

2025 HELSINKI
SOLO ICE DANCE INTERNATIONAL
FINLAND

April 12-13, 2025



Hosted by
Helsingin Luistelijat Figure Skating Club
In cooperation with the ISU

The 2025 Helsinki Solo Ice Dance International will be conducted in accordance with the ISU International Solo Ice Dance Competition Guidelines 2024/25 General Rules and Requirements and the International Solo Ice Dance Competition Guidelines 2024/25 Technical Rules and Level Requirements. Skaters must provide a passport or other proof of age to verify they meet the age requirements as outlined in the International Solo Ice Dance Competition Guidelines.

Competition Venue

The Competition will take place at Herttoniemi Ice Rink, Helsinki, Finland. The ice surface is 28 meters by 58 meters with rounded corners. The rink is heated.

Rink Name: Herttoniemen Jäähalli
Address: Abraham Wetterin tie 1, 00810 Helsinki



Event Requirements

The requirements for International Solo Ice Dance Competitions will follow the requirements announced annually in the ISU International Solo Ice Dance Guidelines:

- General Rules and Requirements
- Technical Rules and Requirements
- Scale of Values

Events offered will be:

- Solo Basic Novice 2 Pattern Dances and 1 Free Dance
- Solo Intermediate Novice 2 Pattern Dances and 1 Free Dance
- Solo Advanced Novice 2 Pattern Dances and 1 Free Dance
- Solo Junior 1 Rhythm Dance and 1 Free Dance
- Solo Senior 1 Rhythm Dance and 1 Free Dance

The Pattern Dances and Rhythm Dance will be skated prior to the Free Dance.

Age Requirements (met before July 1st preceding the competition):

- Novice:
 - Basic Novice – has not reached the age of fourteen
 - Intermediate Novice – has not reached the age of sixteen
 - Advanced Novice – has reached the age of ten and has not reached the age of eighteen
- Junior – has reached the age of thirteen and has not reached the age of twenty-one
- Senior – has reached the age of seventeen

Technical Requirements

Senior Solo Ice Dance:

- Rhythm Dance (2"50 +/- 10 sec)
- Free Dance (3"30 +/- 10 sec)

Junior Solo Ice Dance:

- Rhythm Dance (2"50 +/- 10 sec)
- Free Dance (3"00 +/- 10 sec)

Advanced Novice Solo Ice Dance:

- Westminster Waltz (2 Sequences)
- Tango (2 Sequences)
- Free Dance (2"20 +/- 10 sec)

Intermediate Novice Solo Ice Dance :

- American Waltz (2 Sequences)
- Kilian (4 Sequences)
- Free Dance (1"50 +/- 10 sec)

Basic Novice Solo Ice Dance :

- Tango Fiesta (2 Sequences)
- Rhythm Blues (2 Sequences)
- Free Dance (1"30 +/- 10 sec)



For information about required elements please refer to the International Solo Ice Dance Rules & Requirements <https://isu-skating.com/figure-skating/events/solo-ice-dance/>

Competition Registration

Entries must be submitted to the OC by ISU Members via the electronic Entry Form no later than Thursday March 6th, 2025 to the following email: hsidi.contact@gmail.com. Confirmation of entries will be sent no later than Friday 7th of March 2025. Please do not make any travel arrangements until you receive the confirmation of entries.

Entry Fee

The entry fee for all events will be 100€. The entry fee will be invoiced and sent via e-mail to the clubs after confirmation. The invoice must be paid at latest on the due date: Monday 17th of March 2025. In case of non-payment, the OC reserves the right to consider the pertinent entries withdrawn. In case a skater(s) has been entered in the competition, but cannot participate, they can be replaced by another skater(s) in the same category and class until the draw. Participating clubs are asked to inform immediately of any changes in their entries by emailing hsidi.contact@gmail.com. The entry fee will only be refunded in cases when the withdrawal of the skater(s) occurs seven (7) days before the closing date: Friday 14th of March 2025, or upon presentation of an official certificate stating a medical reason preventing the participation.

Entries submitted after the Closing Date, Monday March 17th, will be subjected to the late entry fee of 125€ and will be treated in order of appearance and subject to the remaining available spots.

Panel of Judges

Each participating ISU Member may nominate one international judge or ISU judge educated in the ISU judging system. The organizer decides on the composition of the panel of judges. In case of too many nominated judges, the organizer reserves the right to reduce the number of judges. The Members concerned will then be notified of the result. The OC will cover the board and lodging for accepted judges and invited officials as of the dinner on the day before the start of their activity until the end of their activity, or for the day when the official is on duty.

Nominations are to be sent via email to hsidi.contact@gmail.com

The OC will provide and cover the expenses for travel (based on economy fare), rooms and meals in accordance with Finland's general travel policy for the invited Referees, Technical Controllers, Technical Specialists and Data Operators. Should any Official arrive at the hotel before or stay longer than the period afore mentioned, the expenses will be their own responsibility and must be paid upon arrival.

The OC will not cover any expenses for Competitors, Team Leaders, Coaches, or Chaperones.



Accommodation

All Teams must cover their accommodation expenses by themselves.

Hotel Options:

Original Sokos Hotel Presidentti	106€	Standard Single
Eteläinen Rautatiekatu 4	126€	Standard Twin
00100 Helsinki	146€	Standard Twin with extra bed

Booking Code "HL2025"

<https://www.sokoshotels.fi/en/hotels/helsinki/original-sokos-hotel-presidentti>

Scandic Hotels

Booking Code "EVNT"

<https://www.scandichotels.com>

Other Options:

Sokos Tripla Mall: <https://www.sokoshotels.fi/en/hotels/helsinki/original-sokos-hotel-tripla>

Accreditation

The official accreditation point will be at the Sokos Original Hotel Presidentti on Friday April 11th from 6pm and then at Herttoniemi Ice Rink on Saturday April 12th from 7.30am.

Accreditations will be given to all Competitors, Coaches, Officials, Team Leaders and other Team Members. An official identity document must be presented at the accreditation for verification.

Accreditation will be made only for skaters whose entry fees have been paid. It is not possible to pay the entry fee on site.

Opening Draw

The Draw will take place at the Original Sokos Hotel Presidentti, Eteläinen Rautatiekatu 4, 00100 Helsinki on Friday April 11th at 7.30pm, all participants are invited to attend. The Starting Order for Free Dances will be the reverse of the Pattern Dances and Rhythm Dances results.



Music

The participating ISU Members and their Clubs are responsible for submitting their skaters' music(s) as a direct attachment to an email to the OC (hsidi.contact@gmail.com) by March 17th, 2024.

Please note: some music files might exceed the size of a regular email. In this case, an email-based transfer service which allows to send large files could be used to send the file to the OC. Each Skater must have their own back-up drive (USB stick) for each program in the format of a WAV or an MP3 file.

The exact running time of the music (not skating time) must be communicated to the OC when submitting the music and shall be certified by the Competitor/Coach/Team Leader at the time of registration.

Example for music files:

AN_FD_Michael_GRANT_FIN

AN_American_Waltz_Michael_GRANT_FIN

NB: CDs will not be accepted by the Organizing Committee.

Planned Program Content Sheet

The Program Content Sheet for all categories must be returned to the OC no later than Monday 17th of March 2024 by e-mail to hsidi.contact@gmail.com. It is mandatory that the Program Content sheet be filled precisely by each Skater in English using the terminology for the elements listed in the respective Solo Ice Dance Scale of Values.

Presentation of Medals

The first three best placed Competitors in each event will be announced and honored on the ice. Group pictures with all the competitors will take place following the reward ceremony.

Insurance / Liability

It is the sole responsibility of each Member participating in the competition to provide medical and accident insurance for their athletes, officials and all other members of the member's team. Such insurance must assure full medical attendance including the return to the home country by air transport or by other expeditious means of the ill or injured person(s).

The OC assumes no responsibility nor liability with regards to bodily or personal injury nor is the OC liable for any property damage incurred by Competitors or Officials. The OC will provide Medical Emergency Aid during the Competition.



Transportation

The nearest airport to Helsinki is Vantaa Airport (HEL), with a distance of 45 mins approx. to the city center.

Transfer from the airport to the Helsinki main railway station is frequent and easy. Local train lines "I" and "P" take 45mins door to door.

Please download the HSL mobile application for easy journey planning and ticket purchase.

Preliminary Time Schedule

Thursday March 6 th , 2025:	Deadline for entries
Friday March 7 th , 2025:	Confirmation of entries
Monday, March 17 th , 2025:	Deadline for music & PPCs + Payment, Closing Date
Friday April 11 th , 2024:	Starting Order Draw
Saturday April 12 th , 2024	Pattern Dances and Rhythm Dances
Sunday April 13 th , 2024	Free Dances & Podiums

A provisional schedule will be sent out to all participating clubs upon the confirmation of the competition. Additional information will be provided after the confirmation of entries.

Contact Info

Direct all inquiries to hsidi.contact@gmail.com.

Welcome to Helsinki!

