

**INTERCLUB EVENT**



**INTERCLUB**

**Maria Olszewska Memorial 2025**

**Łódź, Poland**

**March, 5-9, 2025**

**ANNOUNCEMENT**



**Interclub Maria Olszewska Memorial 2025**  
Łódź / POL, March, 05-09, 2025

# **INTERCLUB**

# **Maria Olszewska Memorial 2025**

**An Interclub Competition**

**for**

**Boys, Girls, Solo Ice Dance and Adults**

**organized by**

**MKŁ Łódź**



**Łódź, Poland**

**March, 5-9, 2025**

**under the authorization of the**

**POLISH FIGURE SKATING ASSOCIATION**





**Interclub Maria Olszewska Memorial 2025**  
Łódź / POL, March, 05-09, 2025

## 1. GENERAL REGULATIONS

The **Interclub Maria Olszewska Memorial 2025** will be conducted in accordance with the ISU Constitution and General Regulations, the Special Regulations & Technical Rules Single & Pair Skating and Ice Dance 2024, and the relevant ISU Communications.

Participation in **Interclub Maria Olszewska Memorial 2025** is open to all Competitors. Entries can be made by: federations, clubs, skaters.

## 2. TECHNICAL DATA

**PLACE**            **Main arena: “Bombonierka Ice Rink”, Łódź, Stefanowskiego 28 Str.**  
(an indoor ice-rink with the ice surface of 30 x 60 m, air-conditioned and heated)

<p><b>GOLD U13 GIRLS &amp; BOYS</b></p> <p><b>Born:</b> After 30.06.2011</p> <p><b>Additional Groups (only Girls)</b> <b>U15</b> 01.07.2009 - 30.06.2011</p> <p><b>U18</b> 01.07.2006 - 30.06.2009</p>	Free Skating	<p>The well balanced program in accordance to ISU Communication No. 2624 Guidelines for International Novice Competitions Single Skating Adv. Novice Girls and Boys B 2.3</p> <p><b>I GENERAL</b> Duration: 3 min. +/- 10 sec.. Warm-up: 5 min Components factor: - Boys – 2,40 - Girls – 2,13 <b>Max level:</b> 3 (additional features will be ignored)</p> <p><b><u>BONUS (max 3 points)</u></b></p> <ul style="list-style-type: none"><li>- 2A – 1 point</li><li>- Triple jumps – 1 point</li></ul> <p>Bonus can be awarded:</p> <ul style="list-style-type: none"><li>- If there is fall in the element</li><li>- once for 2A and twice for different triple jumps.</li><li>- jumps cannot be under-rotated „&lt;“, downgraded „&lt;&lt;“, with wrong edge „e“ or invalid „*“</li></ul> <p>All deductions in accordance to ISU Communication No. 2624 Guidelines for International Novice Competitions</p>
--	--------------	--

<p><b>SILVER U11 GIRLS &amp; BOYS</b></p> <p><b>Born:</b> After 30.06.2013</p> <p><b>Additional Groups U15</b> 01.07.2009 - 30.06.2013</p>	<p>Free Skating</p>	<p><b>I Jumps</b> (max.5) There must be a maximum of 5 jump elements, one of which must be an Axel type jump. There may be up to two (2) jump combinations or one (1) jump combination and one (1) jump sequence.</p> <ul style="list-style-type: none"> <li>- A jump combination can consist up to two (2) jumps.</li> <li>- A jump sequences consist of two (2) jumps of any number revolutions, beginning with any jump, immediately followed by any an Axel type jump with a direct step from the landing curve of the first jump to take-off curve of the Axel jump.</li> <li>- Any single, double or triple jump can be executed only twice during the program.</li> </ul> <p><b>II Spins</b> (max. 2) There must be a maximum of two (2) spins of a different nature (abbreviation). One of which must be a spin combination (minimum eight (8) revolutions), flying entrance is not allowed.</p> <p>One must be flying spin or a spin with flying entrance:</p> <ul style="list-style-type: none"> <li>- minimum six (6) revolutions for spin without change of foot or minimum eight (8) revolutions for spin with change of foot.</li> <li>- In spin combination more than one change of foot is allowed</li> </ul> <p><b>III Step Sequence</b> (max. 1) There must be a maximum one (1) Step Sequence fully utilizing ice surface. Minimal requirements to receive Level Base, Step Sequence must include at least <b>two (2) clean performed difficult steps or turns</b>.</p> <p><b>IV GENERAL</b> Duration: 2 min., 40 sec. +/- 10 sec.. Warm-up: 4 min Components factor:</p> <ul style="list-style-type: none"> <li>- Boys – 2,00</li> <li>- Girls – 2,00</li> </ul> <p><b>Max level:</b> 3 (additional features will be ignored)</p> <p><b><u>BONUS (max 4 points)</u></b></p> <ul style="list-style-type: none"> <li>- 2A – 1 point</li> <li>- Triple jumps – 1,5 point</li> </ul> <p>Bonus can be awarded:</p> <ul style="list-style-type: none"> <li>- jump is clean or has „q“ sign with or without fall</li> <li>- jump is under-rotated „&lt;“ without fall</li> <li>- once for 2A and twice for different triple jumps</li> <li>- jumps cannot be downgraded „&lt;&lt;“, with wrong edge „e“ or invalid „*“</li> </ul> <p>All deductions in accordance to ISU Communication No. 2624 Guidelines for International Novice Competitions</p>
--	---------------------	---

<p><b>BRONZE U9 GIRLS &amp; BOYS</b></p> <p><b>Born:</b> After 30.06.2015</p> <p><b>Additional Groups U12</b> 01.07.2012 - 30.06.2015</p> <p><b>U15</b> 01.07.2009 - 30.06.2012</p>	<p>Free Skating</p>	<p><b>I Jumps</b> (max.5) There must be a maximum of 5 jump elements. One of which must be an Axel type jump. There may be up to two (2) jump combinations or one (1) jump combination and one (1) jump sequence.</p> <ul style="list-style-type: none"> <li>- A jump combination can consist up to two (2) jumps.</li> <li>- A jump sequences consist of two (2) jumps of any number revolutions, beginning with any jump, immediately followed by any an Axel type jump with a direct step from the landing curve of the first jump to take-off curve of the Axel jump.</li> <li>- Any single, double or triple jump can be executed only twice during the program.</li> </ul> <p><b>II Spins</b> (max. 2) There must be a maximum of two (2) spins of a different nature (abbreviation).</p> <ul style="list-style-type: none"> <li>- One of which must be spin in one position of sit or camel spin without change of foot (min. 4 revs.) or with change of foot (min. 4/4 revs. on each foot).</li> <li>- the second one can be any type of spin of a different nature (abbreviation): If it's a spin in one position or spin combination without change of foot there must be minimum four (4) revs. If it's a spin with change of foot there must be minimum four/four (4/4) revs on each foot.</li> </ul> <p>In spins in one position with or without change of foot difficult variation must be preceded by 2 revolutions in basic (no variation) position on each foot. Eg.</p> <ul style="list-style-type: none"> <li>- Basic sit position (2 revs), sit forward, sit behind</li> <li>- Basic sit position (2 revs), sit forward, change of foot, normal sit (2 revs), sit behind</li> </ul> <p>If it is a spin combination, holding basic position before difficult variation of position is not required to be counted.</p> <p>Spins can be started with jump.</p> <p><u>Extra Features</u></p> <ul style="list-style-type: none"> <li>- Execution of 6 revolutions in basic positions (no variation) of sit or camel spins counts as a feature only once in program.</li> <li>- Three (3) basic positions done on one foot in spin combination with or without change of foot will be counted as a feature only once in the program.</li> </ul> <p><b>III Choreo Step Sequence (ChStSq)</b> (max. 1) There must be a maximum one (1) Choreo Step Sequence, which must:</p> <ul style="list-style-type: none"> <li>- fully utilize ice surface</li> <li>- consist of one (1) spiral position (with knee of free foot above the hip level) skated on a curve, kept for minimum 3sec.</li> <li>- One skating movement (Mondo, Ina Bauer etc.)</li> <li>- Clearly visible step sequence with attempt of at least two (2) difficult steps or turns</li> </ul>
---	---------------------	--

		<p><b>Level features</b> (1 feature for lvl 1, 2 features for lvl 2)</p> <ul style="list-style-type: none"> <li>- More than 3 sec in difficult spiral position on curve</li> <li>- Minimum two (2) clean performed steps or turns</li> <li>- Change of edge in spiral or difficult spiral position, 3 sec in position before and after the change</li> </ul> <p>Examples of difficult spiral positions: Split position (more than 120 deg.), Biellmann, Camel Forward, positions, which requires more physical strength or flexibility</p> <table border="1" data-bbox="678 495 1428 622"> <thead> <tr> <th colspan="2" style="text-align: center;"><b>ChStSq (SOV)</b></th> </tr> </thead> <tbody> <tr> <td>ChStSqB</td> <td style="text-align: center;">1,0</td> </tr> <tr> <td>ChStSq1</td> <td style="text-align: center;">1,5</td> </tr> <tr> <td>ChStSq2</td> <td style="text-align: center;">2,0</td> </tr> </tbody> </table> <p><b>IV GENERAL</b> Duration: 2 min., 20 sec. +/- 10 sec.. <b>Max level:</b> 2 (additional features will be ignored) Warm-up: 4 min Components factor:</p> <ul style="list-style-type: none"> <li>- Boys – 1,67</li> <li>- Girls – 1,67</li> </ul> <p>All deductions in accordance to ISU Communication No. 2624 Guidelines for International Novice Competitions</p>	<b>ChStSq (SOV)</b>		ChStSqB	1,0	ChStSq1	1,5	ChStSq2	2,0
<b>ChStSq (SOV)</b>										
ChStSqB	1,0									
ChStSq1	1,5									
ChStSq2	2,0									
<p><b>INITIAL U7 GIRLS &amp; BOYS</b></p> <p><b>Warm-up: 5 min</b></p> <p><b>Born:</b> After 30.06.2017</p> <p><b>Additional Groups Warm-up: 4 min</b></p> <p><b>U9</b> 01.07.2015 - 30.06.2017</p> <p><b>U12</b> 01.07.2012 - 30.06.2015</p> <p><b>U15</b> 01.07.2009 - 30.06.2012</p> <p><b>U18</b> 01.07.2006 - 30.06.2009</p>	<p>Free Skating</p>	<p><b>I Jumps</b> (max.4)</p> <p>There must be a maximum of 4 jump elements. There may be up to two (2) jump combinations or one (1) jump combination and one (1) jump sequence.</p> <ul style="list-style-type: none"> <li>- A jump combination can consist up to two (2) jumps.</li> <li>- A jump sequences consist of two (2) jumps of any number revolutions, beginning with any jump, immediately followed by any an Axel type jump with a direct step from the landing curve of the first jump to take-off curve of the Axel jump.</li> <li>- Any single, double jump can be executed only twice during the program.</li> <li>- Waltz Jump will be counted as a listed jump (1W) with Base Value 0.2</li> </ul> <p><b>II Spins</b> (max. 2)</p> <p>There must be a maximum of two (2) spins:</p> <ul style="list-style-type: none"> <li>- One of which must be spin in one position without change of foot (min. 4 revolutions).</li> <li>- The second one can be any type of spin</li> </ul> <p>If it's a spin in one position or spin combination without change of foot there must be minimum four (4) revolutions.</p> <p>If it's a spin with change of foot there must be minimum four/four (4/4) revolutions on each foot.</p> <p>Difficult variations of positions are not allowed. Spins can't be started with jump.</p> <p><u>Extra Features</u></p> <ul style="list-style-type: none"> <li>- Execution of 5 revolutions in basic positions (no variation) of: upright, sit or camel spin counts as a feature only once in program.</li> </ul>								

		<ul style="list-style-type: none"> <li>- Three (3) basic positions done on one foot in spin combination with or without change of foot will be counted as a feature only once in the program.</li> </ul> <p><b>III Choreo Step Sequence (ChStSq)</b>          (max. 1)</p> <p>There must be a maximum one (1) Choreo Step Sequence, which must:</p> <ul style="list-style-type: none"> <li>- utilize 2/3 of ice surface</li> <li>- consist of one (1) spiral position (with knee of free foot above the hip level), kept for minimum 3sec.</li> <li>- Two (2) skating movement (not spiral position), (Mondo, Ina Bauer, steps, turns etc.)</li> </ul> <p><b>Level features</b> (1 feature for lvl 1)</p> <ul style="list-style-type: none"> <li>- More than 3 sec in difficult spiral position on curve</li> <li>- Minimum two (2) clean performed steps or turns</li> <li>- Change of edge in spiral or difficult spiral position, 3 sec in position before and after the change</li> </ul> <p>Examples of difficult spiral positions:          Split position (more than 120 deg.), Biellmann, Camel Forward, Positions, which requires more physical strength or flexibility</p> <table border="1" style="margin-left: auto; margin-right: auto;"> <thead> <tr> <th colspan="2" style="text-align: center;"><b>ChStSq (SOV)</b></th> </tr> </thead> <tbody> <tr> <td style="text-align: left;">ChStSqB</td> <td style="text-align: center;">1,0</td> </tr> <tr> <td style="text-align: left;">ChStSq1</td> <td style="text-align: center;">1,5</td> </tr> </tbody> </table> <p><b>IV GENERAL</b>          Duration: 2 min. +/- 10 sec..  <b>Max level:</b> 1 (additional features will be ignored)          Components factor:</p> <ul style="list-style-type: none"> <li>- Boys – 1,67</li> <li>- Girls – 1,67</li> </ul> <p>All deductions in accordance to ISU Communication No. 2624 Guidelines for International Novice Competitions</p>	<b>ChStSq (SOV)</b>		ChStSqB	1,0	ChStSq1	1,5
<b>ChStSq (SOV)</b>								
ChStSqB	1,0							
ChStSq1	1,5							

## ADULT COMPETITION

The **Interclub Maria Olszewska Memorial 2025** competition will be conducted in accordance to the International Adult Figure Skating Competition Technical Requirements 2024-2025 season <https://tinyurl.com/ME2025AdultRules> the categories: **Bronze, Silver, Gold, Master, Artistic** in Free Skating and Artistic Free Skating. Please note! In case of a small number of entries, OC will combine age groups

YA (Young Adults) skaters born between 1.07.1996 and 30.06.2006  
 I skaters born between 1.07.1986 and 30.06.1996  
 II skaters born between 1.07.1976 and 30.06.1986  
 III skaters born between 1.07.1966 and 30.06.1976  
 IV skaters born between 1.07.1956 and 30.06.1966  
 V skaters born before 30.06.1956



## SOLO ICE DANCE

The **Maria Olszewska Solo Ice Dance Memorial 2025** competition will be conducted in accordance to the International Solo Ice Dance Requirements 2024-2025 and all relevant communications.

<https://isu-skating.com/figure-skating/events/solo-ice-dance/>

<b>Basic Novice</b>	has not reached age of 14 by 1.07.2024
<b>Intermediate Novice</b>	has not reached age of 16 by 1.07.2024
<b>Advanced Novice</b>	has reached age of 10 and has not reached age of 18 by 1.07.2024
<b>Junior</b>	has reached age of 13 and has not reached age of 21 by 1.07.2024
<b>Senior</b>	has reached age of 17 by 1.07.2024

### 3. ENTRIES

#### 3.1 General

Entries for **Interclub Maria Olszewska Memorial 2025** must be done through:

- PZŁF skaters via the **PZŁF Online Registration System (ORS)**
- Skaters from abroad, skaters without PZŁF license and all Solo Ice Dance skaters via **e-mail**:  
<https://forms.gle/SNMSzL758HWHo3k76>

Each Club can enter unlimited number of skaters in each category.

#### 3.2 Entries by Name

##### 3.2.1 Entries of Competitors

The Entries by names must be made as written above, not later than:

**Sunday, 16<sup>th</sup> February, 2025 – 24:00 h (local time city of event).**

##### 3.2.2 Entries of Judges

Each participating club from abroad has the right to nominate one judge who has at least the qualification "Judge for International Competitions".

The Entries of Judges must be made via e-mail [entries.lodz@gmail.com](mailto:entries.lodz@gmail.com) not later than:

**Sunday, 16<sup>th</sup> February, 2025 – 24:00 h (local time city of event).**

Each panel of Judges will consist of at least 3 Judges.

#### 3.3 Entry Fee

With the entry to the competition, the entry fee must be paid as follows:

**350 PLN / 85 EUR** per single skater

**200 PLN / 50 EUR** per second category (if skater competes in more than one category)

**After entries are closed, the entry fee will not be refunded in case of withdrawals for any reason. If payment is not made on time, the OC has the right to withdraw the competitor from the competition.**

Payment by transfer will be only accepted and must be done not later than: **Monday, 17<sup>th</sup> February, 2025.** Transfer should be named as follow:

- Singles: IntSin\_Name\_Surname\_Country
- Solo Dance: IntSolo\_Name\_Surname\_Country

in the case of payment by the club, the list of participants should be sent to the OC for whom the payment was made.





**Interclub Maria Olszewska Memorial 2025**  
Łódź / POL, March, 05-09, 2025

<b>PLN Account</b>
Bank: MBank Account holder: <b>MKŁ Łódź, ul. Stefanowskiego 28, 90-537 Łódź Polska</b> SWIFT: BREXPLPWMBK PL 54 1140 2004 0000 3102 7551 0576
<b>EUR Account</b>
Bank: MBank Account holder: <b>MKŁ Łódź, ul. Stefanowskiego 28, 90-537 Łódź Polska</b> SWIFT: BREXPLPWMBK PL 61 1140 2004 0000 3212 1828 9776

#### **4. MEALS, LODGING AND TRAVEL EXPENSES**

The organizer will provide and cover the expenses for travel, rooms and meals only for Referees, Technical Specialists, Technical Controllers, Data/Replay Operators.

Judges will have covered the expenses for rooms and meals.

#### **5. OFFICIAL PRACTICE**

There will be no official practices.

#### **6. EXTRA PAID PRACTICES**

Extra paid practice for Competitors will be available on **Monday 3<sup>rd</sup> and Tuesday, 4<sup>th</sup> March, 2025**.

Price: **200 EUR** / hour

e-mail: [sarkis@vp.pl](mailto:sarkis@vp.pl)

#### **7. MUSIC / PLANNED PROGRAM CONTENT**

In accordance with Rule 343 in the ISU Special Regulations & Technical Rules Single & Pair Skating and Ice Dance, the following method to submit the Competitor's music to the Organizing Committee must be followed:

Participant is responsible for submitting their Competitor's music as direct attachment Dropbox Platform at link: <https://www.dropbox.com/request/vWpdhprGzEyRSKQz8bVg> until **Sunday, 16<sup>th</sup> February, 2025**

Please note: some music files might exceed the size of a regular email. In this case, an email-based transfer service which allows to send large files could be used to send the file to the OC.

- each submission shall be labelled with the name of the name of the category, segment and the name(s) of the competitor(s), ISU Member:

Example:

Junior\_Men\_SP\_WITKOWSKI-Milosz\_POL  
Junior\_Men\_FS\_WITKOWSKI-Milosz\_POL  
Junior\_IceDance\_RD\_CHOCK\_BATES\_USA

- the music files must be sent as WAV or MP3 file formats. Any other format is not acceptable.  
Please note: Files in MP3 format may have a significant difference in the music quality when reproduced. The Organizing Committee in this case is not responsible if the music quality would be insufficient.
- Each Competitor must have an own back-up drive (USB Stick) for each program in the format of a WAV or MP3 file.
- The exact running time of the music (not skating time) must be communicated to the Organizing Committee when submitting the music and shall be certified by the Competitor/Coach/Team Leader at the time of registration.

If the music files have been submitted within the above-mentioned deadline to the Organizing Committee,



## Interclub Maria Olszewska Memorial 2025

Łódź / POL, March, 05-09, 2025

then the music team of the Organizing Committee is entirely responsible for the correct execution of the music. In case of issues with submitted music files the Organizing Committee may request at the time of registration a secondary copy of the music files. In case the music files have not been submitted in time to the Organizing Committee, the skater(s) must present their music latest at the time of registration on the above defined mean and in the defined format.

Please note: CDs will **not** be accepted by the Organizing Committee.

The Planned Program Content must also be entered by the participants on the dedicated Platform, not later than: **Monday, 19<sup>th</sup> February, 2024**:

- PZŁF skaters via the **PZŁF Online Registration System (ORS)**
- Skaters from abroad and without PZŁF license – during entries

It is mandatory that the Program Content information be filled in precisely by each Skater/team in English using the terminology for the elements listed in the respective ISU Communication.

## 8. OFFICIAL HOTEL(S)

### HOTEL ADDRESS

#### OC Recommends hotel:

1. **Hampton by Hilton Lodz City Center for Event Officials Hotel**  
ul. Piotrkowska 157  
<https://www.hilton.com/en/hotels/lcjchx-hampton-lodz-city-center/>

The Organizing Committee will not provide a bus shuttle between hotel and ice rink.

## 9. ACCREDITATION

The official accreditation for Teams is planned at the Ice Rink upon arrival.

## 10. RESULTS

The marking system (ISU Judging System) as described in ISU Technical Rule Single & Pair Skating 2024, Rule 352 and Rule 353 (Determination and publication of results) will be used.

Results will be available at: <https://pzlf-wyniki.pl/2425/MOM2025L/>

## 11. DRAWS

There will be an electronic draw - **Monday, 3<sup>rd</sup> March, 2024 20:00h**

Starting Order to Free Skating / Free Dance will be in reverse order to Short Program / Rhythm Dance / Pattern Dances results.

## 12. ONLINE BROADCAST

Interclub Maria Olszewska Memorial 2025 will be fully broadcast live at:  
<https://www.youtube.com/@polskate>

## 13. PRESENTATION OF MEDALS

All skaters in each event will be announced and honored. The three best placed Skaters/Couples receive gold, silver and bronze medal. All Victory Ceremonies will be off-ice.

## 14. INSURANCE / LIABILITY

It is the sole obligation of each Club participating in event, to provide medical and accident insurance for their athletes, officials and all other members of the Member's team. Such insurance must assure full medical attendance and also the return of the ill or injured person to the home country by air transport or by other expeditious. It is an internal matter of each club to decide the issue who shall pay the premium for such insurance.

The Organizing Committee assume no responsibility for or liability with respect to bodily or personal injury or property damage incurred in connection incurred by Competitors and Officials.

## 15. EXHIBITION GALA

There will be no exhibition gala.

## 16. INFORMATION AND VARIOUS

For information, please contact the Organizing Committee:

**MKŁ Łódź**  
 Str. Stefanowskiego 28,  
 90-537 Łódź, Poland  
 e-mail: [entries.lodz@gmail.com](mailto:entries.lodz@gmail.com)  
 e-mail: [sarkis@vp.pl](mailto:sarkis@vp.pl)

## 17. ORGANIZING COMMITTEE

Ms. Jolanta BARYŁA	OC Head
Mr. Sarkis TEWANIAN	Event Coordinator
Mr. Piotr NOWAK	Technical Delegate

## 18. EVENT SCHEDULE

Detailed time schedule will be published after final entries at:  
[https://pzlf.pl/public/uploads/documents/Zawody/2024-2025/MOM2025\\_TimeSchedule.pdf](https://pzlf.pl/public/uploads/documents/Zawody/2024-2025/MOM2025_TimeSchedule.pdf)

## FORMS AND DEADLINES

No.	Form	Format	Link	Deadline
2	Entry Form for Competitors	ORS / email	<a href="https://forms.gle/SNMSzL758HWHo3k76">https://forms.gle/SNMSzL758HWHo3k76</a>	16.02.2025
3	Entry Form for Judges	e-mail	<a href="mailto:entries.lodz@gmail.com">entries.lodz@gmail.com</a>	16.02.2025
4	Entry Fee Payment	transfer		17.02.2025
5	Music Upload	Dropbox	<a href="https://www.dropbox.com/request/vWpdhprGzEyRSKQz8bVq">https://www.dropbox.com/request/vWpdhprGzEyRSKQz8bVq</a>	16.02.2025
Form 1	Visa request form	e-mail	<a href="mailto:entries.lodz@gmail.com">entries.lodz@gmail.com</a>	A.S.A.P.