

4 CONTINENTS SPEED SKATING
ISU CHAMPIONSHIPS
HACHINOHE 2025



HACHINOHE, JAPAN
NOVEMBER 15-17, 2024

ANNOUNCEMENT

#SPEEDSKATING



Hosted by



On behalf of Japan Skating Federation, the Organizing Committee has the honor and pleasure to invite you to participate in the

 **FOUR CONTINENTS SPEED SKATING
CHAMPIONSHIPS^â 2025**

which will be held in Hachinohe, JPN on November 15-17, 2024

PROGRAM

Thursday, November 14	16:00	Team leaders Meeting, YS Arena (Venue)
	17:00	Medical Meeting, YS Arena (Venue)
	18:00	Opening Draw, (Online)
Friday, November 15	13:30	Opening Ceremony
	14:00 – 16:22*	Team Sprint Women Team Sprint Men 1500m Women 1500m Men
Saturday, November 16	14:00 – 17:27*	500m Women 500m Men 3000m Women 5000m Men
Sunday, November 17	14:00 – 17:15*	Team Pursuit Women Team Pursuit Men 1000m Women 1000m Men Mass Start Women Mass Start Men

* Estimated ending time

REGULATIONS

The ISU Four Continents Single Distances Speed Skating Championships 2024 will be held in accordance with the 2024 Regulations of the International Skating Union (ISU) and relevant ISU Communications, in particular ISU Communication No. 2654.

Participation in the Championships is open to skaters who belong to a Four Continents ISU Member (Rule 130, paragraph 2) and who have met the qualification criteria according to Rule 208 and ISU Communication No. 2654.

TRACK

YS Arena is an indoor artificially frozen ice rink with a standard track of 400 meters and inner and outer curves with radii of 26 and 30 meters respectively. The width of the inside training track is 5 meters. In accordance with Rule 228 a protective moveable padding system will be installed around the track.

TITLE AND AWARDS

The winners of the individual/team races will bear the title: "Four Continents ___ Speed Skating Champion for 2025". All winners will be awarded the ISU Championships gold medal. The Skaters or teams placed second and third will be awarded the ISU Championships silver and bronze medals, respectively. See Rule 133, paragraph a).

Prize money will be awarded according to ISU Communication No. 2516, or any further update of this Communication.

ENTRIES

Entries for the ISU Four Continents Single Distances Speed Skating Championships 2025 will only be accepted for Skaters who have reached the qualifying times for the event concerned, as listed in ISU Communication No. 2654, paragraph 4.2.1.

The total number of Competitors for each distance will be limited as follows:

500 meters Women and Men	20 Skaters
1000 meters Women and Men	20 Skaters
1500 meters Women and Men	20 Skaters
3000 meters Women and 5000 meters Men	16 Skaters
Mass Start Women and Men	20 Skaters
Team Pursuit Women and Team Pursuit Men	6 Teams
Team Sprint Women and Team Sprint Men	6 Teams

Four Continents ISU Members may enter a maximum of three (3) Skaters in each individual distance, except for Mass Start Women and Mass Start Men where the maximum entry quotas per Four Continents ISU Member is two (2). The specific entry quotas based on the Final World Cup Classification 2023-24, in accordance with Rule 208, paragraph 2.4 and ISU Communication No. 2654, are as follows:

WOMEN

500m W		1000m W		1500m W		3000m W		MS W		TP W		TS W	
ARG	1	ARG	1	CAN	3	CAN	3	CAN	2	CAN	1	CAN	1
CAN	3	CAN	3	CHN	3	CHN	3	CHN	2	CHN	1	CHN	1
CHN	3	CHN	3	JPN	3	JPN	3	JPN	2	JPN	1	JPN	1
JPN	3	JPN	3	KAZ	3	KAZ	1	KOR	2	KOR	1	KAZ	1
KAZ	3	KAZ	3	KOR	3	KOR	3	USA	2	USA	1	KOR	1
KOR	3	KOR	3	USA	3	USA	3					USA	1
TPE	1	TPE	1										
USA	3	USA	3										
												BRA	R1

MEN

500m M		1000m M		1500m M		5000m M		MS M		TP M		TS M	
CAN	3	CAN	3	CAN	3	CAN	3	CAN	2	CAN	1	CAN	1
CHN	3	CHN	3	CHN	3	CHN	3	CHN	2	CHN	1	CHN	1
JPN	3	JPN	3	JPN	3	JPN	3	JPN	2	JPN	1	JPN	1
KAZ	2	KAZ	3	KAZ	3	KAZ	1	KAZ	2	KAZ	1	KAZ	1
KOR	3	KOR	3	KOR	3	KOR	2	KOR	2	NZL	1	KOR	1
TPE	1	TPE	1	NZL	1	NZL	1	NZL	2	USA	1	USA	1
USA	3	USA	3	TPE	1	USA	3	USA	2				
				USA	3								
				NZL	R1	KAZ	R1			KOR	R1	BRA	R1
						KOR	R2						
						KAZ	R3						
						NZL	R4						

Entries can **only** be made using the ISU Online Entry System for Speed Skating Events available at www.isu.org, section Speed Skating or at <https://ssk-entries.isu.org/> and respecting the following deadlines:

Preliminary Entries	Thursday, October 10, 2024
Accreditation Requests for Teams	Thursday, October 17, 2024
Accommodation Requests, Travel Dates & Transportation Requests	Thursday, October 17, 2024
Final Entries	Monday, November 11, 2024 – 12.00 noon (local time)

Please note that for all persons entered by the ISU Members the procedures regarding the Declaration for Competitors and Officials (all team Officials requiring an accreditation) entering ISU Events (Rule 131) as outlined in ISU Communication 1628 need to be strictly observed.

For more details please refer to Rules 115, 131, 208 and ISU Communication No. 1628.

CITIZENSHIP/RESIDENCE REQUIREMENTS AND CLEARANCE PROCEDURE

In accordance with Rule 109 of the ISU Regulations and ISU Communication No. 2526, all Skaters who do not have the nationality of the ISU Member by which they have been entered or who, although having such nationality, have in the past represented another ISU Member, must produce an ISU Clearance Certificate.

DRAWING

The drawing will be made in accordance with Rules 239, 240 (paragraph 5) and 242.

ANTI-DOPING CONTROL

Anti-Doping tests will be carried out according to the ISU Anti-Doping Rules and ISU Anti-Doping Procedures, as given in the applicable ISU Communications Nos. 2344 and 2366 (or any further update of these Communications).

LIABILITY

In accordance with the ISU General Regulations (Rule 119), the ISU, Japan Skating Federation, and the Organizing Committee assume no responsibility for or liability with respect to bodily or personal injury or loss of property or damage incurred in connection with this Championship. Each ISU Member is solely responsible for providing insurance coverage thereto.

TRAINING TIMES

The speed skating track and gym facilities will be open for training for entered Competitors from Monday, November 11, 2024. Trial starts will be organized on Thursday November 14, 2024.

Only accredited Competitors, substitutes and team officials will be allowed to enter the ice-rink during the official training hours.

ISU Members may ask for changes in the training schedule (published in the Inside ISU Events' App) latest by Friday, November 8, 2024. Decisions on changes' request will be taken by the Organizing Committee in consultation with the ISU.

BOARD AND LODGING

The Organizing Committee will be responsible for expenses for board and lodging at the official hotel from lunch on Thursday, November 14, 2024, until lunch on Monday, November 18, 2024 (Rule 137 paragraphs 10 and 14) for all Competitors participating in the Championships (not for the substitutes) and 1 Team leader or coach for each ISU Member. Expenses of other Skaters and officials (i.e. coaches, other team staff members and accompanying persons) other than those mentioned above, and expenses before or after the period mentioned above, will be at their own expense.

Accommodation requests can only be made using the ISU Online Entry System for Speed Skating Events: <https://ssk-entries.isu.org/>

OFFICIAL HOTEL

The Organizing Committee will arrange hotel reservations for all Skaters and officials at the following hotels:

Hachinohe Grand Hotel

14, Bancho, Hachinohe-city, Aomori, Japan
Tel: +81-178-46-1234 Fax: +81-178-46-1245
<https://hachinohegrandhotel.com/>

Hachinohe Park Hotel

1-15-90 Fukiage, Hachinohe-city, Aomori, Japan
Tel: +81- 178-43-1111 Fax: +81- 178-43-0264
<https://hachinohe-park.com/english/>

Grand Park Hotel Panex Hachinohe (APA Hotel <Hachinohe-chuo>)

8 Nijurokumachi, Hachinohe-city, Aomori, Japan
Tel: +81- 178-51-8484 Fax: +81- 178-24-2310
<https://grandpark-px.jp/hachinohe/>

Hotel prices:

Single Room with full board (meals & drinks): JPY28,000 per night per person including tax

Twin Room with full board (meals & drinks): JPY21,000 per night per person including tax

Cancellation policy:

Two weeks before arrival : 20%

One weeks before arrival : 50%

One day before arrival or No-show : 100%

Payment: Cash in JPY or credit card VISA, Master, AMEX, Diners.

TRANSPORTATION

The Organizing Committee will provide transportation from Sunday, November 10, 2024 to Monday, November 18, 2024 from and to the Misawa airport (MSJ) and/or Aomori Airport (AOJ). Team officials who do not travel together with their team cannot be guaranteed this transportation service.

From Misawa airport (MSJ)

The nearest airport to the official hotels is Misawa airport which is approximately 27km (approx. 40 minutes) to the official hotels. Haneda airport has connections to Misawa airport via domestic flights.

The price of transportation from Misawa airport to the official hotels is JPY10,000 per person / one way.

From Aomori airport (AOJ)

Aomori airport is located approximately 95km (2-hour drive) to the official hotels.

Haneda airport has connections to Aomori airport via domestic flights.

The price of transportation from Aomori airport to the official hotels is JPY15,000 per person / one way.

Team members who travel individually cannot be guaranteed official transportation service.

For information, the public transportation fee from each airport is:

From Misawa airport to Hachinohe city by taxi: Approx. JPY10,000

From Aomori airport to Hachinohe city by taxi: Approx. JPY34,000

A transportation service will be available between the official hotel(s) and the ice-rink from Monday, November 11 afternoon.

The Organizing Committee must be informed via the ISU Online Entry System for Speed Skating Events about the date and time of arrival and departure of the Competitors and officials as soon as possible, but at the latest by **Thursday, October 17, 2024**.

VISA REQUIREMENTS

A visitor visa may be required for participants and team officials. Please contact the Japan Skating Federation if you need an invitation letter for the visa. For the invitation letter please submit the following information:

Please complete provided Visa Invitation Information Form with all needed data Visa Requirements:

Please check well before your departure on what your countries specific visa requirements and processing times will be to enter the United States.

OC is not responsible for any visa denial. If you encounter issues, please inform the OC as soon as possible and we will do our best to provide help within our abilities.

Please submit all this information to the Organizing Committee as soon as possible, in order to have the necessary visas completed in due time.

ACCREDITATIONS

Only the following number of Team Officials can receive an accreditation free of charge:

Type	Number of accreditations per Competition
Team Leader	1 accreditation
Coaches, medical & technical staff	1 competitor* - 1 accreditation 2 to 3 competitors - 2 accreditations 4 to 6 competitors - 3 accreditations 7 to 9 competitors - 4 accreditations 10 to 11 competitors - 5 accreditations 12-13 competitors - 6 accreditations 14-15 competitors - 7 accreditations 16-17 competitors - 8 accreditations 18-19 competitors - 9 accreditations 20-21 competitors - 10 accreditations ..etc.
ISU Member Officials** (No access to athletes zone)	Up to maximum 3 accreditations

* Competitor = competing skater (substitutes excluded)

** President, Vice Presidents, CEO, General Secretary, Managers, etc.

The organizer is not obliged to provide services (accommodation, accredited entrance to the ice rink, transportation, etc.) for an excessive number of team officials or other accompanying persons from participating

ISU Members. A fee of EUR 250 for each additional Team Officials/Federation Officials accreditation must be paid to the Organizing Committee.

THE ORGANIZING COMMITTEE

All inquiries should be addressed to:

Contact person: Tomoko Doi (Ms.), Japan Skating Federation
E-mail: entries-ss2024@skatingjapan.or.jp
Address: Japan Sport Olympic Square
4-2, Kasumigaokamachi, Shinjuku-ku, Tokyo, 160-0013, Japan
Tel: +81 3 5843 0415
Fax: +81 3 5843 0416

MEDIA ACCREDITATION

Media accreditation requests for ISU Championships must be submitted via the ISU Online Media Accreditation System <https://www.isu.org/media-centre/accreditations/media>
Information for the media will be available on the [ISU website](#) in due time.

For further information contact the OC Press Officer:

Contact person: Toshimichi Adachi (Mr.)
E-mail: entries-ss2024@skatingjapan.or.jp
Tel: +81 3 5843 0415
Fax: +81 3 5843 0416

WEB SITE

Information concerning the competition will be available at the following official event website:
<https://speedskating2024.jp/>

Live results of the competition will be available at the following website:
https://live.isuresults.eu/events/2025_JPN_0001/schedule

ISU “INSIDE EVENTS” MOBILE APPLICATION

Daily information, results and changes in schedules (race, training, transportation, etc.) will be communicated to the teams on the board of the Team Hotel as well as on the ISU “Inside Events” mobile application. This mobile application makes the information delivery faster, contains all relevant information for participants, reduces paper needs and notifies participants in case of any changes or urgencies through push notification possibilities.

The “Inside Events” app is available free of charge on Android and Apple systems and is compatible with both tablets and smartphones. It can be downloaded with the below QR codes or directly on the app stores.

Each ISU Event will have its own unique password that will be provided on site to participating Athletes, Officials, and Team Delegations.



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