

Sports Medicine & Athlete Health Committee

The Sports Medicine and Athlete Health Committee (the "Committee") is set up by decision of the Council in accordance with ISU Regulations.

The Committee shall be the competent advisory body for all medical matters related to the disciplines of skating. Those matters include, but are not limited to athlete injuries, athlete health and safety during training and competition, mental health, female athlete health, nutrition, gender eligibility.

Expectations of the Committee

- Advise the Council or other ISU bodies, when consulted, on medical matters pertaining to athletes and the sport. Such matters should include athlete physical and mental health and development, the impact of different sport factors, prevention of injuries in all skating disciplines as it pertains to competition and training, education on nutrition, mental health, female health, etc.
- Establish, review and regularly update any relevant ISU Medical guidance for skating events, training or other relevant situations.
- Develop sport specific protocols for injury prevention, rehabilitation and safe return to skating.
- Review and approval, in collaboration with the ISU Technical Committees, of health and safety equipment specific to ice skating
- Advise on collaborative research around the development of such equipment.
- Incorporate, promote and support Athlete Mental Health initiatives.
- Review ISU Office injury surveillance program reports for all skating disciplines, communicate to ISU Technical Committees and propose changes to rules and/or protocols based on the reported outcomes.
- Assist with athlete Eligibility Rules such as those related to Age and Gender.
- Communicate relevant medical and athlete health matters to the ISU Members.

- Establish a program of seminars to educate athletes, coaches and the skating community.
- In conjunction with ISU Members, maintain a group of medical advisors to assist at ISU Events.
- Where necessary, address any public health issues in specific countries and provide guidance on significant public health risk to the Council and relevant Organizing Committee.

Qualifications and Experience

The Committee shall be formed of members chosen for their relevant experience and qualifications, ideally including a mixture of backgrounds and experience in the following areas;

Sport medicine, ideally with competition experience (such as implementation of concussion protocols, trauma management, critical care)

Emergency medicine

Mental health, including emergency mental health care

Nutrition, with specific knowledge of Sports Nutrition topics and issues such as REDs

Gender issues

Female athlete health

Knowledge of the disciplines of Skating is also valued

Remuneration

This is a voluntary role and Committee members will not be compensated for their work as a Committee member beyond the published indemnities fixed by the Council. The ISU will reimburse travel and designated out of pocket expenses for each Committee member in accordance with the ISU's published policies.

The ISU will arrange travel and accommodation for Committee members when they are conducting Committee business in accordance with relevant ISU policies in force.