective padding covers the boards in accordance with Rule 280, paragraph 5 and ISU Communication No. 2626 (or any further update). The standard track will be laid out 111.12 meters to the lap.

Entries¹

a) Entries can only be made using the ISU Online Registration System (ORS) for Short Track Speed Skating on <https://ors.isu.swisstiming.com/account/login>

b) Entries with the number of Competitors, substitutes, coaches & Team leader must be submitted by **September 29** (Rule 292).

Requirements for accommodation must be submitted by **September 20, 2024**.

The number of other personnel travelling with the Team shall be communicated at the same time

ISU Members failing to comply in time with these requirements will receive no support from the Organizing Member for:

- Hotel booking;
- Travel arrangements between airport and hotel;
- Travel arrangements between hotel and ice rink;
- Access to Closing Banquet (if held);
- Preferred times for additional training sessions.

All these costs and any additional costs incurred will be for the full account of the ISU Members concerned.

c) Final Entries must reach the Organizing Committee using the Online Registration System at the latest by 20:00 hrs (local time) on **October 29, 2024** (Rule 292), and the following information must be communicated to the Organizing Committee:

- Names of the Competitors and a list of alternate names per category with their International Registration Numbers
- Names of the Competitors and their personal best time, recorded during the period of eligibility, for all individual distances they might participate in
- Names of the Competitors for each of the respective individual distances;
- Confirmation of participation in all the competitions of the Relay.

Only the Competitors listed on the Final Entry, respecting the maximum number of entries allowed, can attend and receive an accreditation for the Event.

Final Entries that do not comply with these requirements are considered Post Entries. See Rule 115.

d) Competitors must be present in Salt Lake City at the latest at 18:00 hours on Thursday, October 31 or the Organizing Committee must receive documented proof that the competitors are in transit and will arrive in due time for the World Tour Competition. Competitors who do not comply with these requirements will be excluded

e) Please note that for all persons entered by the ISU Members, the procedures regarding the Declaration for Competitors and Officials (all team Officials requiring an accreditation) entering ISU Events (Rule 131) as

outlined in ISU Communication No. 1628 need to be strictly observed. Declaration Forms must be uploaded in the ORS in each Competitors and Team Officials' profile prior submitting the Entries.

For more details, please refer to Rules 115, 131 and ISU Communication No. 1628 or any update of this Communication.

Citizenships/Residence Requirements and Clearance Procedure

In accordance with Rule 109 of the ISU Regulations and ISU Communication No. 2526, all Skaters who do not have the nationality of the ISU Member by which they have been entered or who, although having such nationality, have in the past represented another ISU Member, must produce an ISU Clearance Certificate.

¹ Reference is made to ISU Communication No. 2469, paragraph 2.a) according to which and until further notice, no individual belonging to the Russian Skating Union and Skating Union of Belarus shall be invited, entered and allowed to participate in International Competitions, ISU Championships and other ISU Events.

Individual Entries:

In accordance with Rule 285, paragraph 2.a), each ISU Member with the right to participate, is entitled to enter at least two (2) Competitors in each category of each distance.

In accordance with ISU Communication No. 2650 "Entries for ISU Championships", the following ISU Members may enter more than two (2) Competitors in total in the respective category and distances. Each ISU Member may enter the substitutes corresponding with the number of entries.

Women		
500m	1000m	1500m
Canada	Canada	Canada
China	Japan	China
Japan	Kazakhstan	Japan
Kazakhstan	Korea	Kazakhstan
Korea	USA	Korea
USA		USA

Men		
500m	1000m	1500m
Canada	Canada	Canada
China	China	China
Japan	Japan	Japan
Kazakhstan	Kazakhstan	Kazakhstan
USA	Korea	Korea
	USA	USA

Relay Entries:

ISU Members entering a Relay Team can only enter a maximum of five (5) Competitors which will include all Competitors for both competitions: Individual and Relay.

The entry quotas for the Relay competitions at the ISU Four Continents Short Track Speed Skating Championships 2025 will be determined in accordance with *Rule 281, paragraph 4.c*). Special attention must be paid to Rule 282, paragraph 4 regarding the fact that participation is known immediately upon completion of the last World Cup Competition held prior the Championships.

Qualifying Times:

Entered Skaters (including substitutes) must have achieved applicable qualifying times over 500 meters, in accordance with ISU Communication No. 2650, paragraph 5.2, as follows:

Every ISU Member can enter 1 Skater per category that has achieved the following qualifying time:

Women 500 meters: 48,04

Men 500 meters: 45,83

If an ISU Member enters more than 1 Skater, the qualifying times required for all Skaters (including all Relay Skaters) entered by the ISU Member, are:

Women 500 meters: 46,39

Men 500 meters: 44,25

For a result to be a valid qualifying time, it must have been achieved in the period between July 1, 2022 and the final entry deadline specified in the paragraph "Entries" above.

Points and Classification

In accordance with Rule 297.

Titles and Medals

The winners of the Championships (according to Rule 133) will bear the title:

Four Continents Short Track Speed Skating Champion 500/1000/1500 meters for 2025

Four Continents Short Track Speed Skating Relay Champions for 2025

Four Continents Short Track Speed Skating Mixed Team Relay Champions for 2025

The Four Continents Champions will receive the ISU gold medal. The Skaters placed second and third will receive the ISU silver and bronze medals respectively.

The Four Continents Short Track Speed Skating Relay Champions or Mixed Team Relay Four Continents Short

Track Speed Skating Relay Champions will receive the ISU gold medal. The second and third placed Relay Teams will receive the ISU silver and bronze medals respectively.

Prize money will be awarded in accordance with ISU Communication No. 2516, or any further update of this Communication.

Team Officials Accreditations

For Teams entering 1 up to 5 Skaters

#	Function	Price	Accreditation Access
1	Team Leader	Free	Blue – 1 – Field of Play & Full Access Athletes Area
1	Coach	Free	Blue – 1 – Field of Play & Full Access Athletes Area
1	Doctor	Free	Blue – 1 – Field of Play & Full Access Athletes Area
1	Physio	Free	Blue – 1 – Field of Play & Full Access Athletes Area
1	Equipment Technician	Free	Blue – 1 – Field of Play & Full Access Athletes Area

Additional Team Officials

#	Function	Price	Accreditation Access
	Same as above	EUR (€) 250*	Blue – 2 – Dressing Rooms & Team Seats

For Teams entering 6 up to 10 Skaters

#	Function	Price	Accreditation Access
1	Team Leader	Free	Blue – 1 – Field of Play & Full Access Athletes Area
2	Coaches	Free	Blue – 1 – Field of Play & Full Access Athletes Area
1	Doctor	Free	Blue – 1 – Field of Play & Full Access Athletes Area
2	Physios	Free	Blue – 1 – Field of Play & Full Access Athletes Area
2	Equipment Technicians	Free	Blue – 1 – Field of Play & Full Access Athletes Area
1	Team Video Specialist ¹	Free	Blue – 2 – Athletes Lounge, Dressing Rooms & Team Seats

Additional Team Officials

#	Function	Price	Accreditation Access
	Same as above	EUR (€) 250*	Blue – 2 – Dressing Rooms & Team Seats

* or equivalent in any other currency. One-time fee per ISU Event, per person.

¹ *Video Disclaimer Form must be uploaded in the ORS in the Team Video Specialist' profile prior submitting the Entries. The form is valid for all Events of the season 2024/25.*

Ice Training

All practice sessions will take place at the Competition venue. The Organizing Committee will arrange free ice training on Thursday, November 7 for all participating teams. Additional practices will be provided from Monday November 4 (afternoon) to Wednesday, November 6. Each training session (50 minutes) will be charged \$20 per skater. Payment for additional practice ice time must be paid in USD to the Organizing Committee no later

than Thursday, November 7.

Weight Training & Dryland

Weight room is limited to a maximum of 12-16 athletes per 50min session. Weight room is available during the times of official transportation schedule. To reserve weight room time please use ONLY the online reservation system. Reservations are first come first serve.

Anti-Doping

Anti-Doping tests will be carried out according to the ISU Anti-Doping Rules and ISU Anti-Doping Procedures, as given in the applicable ISU Communications (ISU Communications Nos. 2344 & 2366 or later updates).

Liability

In accordance with Rule 119 of the ISU General Regulations, the ISU, USS and The Organizing Committee assume no responsibility for or liability with respect to bodily or personal injury or property damage incurred in connection with the ISU Four Continents Short Track Speed Skating Championships 2025. Each ISU Member is solely responsible for providing insurance coverage thereto.

Accommodation and Meals

The Organizing Committee will provide accommodation and meals starting with lunch on Thursday, November 7 until breakfast on Sunday, November 10 for all participating skaters, maximum five (5) women and five (5) men, plus one team leader from each participating ISU Member. All costs incurred prior to Thursday, November 7 and after Sunday, November 10 (breakfast) will be under the financial responsibility of each ISU Member and the amount due shall be settled on site, at the applicable rate, upon arrival, or in advance by bank transfer
Methods of payment: Cash in USD or Credit card; (Visa, Master Card, American Express) or Bank Transfer
All arrangements for accommodation must be made through the Organizing Committee.

The cost of a room and meal at the official hotel is as follows:

Single Room (per person, per night, full board): 257.70 US\$ (including tax)

Double Room (per two persons, per night, full board): 336.70 US\$ (including tax)

*Payment: Cash; in US Dollars or Credit card; Amex, Master, Visa

All arrangements for accommodation must be made using the '**Hotel Booking Form**' in the attachment. **Please submit to the respective hotel via email and copy the LOC on it.**

Hotel Terms:

- Rooms must be booked no later than September 20, 2024
- A 50% down payment of anticipated room cost has to be made not later than 30 days prior to arrival
- Teams paying with credit card(s) will be subject to bear credit card charges
- A late payment fee of 5% will be added for teams who have not settled their invoices within 15 days of departure
- Rooms can be cancelled free of charge until October 7. After October 7, each cancelled room will be

charged at 80% of the anticipated revenue.

Official Hotel

The Organizing Committee will arrange hotel reservations for the participants ONLY at the following official hotel:

Official Host Hotel:

DoubleTree by Hilton Airport

5151 Wiley Post Way

Salt Lake City, UT

84116

Stacey.Chacon@Hilton.com

Hotel requirements must be communicated to the Organizing Committee and hotel directly as soon as possible, but no later than **September 20, 2024 using the Hotel Booking Form.**

Wire Transfer Information DoubleTree Payments:

Financial Institution Name: Wells Fargo Bank

Financial Institution Address: 420 Montgomery

City: San Francisco

State: CA

Zip code: 94104

Account Number:4969805084

Routing Number: 121000248

Account Title: BPDTSLC, LLC; Aimbridge Hospitality, LLC, AS MGR Doubletree Salt Lake City Airport #50300000 Operation Account

Contact for questions: Christopher.Johnson8@wellsfargo.com or Stefanie.Saylor@hilton.com

Tickets for Competitors

Competitors willing to receive 2 tickets for their family members must inform the Organizing Committee not later than **October 28, 2024 5pm MT**. In case of a limited number of available tickets, the principle of “first come, first serve” will apply. Competitors asking for tickets must provide the names of the ticket holders to the Organizing Committee.

Transportation

The Organizing Committee will organize and provide one transportation each way, for each team between Salt Lake City International Airport and the official hotel 'DoubleTree by Hilton Airport', on Monday, November 4 and on Sunday, November 10.

Airport transport will be charged at \$20 per person each way.

The Organizing Committee will also provide transportation between the official hotel, DoubleTree by Hilton Airport, and Utah Olympic Oval during the competition days and the training periods, starting on Monday, November 4 (afternoon), 2024. Transportation is only available for teams staying at the DoubleTree.

The date, airline, flight number, expected time of arrival and the date and time of departure shall be communicated to the Organizing Committee **via ORS** as soon as possible, but no later than **October 22, 2024**. Please include the amount of special equipment (e.g. bicycles, massage tables, etc.) that needs to be transported.

Medical Insurance

It is the sole responsibility of each ISU Member participating in an ISU Event (as defined in Rule 107), to provide medical insurance for their Skaters. Proof of such can be requested by the Organizing Committee.

Entry Visa Requirements

Should you need assistance to obtain a USA entry visa or require a specific letter of invitation, please contact the Organizing Committee.

Media Accreditation

Media accreditation requests for ISU Championships must be submitted via the ISU Online Media Accreditation System <https://www.isu.org/media-centre/accreditations/media>

Information for the media will be available on the [ISU website](#) in due time.

For further information contact the OC Press Officer

Brennan Smith – bsmith@uolf.org

Alysha Rummler – arummler@usspeedskating.org

The Organizing Committee

All entries, hotel reservation and media accreditation requests, as well as other inquiries should be addressed as soon as possible to:

Mari Riser – mriser@uolf.org

Marion Wohlrab – mwohrlab@usspeedskating.org

Website

All information concerning the competition will be available at the following Event website:

TBD

Live results will be available at the following website:

www.isu.org

ISU “Inside Events” mobile application

Daily information, results and changes in schedules (race, training, transportation, etc.) will be communicated to the teams on the board of the Team Hotel as well as on the ISU “Inside Events” mobile application.

This mobile application makes the information delivery faster, contains all relevant information for participants, reduce paper needs and notify participants in case of any changes or urgencies through push notification possibilities.

The “Inside Events” app is available free of charge on Android and Apple systems and is compatible with both tablets and smartphones. It can be downloaded with the below QR codes or directly on the app stores.

Each ISU Event will have its own unique password that will be provided on site to participating Athletes, Officials, and Team Delegations.



QR Apple



QR Google