



2nd MILANO EASTER TROPHY 2026

International Synchronized Skating Competition
Sesto San Giovanni, March 28-29, 2026



ANNOUNCEMENT ISU CATEGORIES

ISU Senior Combined (Senior/Senior Elite 12)	Short Program Free Skating
ISU Junior	Short Program Free Skating
ISU Advanced Novice	Free Skating



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Italian Figure Skating Association and Ladybirds Milano Synchro Academy have the pleasure to invite the ISU Members to participate in the

MILANO EASTER TROPHY 2026

International Synchronized Skating Competition

Organizer: Ladybirds Milano Synchro Academy asd, supported by the Italian Figure Skating Association

Place: **PalaSesto**, Piazza 1° Maggio, 1 - Sesto San Giovanni - Milano (indoor ice-rink, ice surface of 30 x 56 m, heated)

GENERAL REGULATIONS

The MILANO EASTER TROPHY 2026 will be conducted in accordance with the ISU Constitution, ISU General Regulations and Special Regulations & Technical Rules for Synchronized Skating 2024 as well as relevant ISU Communications (2025-2026).

The teams must belong to an ISU Member (Rule 130, paragraph 7), the ages must fall within the limits specified in Rule 108. All skaters must qualify with regard to eligibility according to Rule 102 and participation and citizenship requirements according to Rule 109 & Communications in effect.

CATEGORIES

The following categories are included:

ISU Senior Combined (Senior/Senior Elite 12) : Short Program and Free Skating

ISU Junior: Short Program and Free Skating

ISU Advanced Novices: Free Skating

The final results will be determined according to Rules 738-741 and the ISU Special Regulations & Technical Rules Synchronized Skating 2024.



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TECHNICAL REQUIREMENTS

ISU Senior Combined (Senior/Senior Elite 12)

Shall consist of 12 - 16 skaters with a maximum of 4 alternates.
They must have reached at least the age of 17 years before July 1, 2025.

Short Program

Duration: 2 minutes and 50 seconds, but may be less.
The General Short Program Elements and requirements are listed in Rule 991, paragraphs 1 a), 2 and 3, Rule 992, paragraphs 1 a), 2 and 3 a).
The Short Program Elements and Requirements to be skated for Season 2025/26 are listed in ISU Communication No. 2692.

Free Skating

Duration: 4 minutes +/-10 seconds.
The Well Balanced Program Requirements are listed in Rule 991, paragraphs 1 b), 2 and 4, Rule 992, paragraph 1 b), 2 and 3 c).
The Free Skating Elements and Requirements to be skated for Season 2025/26 are listed in ISU Communication No. 2692.

ISU Junior

Shall consist of 8 –16 skaters with a maximum of 4 alternates.
They must have reached at least the age of 13 but have not reached the age 19 before July 1, 2025

Short Program

Duration: 2 minutes and 50 seconds, but may be less.
The General Short Program Elements and requirements are listed in Rule 991, paragraphs 1 a), 2 and 3, Rule 992, paragraphs 1 a), 2 and 3 a).
The Short Program Elements and Requirements to be skated for Season 2025/26 are listed in ISU Communication No. 2692.

Free Skating

Duration: 3 minutes and 30 seconds +/-10 seconds.
The Well Balanced Program Requirements are listed in Rule 991, paragraphs 1 b), 2 and 4, Rule 992, paragraph 1 b), 2 and 3c).
The Free Skating Elements and Requirements to be skated for Season 2025/26 are listed in ISU Communication No. 2692.

ISU Advanced Novice

Shall consist of 12 - 16 skaters with a maximum of 4 alternates.

They must have reached at least the age of 10 but have not reached the age 16 before July 1, 2025.

Free Skating 3 min (+ 10 sec); factor 2.67.

Elements: Communication No. 2692 SYS_Well Balanced Program_2025-2026 and Comm. No. 2689 Guidelines for International Novice Competitions.

Maximum element levels can be skated and the level will be called as executed. Maximum levels of Features and Additional Features can be skated and will be rewarded according to the execution of the Team.

Advanced Novice Teams are not allowed to include Vaults and Lifts.



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ENTRIES

The organizer reserves the right to limit the number of entries per Member. Entries of: Teams, nominated Judges and Team Managers/Leaders may be made only by the Member Federation concerned on the designated Official Forms.

All Entries have to be sent to the Organizing Committee of Milano Easter Trophy2026.

The preliminary entries must reach the Organizer by latest: **November 10, 2025** by entering the information through ORS.

Participation is open to all Teams of ISU Members.

The Entries by names must be made via the ISU Online Registration System (ORS):

<https://fsk-ors.isu.swisstiming.com>

and will be submitted via the ORS simultaneously to the:

Milano Easter Trophy Organizing Committee Chief Ms. Cristina Pastorelli

E-mail: info@milanoeaster trophy.it

Preliminary Entries, indicating participation of the ISU Member (or club), have to be submitted not later than **November 15, 2025**

Final Entries, with the name of selected Team and Judge, must be submitted **not later than January 10, 2026**.

ENTRY FEES

ISU Senior, Senior Elite 12 and Junior	650 EUR per Team
ISU Advanced Novice	550 EUR per Team

The **entry fee** must be paid by bank transfer **no later than January 10, 2026**

Bank transfer details:

Account holder: LADYBIRDS MILANO SYNCHRO ACADEMY ASD

IBAN IT81H0623001622000040452673

Please refer the transfer as "MILANO EASTER TROPHY 2026, name of the team, category".

Commission and/or fees for bank transactions must be paid directly to the bank inaddition to the entry fee at the time of the bank transfer.

A copy of the payment must be sent as soon as possible to the OC e-mail address:
info@milanoeaster trophy.it



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The Team registration will be valid only after Entry fee payment.

PLEASE NOTE:

The entry fee will not be refunded in case of withdrawals for any reason.

Please attach a team photo to your entry request, sending digital photos (high resolution) via email. Team Photo may be published on the Instagram and Facebook accounts of the competition and on the official website. Each team taking part in the MILANO EASTER TROPHY 2026 acknowledges and consents to these terms.

PUBLICITY WAIVER

Each individual and/or team waive any and all rights to financial remuneration or other compensation for the use or reproduction of their image or likeness, or that of their synchronized skating team, and grant permission to use same, as or in publicity prior to, during or following the Milano Easter Trophy 2026, in Sesto San Giovanni, Milano, Italy.

OFFICIALS

Judges and Technical Panel

Each participating ISU Member may nominate one (1) Judge, listed on the ISU list of Referees and Judges for Synchronized Skating. Host Member may nominate two(2) Judges.

The official Judges Form must be sent to the Organizing committee of the MILANO EASTER TROPHY 2026 ***no later than January 10, 2026.***

The Referees, Technical Controllers, Technical Specialists Data and Replay Operators will be nominated by the Organizing Committee based on the respective ISU list of Referees and Judges for Synchronized Skating.

The organizer will provide and cover the expenses for rooms and meals for all Referees, the Technical Controllers, the Technical Specialists, the Data and Replay Operators and Judges participating, beginning with lunch on 27/03/2026 until breakfast on 30/03/2026.

Should any of the above-mentioned people arrive at the hotel before or stay longer than the period described above, their room costs and expenses will be the responsibility of the individual and must be paid on arrival.

The Officials Dinner is planned to take in the evening of Friday 27 March2026.

Lunches and dinners for Officials will be served at the PalaSesto Ice Arena.

The Initial Judges Meeting and Initial Technical Panel meeting are planned to take place at the official Hotel in the evening of Friday 27 March 2026.



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The RTD meeting is planned to take place at the ice rink in the evening of Sunday 29 March 2026.

Please note that this schedule is subject to change!

PRACTICES

Official practice for Competitors begins on **Friday 27 March, 2026 in Palasesto Arena**. The detailed schedule will be issued at the time of registration.

Short Program	Free Skating	
Senior ISU 10 minutes	Senior ISU	12 minutes
Junior ISU 10 minutes	Junior ISU	12 minutes
	Advanced Novice	10 minutes

UNOFFICIAL PRACTICE

Unofficial Practice Ice for all Teams will take place from **Wednesday 25th to Thursday 26th**. A minimum of one block (15 min) of Unofficial Practice Ice may be allocated either in Palasesto Arena or in alternative rink according on availability, and **will be arranged on “first come, first served” basis**.

DRAW and OPENING CEREMONY

The draw ceremony will be done on Friday 27 March, 2026.

Senior Combined and Junior: There will be no draw for the Free Skating, it will be skated in reverse order determined by the result of the Short Program.

The Opening Ceremony will be held at PalaSesto Ice Arena on Saturday 28 March, 2026.

MUSIC

All Competitors shall furnish competition music of excellent quality (in MP3 format) not later than **January 10, 2026** to info@milanoeaster trophy.it. The name of the file should be in the format “team name-category-short/free-country abbreviation.mp3”.

In accordance with Rule 823, paragraph 2. A list of titles, composers and orchestras of the music to be used for the Short Program and Free Skating Program must be listed for each Team on the official Music Selection Form and attached to the official Entry Form for Teams.

In accordance with Rule 823, paragraph 2, all covers/discs must show the Competition event, Team’s name, the Nation and the exact running time of the music (not skating time) including any starting signal and must be submitted at the time of registration. Each program (short program and free skating) must be recorded on a separate disc. In addition, Teams must provide a back-up USB drive for each program.



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If music information is not complete and/or the music is not provided, accreditation will not be given.

PLANNED PROGRAM CONTENT

Deadline for “Program Content Sheet” is **January 10, 2026**. It is mandatory that the Program Content Sheet is filled through the online ISU Portal precisely by each team in English using the terminology for the elements listed in the Scale of Value Table published in ISU Special Regulations & Technical Rules for Synchronized Skating 2025 as well as in all pertinent ISU Communications.

ARRIVAL OF PARTICIPANTS / TEAMS

The nearest airports to Milano Sesto San Giovanni are:

- **Milano Linate Airport** with a distance of **13 km** to the official hotel.
- **Orio al Serio Airport - Bergamo** with a distance of **43 km** to the official hotel.
- **Malpensa Airport** with a distance of **53 km** to the official hotel.

Free transfer from/to Airport, from/to Palasesto Arena and from/to Hotel will be granted to the nominated Judges, invited Referees, Technical Controllers, Technical Specialists and Data/Replay Operators.

Teams wishing to arrange transfer from/to Airport, from/to the Ice rink or any other transfer requirement necessity are kindly requested to contact the OC at info@milaneaster trophy.it.

OFFICIAL HOTEL

Accommodation for participating Teams is at their own expense.

HOTEL ABACUS ** in Sesto San Giovanni (Milan)** is the **Official HOTEL of MILANO EASTER TROPHY 2026**.

HOTEL ABACUS****

Via Monte Grappa, 39, 20099 Sesto San Giovanni (MI), at 5 minutes walk from Palasesto Arena
Phone: +39 02 2622 5858 Fax +39 02-2622 5860

Email: info@abacushotel.it

WebSite: www.abacushotel.it

The Organizing Committee will take charge of Hotel ABCUS reservation for: Referees, Judges, Technical Controllers, Technical Specialists and Data/Replay Operators.

The Hotel is located at a walking distance to the ice rink and therefore no shuttle bus will be provided to the Officials. **Booking requests must be sent no later than January, 10 2026.**

ACCREDITATION

The official accreditation for Teams is planned at the ICE RINK upon arrival.

Accreditation as a Team Member will be given to all entered Judges, Competitors and one Team



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Leader per participating team, one Coach per Team, a maximum of two Team Officials of ISU Members (including the Member President), provided that they are Council Members, Technical Committee Members or Members of the Head Office of their Federation and a maximum of two medical persons. Accreditation will only be granted to persons in those various functions if officially entered and named through their ISU Member. **The ISU Member certifies with the signed entry form the indicated functions within the team of all team members.**

Accreditation will be given to appointed Event Officials and Guests.

PRESENTATION OF MEDALS AND PRIZES

The three best placed Teams in each event will be announced and honored. The national anthem of the winners will be played, and the flags of the medal winners hoisted. Trophies will be presented to the winning team in each category. Medals will be presented to all participating skaters.

INSURANCE / LIABILITY

In accordance with Rule 119, the Organizing Committee for the competition accept no liability for injury or damage sustained by competitors or officials. The Organizing Committee will not be providing participant insurance coverage for the event. Each Member is expected to provide its own insurance protection. The Organizing Committee will provide emergency medical services for all participants during the competition and official practice.

The ISU and the Organizing Committee assume no responsibility for or liability with respect to bodily or personal injury or property damage incurred in connection incurred by Competitors and Officials.

MEDICAL INFORMATION

Each team manager should be able to give important medical information for each skater for use in case of an emergency or accident.

Such information should include but is not limited to the following, and will greatly help local medical and emergency personnel:

- allergies
- existing medical conditions (i.e. asthma)
- current medications
- immunizations
- blood type
- use of glasses, contact lenses, dental appliances

MEETINGS FOR ISU EVENT OFFICIALS AND JUDGES

All Referees, Technical Controllers, Technical Specialists, Data and Replay Operators and Judges are responsible to make their travel arrangements in order to be able to attend the respective event related meetings. If any other party makes the flight arrangements, the Referees, Technical Controllers, Technical Specialists, Data and Replay Operators and the Judges are responsible to check if such arrangements are in line with the detailed schedule as mentioned under paragraph 17.



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INFORMATION AND VARIOUS

For information, please contact the Organizing Committee:
Ladybirds Milano Synchro Academy asd
E-Mail: info@milanoeaster trophy.it

PRELIMINARY EVENT AND MEETINGS SCHEDULE

Wednesday, March 25, 2026

10:00 - 20:30	Extra practice ice	Main Rink or Practice Rink
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Thursday, March 26, 2026

10:00 - 20:30	Extra practice ice	Main Rink or Practice Rink
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Saturday, March 28, 2026

07:00 - 12:00	Official registration for Teams	Main Rink
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07:00 - 14:30	Official practice for all categories	
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15:00 - 20:00	Competition Interclub-Free Skating:	Main Rink
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	Pre Juvenile	
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	Juvenile	
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	Mixed Age	
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	Adult	
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	Master	
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	Competition ISU Short program:	
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	Junior ISU	
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	Senior ISU Combined	
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21:00	Awards Ceremony (Interclub)	Main Rink
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Sunday, March 29, 2026

07:00 - 12:00	Official registration for Teams	Main Rink
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07:00 - 15:00	Official practice for all categories	
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15:30 – 22:00	Competition Interclub – Free Skating:	
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	Basic Novice	
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	Junior B	
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	Senior B	
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	Competition ISU - Free Skating:	
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	Advanced Novice ISU	
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	Junior ISU	
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	Senior ISU Combined	
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22:00	Awards Ceremony (ISU and Interclub)	Main Rink
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22:00	Round Table Discussion	Main Rink
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Please note that this is a provisional schedule and is subject to change. A definitive schedule of events will be provided following the closing of entries.

LIST OF FORMS

Form N°	Title	Deadline
Form 1	Pre-Entry	November 15, 2025
Form 2	Official Entry	January 10, 2026
Form 3	Team Entry (with picture and music)	January 10, 2026
Form 4	Program Content Sheet	January 10, 2026
Form 5	Judges	January 10, 2026
Form 6	Music Information	January 10, 2026
Form 7	Hotel Information	January 10, 2026
Form 8	Travel information	January 10, 2026
Form 9	Extra Practice	January 10, 2026
Form 10	Meals	January 10, 2026
Form 11	Summary of Payment	January 10, 2026