

ISU ANTI-DOPING PROGRAM

SEASON 2022-23

(1 July 2022 to 30 June 2023)

TESTING

During the season 2022-23, a little less than **2000 samples** were collected on **862 Skaters** (400 women and 462 Men) from **51 Nationalities**.

116 Skaters were included in the ISU RTP/TP, this is less than the previous season 2021/22.

The number of **OOO tests has slightly decreased** compared to the last season 2021/22 but remains much higher than season 2019/20 & 2020/21.

The decreased numbers in RTP/TP and OOO tests can be explained by the fact that 2022/23 was a post OWG season and a number of top Skaters have retired after the Games.

The volume of **In-Competition (IC) urine testing has remained relatively constant** compared to the season 2021/22.

In order not to multiply the number of In-competition Anti-Doping Testing, **testing was conducted at selected ISU Events**. We do no longer tests at all Junior Figure Skating Grand Prix, nor World Cup Speed Skating or World Cup Short Track.

We focus more on **OOO, and target testing based on our risk assessment**.

All Skaters participating at the ISU World Cup Speed Skating 2 (**224 Skaters**), ISU World Cup Short Track 3 (**168 Skaters**), ISU World Junior Short Track Speed Skating Championships (**163 Skaters**) and ISU World Junior Speed Skating Championships (**147 Skaters**) had to undergo an ABP-Blood Testing prior to the competition.

The breakdown of the testing for in and out-of-competition and type of testing is reported in **Appendix #1**.

CASE MANAGEMENT

ISU Testing Authority

2 AAFs: 1 was considered as **ADRV** and **1** was reported **Negative** due to a **valid TUE**.
25 Whereabouts Failure were confirmed, **3** as **Filing Failures** and **22** as **Missed Tests**.

ISU NADO's Members

6 AAFs: 5 were considered as **ADRV** and **1** was reported **Negative** due to a **valid TUE**.
1 ADRV following **3 Whereabouts Failures**.
1 ATF: No ADRV as Food contamination

MEO

1 AAF: Negative due to a **valid TUE**.



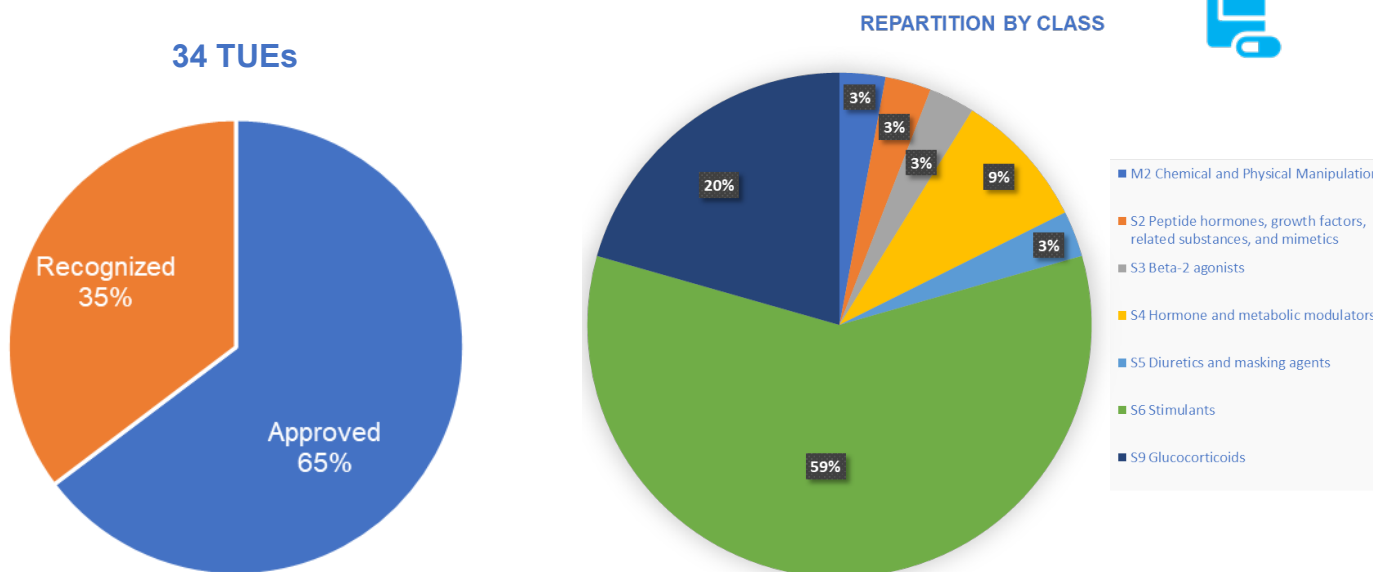
Class Substances leading to ADRV are

S1.1: Anabolic Agents, Anabolic Androgenic Steroids (AAS)

S4.4: Hormone and Metabolic Modulators, Metabolic Modulators

S5: Diuretics and Masking Agents

THERAPEUTIC USE EXEMPTION (TUE)



PURE AS ICE PROGRAM (EDUCATION)

Pure as Ice outreach booth was set up in conjunction with NADOs at **6 ISU Events**

More than **650 skaters** visited the booth and participated at the **Pure as Ice Kahoot! Quiz**

Appendix #2: PURE AS ICE 2022-23 SEASON RECAP

At the end of the season 2022/23, around **500 Skaters** were included in **ICEPACK (ISU Clean Education Pool Actors)**

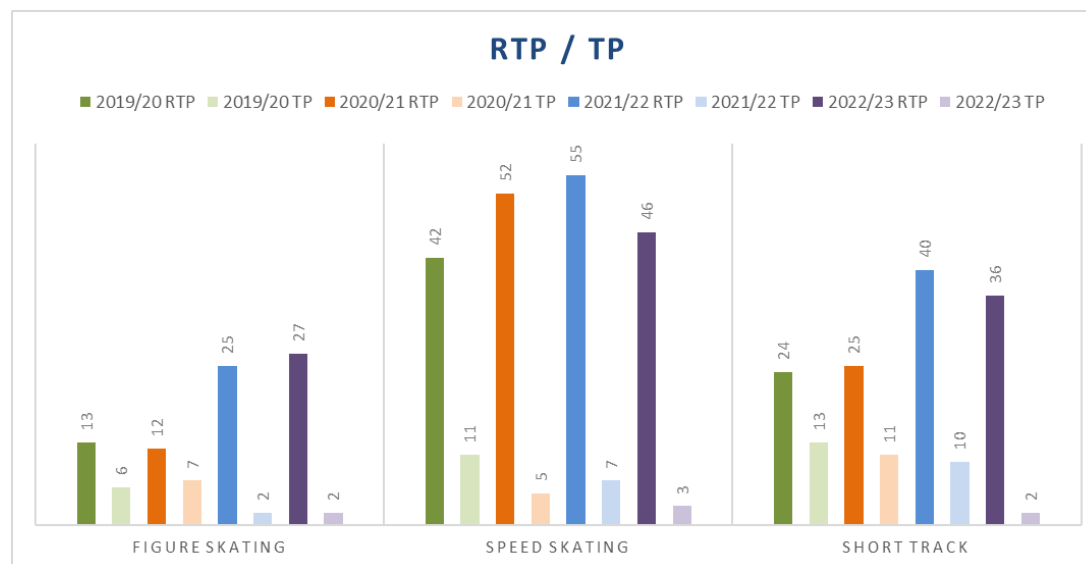
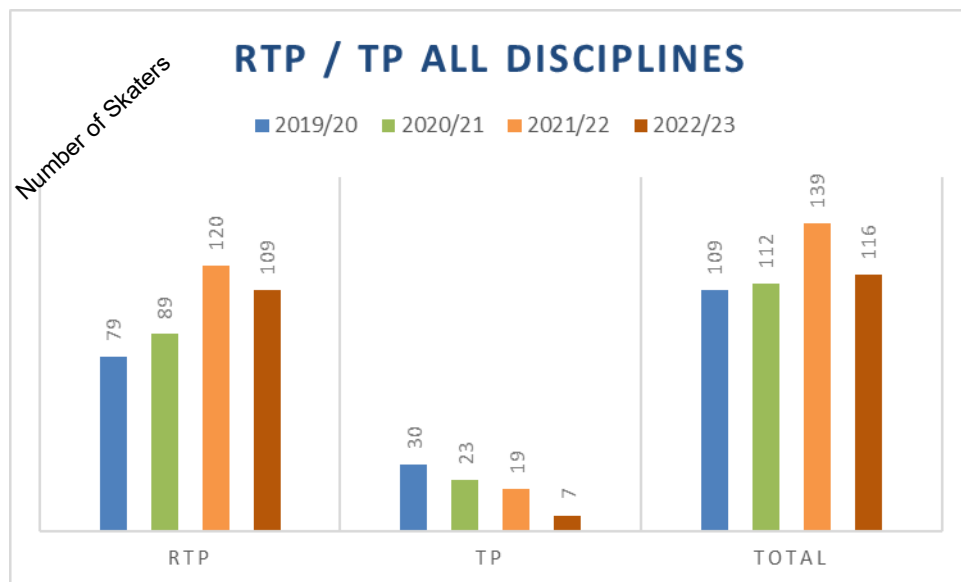
Pure as Ice eLearning, 107 certificates were delivered to Skaters, Athlete support personnel, Officials or Other

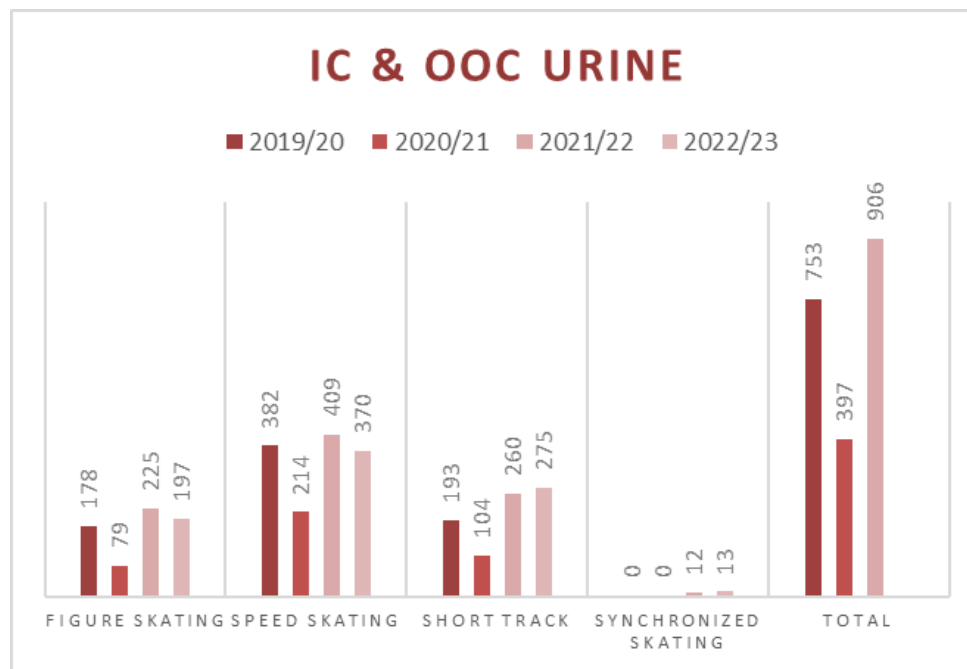
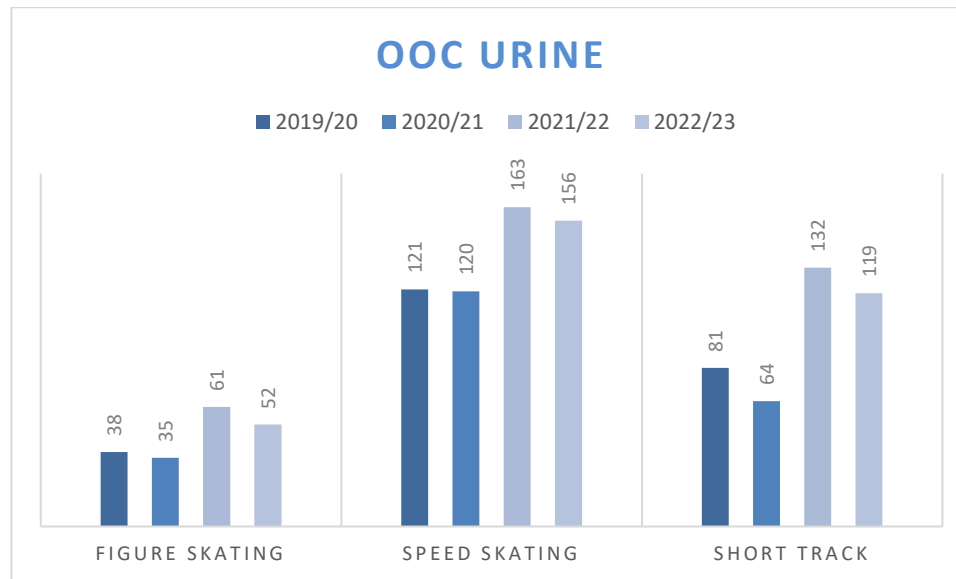
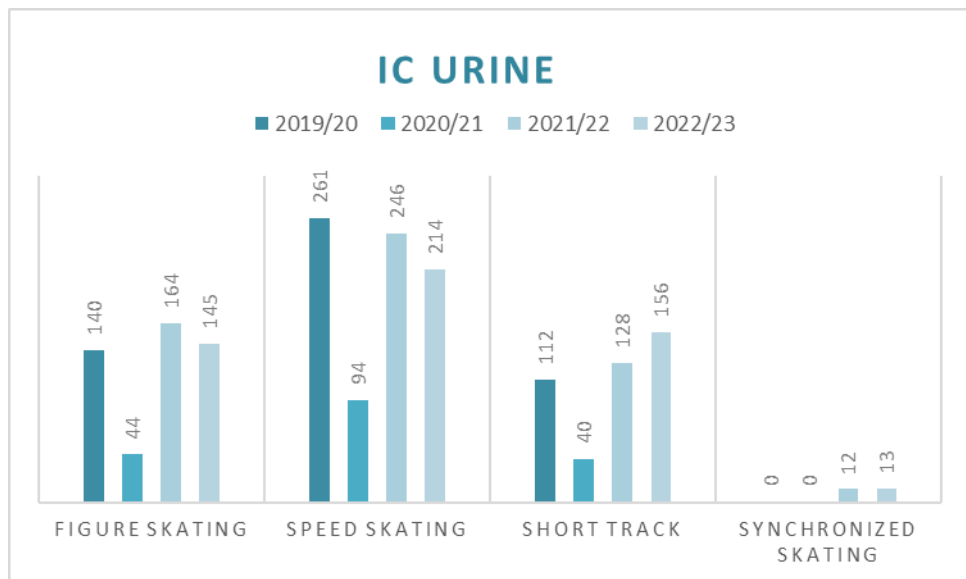
P.L.A.Y- Pocket Learning Anti-Doping and You #8 on Unintentional Doping was published on the ISU website.

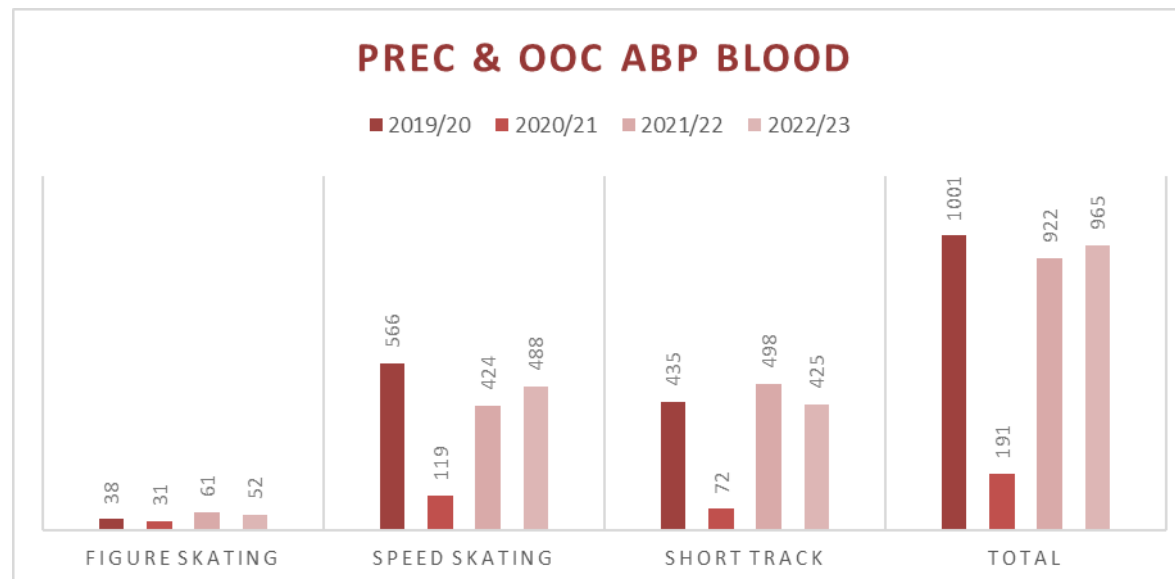
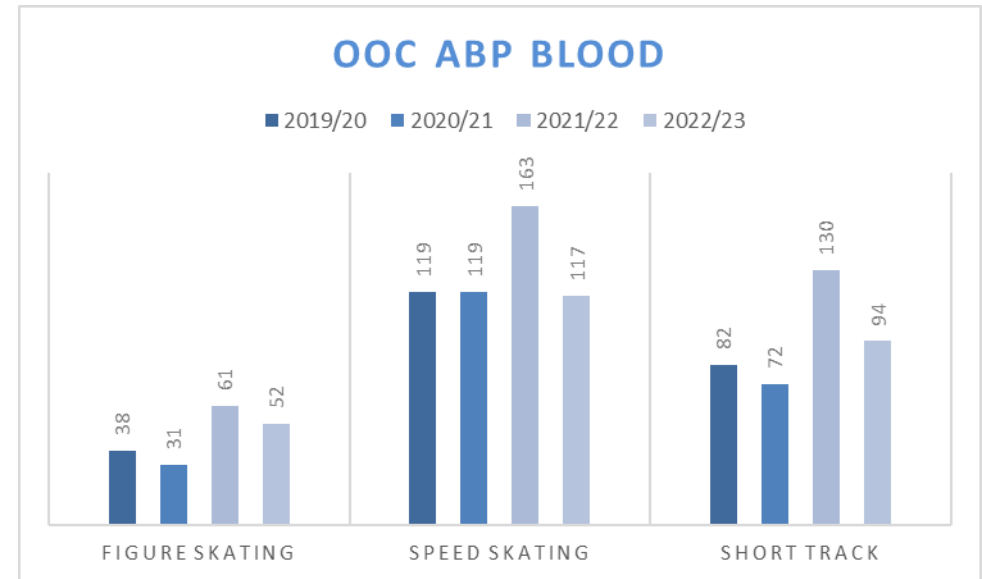
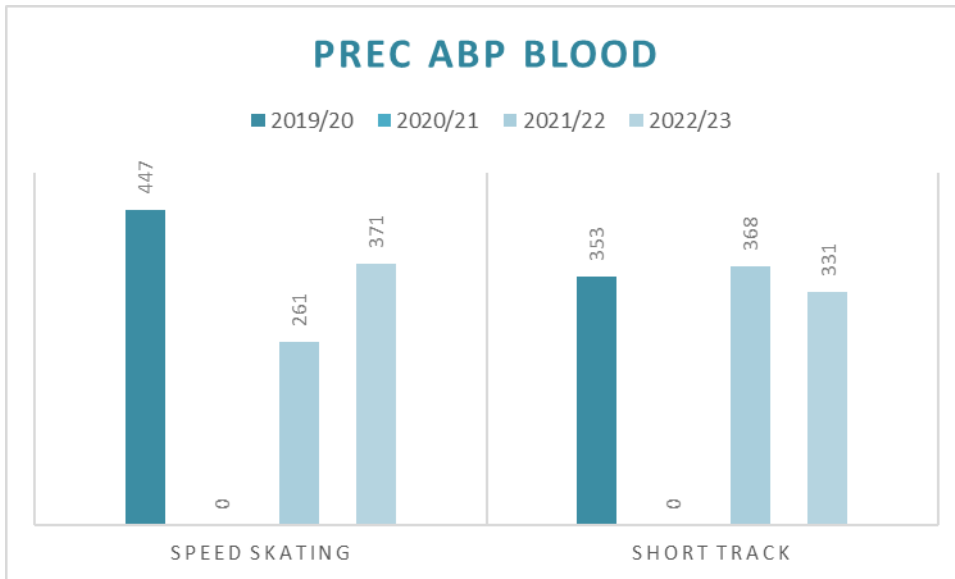


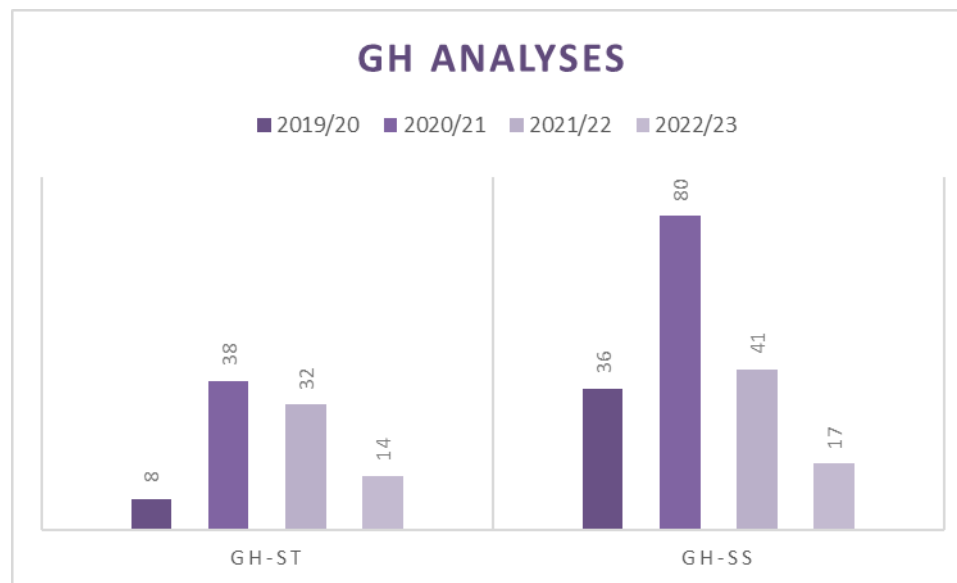
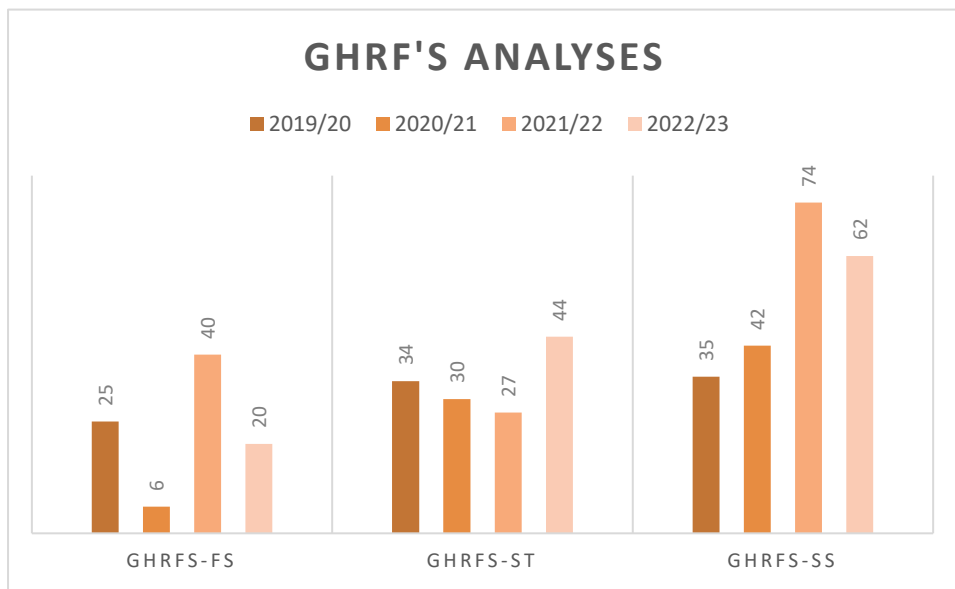
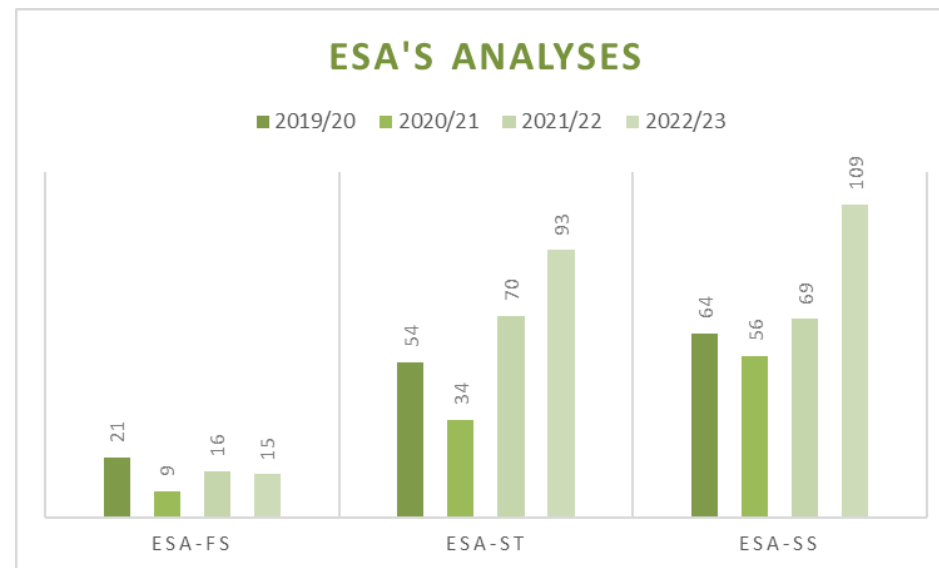
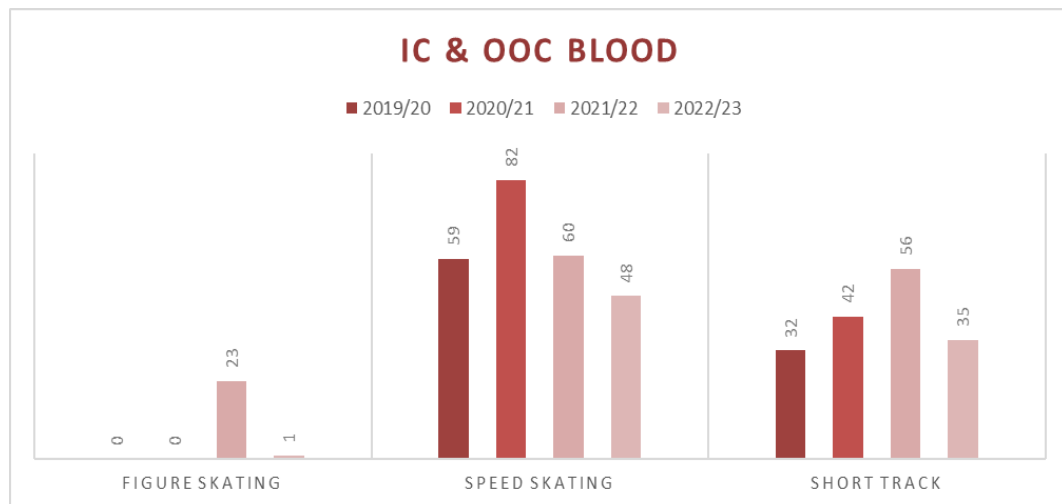


ISU TESTING STATISTIC SEASON 2019/20 – 2022/23









PURE AS ICE: Sneak peek into the 2022/23 season highlights

As part of its “Clean Sport” program for doping prevention, the ISU has once again this season deployed the “Pure as Ice” campaign in a variety of international events across all ice skating disciplines. The ISU #PureasIce initiative aims at reuniting skaters together with their entourage in a safe and fun hub where they can learn and exchange about Anti-Doping rules and behaviors.

ISU World Cup Speed Skating and Short Track Speed Skating 2022/23:

During the ISU World Cup Speed Skating and Short Track Speed Skating competitions, “Pure as Ice” booths were installed in Heerenveen (NED), as well as in Almaty (KAZ), all supported by volunteers and Anti-Doping educational teams on-site.



The skaters along with their coaches, team leaders and even sometimes team doctors and physiotherapists participated with great enthusiasm in the Pure as Ice activities and games, held in 9 languages – Chinese, Dutch, English, French, German, Italian, Japanese, Korean and Russian.

Fun Fact: Back in 2021, the American Speed Skater Erin Jackson took part and won the Pure as Ice quiz conducted during the ISU World Cup Short Track Speed Skating in Tomaszow Mazowiecki (POL) – going on to win Olympics and Championships medals in the subsequent years showing how successful skaters are eager to support Anti-Doping education-oriented actions.



ISU World Junior Speed Skating and Short Track Speed Skating Championships 2022/23:

The Pure as Ice campaign also gives particular importance in educating younger generations of skaters about the inherent risks and responsibilities in relation to doping misconducts. Education should indeed be the first step towards Anti-Doping processes rather than directly going through doping controls.

In that regard, a special seminar was offered during the ISU World Junior Short Track Speed Skating Championships in Dresden (GER) and the ISU World Junior Speed Skating Championships in Inzell (GER), taking the form of an interactive face to face presentation on the basics of Anti-Doping and Therapeutic Use Exemptions (TUE).



During these two events, the Pure as Ice booths also presented a successful attendance rate with 121 skaters (from 29 countries) in Dresden and 138 skaters (from 22 countries) in Inzell – making these Pure as Ice activations as the most globally representative recently.



ISU World Junior Figure Skating Championships and ISU World Junior Synchronized Skating Championships 2022/23:

The Pure as Ice campaign also made a strong appearance at this season's ISU World Junior Figure Skating Championships in Calgary (CAN) conducted in collaboration with the ISU's Clean Sport custodian and partner Canadian Centre for Ethics in Sport (CCES). Figure skaters and their entourage had the opportunity to participate in sessions focusing on "Doping control processes". On that occasion, presenters from CCES provided an insight into how and why doping control processes take place with advice on how to be prepared, the do's and don'ts and most importantly how important clean sport is for the skaters' health and well-being.

As for Synchronized Skating, the ISU Pure as Ice team organized a seminar and quizzes during the ISU World Junior Synchronized Skating Championships in Angers (FRA). Skaters had the chance to get to know more about the basics of Anti-Doping and control processes, resulting in an engaging interaction with the presenters.

In total, more than 180 skaters attended these two Pure as Ice events, often accompanied, by their team leaders and coaches.

The ISU greatly values the attendance of coaches, team leaders, choreographers, physiotherapists as well as support staff (Athlete Support Personnel) as it further solidifies the Anti-Doping movement and encourages young skaters to familiarize with ways to keep sport clean, while learning from their mentors.



The ISU looks forward to hosting skaters along with their coaches and support staff on Pure as Ice outreaches in the upcoming season to gather the ice skating community in support of Clean Sport. Let's get together to celebrate the #PUREASICE spirit !