









On behalf of Polish Speed Skating Association, and Organizing Committee We have the honor and pleasure to invite you to a Competition of the

ISU Junior World Cup Speed Skating 2024/25

which will be held at the Arena Lodowa in Tomaszów Mazowiecki, Poland from Saturday, November 30, to Sunday, December 1, 2024

The Competition will be held under the 2024 ISU General Regulations, Special Regulations & Technical Rules for Speed Skating and ISU Communication No. 2652.

PROGRAM

Friday, November 29:	17:00 18:00	Team leaders' Meeting, Online Opening draw, Online	
Saturday, November 30:	10:00	Women Men Women Men Women Men	1000m 1000m 3000m 3000m Team Pursuit Team Pursuit
Sunday, December 1:	10:00	Women Men Women Women Men Women Women Men Women Men	Mass Start Semifinals Mass Start Semifinals 500m 500m 1500m 1500m Mass Start Finals Mass Start Finals

Quartet starts will be used in the 3000m (it may also be used for 1000 and 1500m) according to ISU Communication No. 2652, paragraph 5.1).

TRACK

A standard speed skating track of 400 meters to the lap laid out at Arena Lodowa, an artificially frozen indoor skating rink in Tomaszów Mazowiecki. The radii of the inner and outer competition lanes are 26 and 30 meters, respectively. The width of the inside training lane is 4 meters.

ENTRIES

Entries for this competition will be restricted and must be made according to ISU Regulations and ISU

Communication No. 2652, paragraph 4.

As per ISU Rule 108, participation in the **Juniors division** is open to:

• **Juniors A and B** born in the period 1 July 2005 – 30 June 2009

Participation in the **Neo-seniors division** is open to:

• **Skaters** born in the period 1 July 2001 – 30 June 2005

Entries can only be made using the ISU Online Entry System for Speed Skating Events on https://ssk-entries.isu.org/ and respecting the following deadlines:

Preliminary entries, giving the estimated number of Competitors and the number of coaches and other team staff, as well as provisional names of the Competitors and Team leader must be communicated at the latest *by* October 31, 2024.

Final entries including the names of the Competitors and available substitutes, as well as the names of the Team leader, coaches and other team staff for whom an accreditation is required must reach the Organizing Committee at the latest by 12:00 noon (local time) on November 25,2024.

Preliminary Entries & Accommodation Requests	31.10.2024
Accreditation Requests for Teams	31.10.2024
Travel Dates & Transportation Requests	18.11.2024
Final Entries	25.11.2024 – 12.00 noon (local time)

Please note that for all persons entered by the ISU Members, the procedures regarding the Declaration for Competitors and Officials (all team officials requiring an accreditation) entering ISU Events (Rule 131) as outlined in ISU Communication No. 1628, need to be strictly observed. For more details please refer to Rules 115, 131 and ISU Communication No. 1628 or any update of this Communication.

In accordance with Rule 109 of the ISU Regulations and ISU Communication No. 2526, all Skaters who do not have the nationality of the ISU Member by which they have been entered or who, although having such nationality, have in the past represented another ISU Member, must produce an ISU Clearance Certificate.

ENTRY QUOTAS

An ISU Member¹ may enter a maximum of 10 Competitors per category (10 Women and 10 Men). Subject to the qualifying times criteria listed below, maximum 4 Competitors for 500 and 1000m, maximum 3 Competitors for 1500 and 3000m and maximum 2 Competitors for Mass Start may be entered for each individual event in each Division (Juniors & Neo-seniors).

For the Team Pursuit event, an ISU Member may enter maximum one team per gender in each division. Up to two (2) Junior Skaters may take part in a team event in the Neo-senior Division but not vice versa.

¹ Reference is made to ISU Communication No. 2469, paragraph 2.a) according to which and until further notice, no individual belonging to the Russian Skating Union and Skating Union of Belarus shall be invited, entered and allowed to participate in International Competitions, ISU Championships and other ISU Events.

QUALIFYING TIMES

Entered Skaters (including substitutes) must have achieved applicable qualifying times for the respective distances, as listed in ISU Communication No. 2652, paragraph 4.3:

	JWC 1-2 (juniors only)		JWC-3 (final)* and JWC 1-3**					
	500m	1000m	1500m	3000m	500m	1000m	1500m	3000m
Women	45,00	1.30,00	2.20,00	5.00,00	42,50	1.25,00	2.12,00	4.45,00
Men	41,00	1.22,00	2.07,00	4.25,00	38,50	1.16,00	1.58,00	4.05,00

For *Mass Start and Team Events*: any of the above distance Qualifying times apply.

For **Team Events**: for maximum one Skater per ISU Member, the following Qualifying times may apply:

Women	1.33,00
Men	1.25,00

^{*} For skaters without JWC points.

For a result to be valid as a qualifying time, it must have been achieved in the period between July 1, 2023, and the entry deadline for the ISU Junior World Cup Competition concerned. Documentation (specifying date and venue of the competition) of the achieved time must be available.

MASS START RACES

Mass Start races will be organized in accordance with Rule 243, paragraph 4, Rule 257 and Rule 265, paragraph 6.1 and 6.4 and ISU Communication No. 2651 (or any further update).

TEAM PURSUIT RACES

Team Pursuit races will be skated according to Rule 256, paragraph 1, Rule 265, paragraph 5 and ISU Communication No. 2651 (or any further update), with national teams of 3 Skaters each, and with distances of 6 laps for Women and 8 laps for Men.

GROUPING AND DRAWING PROCEDURES

The grouping and drawing of pairs will be according to ISU Communication No. 2652, paragraph 6.

POINTS

For each distance Junior World Cup points will be awarded according to ISU Communication No. 2652, paragraph 7.2.

PRIZES

Prizes will be presented to the three (3) best Skaters in each event (distance) in each Division. Junior World Cup points gained will count towards the final ISU Junior World Cup ranking 2024/25.

ANTI-DOPING

Anti-Doping tests will be carried out according to the ISU Anti-Doping Rules and ISU Anti-Doping Procedures, as given in the applicable ISU Communications Nos. 2344 and 2366 (or any further update of these Communications).

^{**} For Neo-seniors for JWC 1-3.

TRAINING TIMES

The speed skating track will be open for training for entered Competitors from Monday, November 25 9.15 am to 12.30 am and from 3.00 pm to 4.00 pm. Trial starts will be organized on Friday, November 29 from 9.15 am to 12.30 am.

Only accredited Competitors, substitutes and team officials will be allowed to enter the ice-rink during the official training hours.

LIABILITY

In accordance with Rule 119 of the ISU General Regulations, the ISU, Polish Speed Skating Association and the Organizing Committee assume no responsibility for or liability with respect to bodily or personal injury or property loss or damage incurred in connection with the ISU Junior World Cup Speed Skating. Each Member is solely responsible for providing insurance coverage thereto.

ACCOMMODATION

Participating ISU Members will have to bear expenses for accommodation for all participating Skaters and team officials.

The cost of a room and meal at the official hotel(s) will be as follows (including all taxes):

1. Hotel MOLO ***

ul. Klonowa 16, 97-213 Smardzewice

Single Room occupancy: 135 Euro per person per night. Price including meals and drinks. Double Room occupancy; 120 Euro per person per night. Price including meals and drinks.

2. Hotel Magellan ***

ul. Żeglarska 35/31, 15, 97-320 Bronisławów

Single Room occupancy: 155 Euro per person per night. Price including meals and drinks. Double Room occupancy; 130 Euro per person per night. Price including meals and drinks.

3. Hotel Mościcki ****

ul. Nadpiliczna 2, 97-215 Spała

Single Room occupancy: 160 Euro per person per night. Price including meals and drinks. Double Room occupancy; 135 Euro per person per night. Price including meals and drinks.

Payment: Cash in [PLN, EUR or USD] or credit card [VISA, Mastercard +2% handling charges].

All arrangements for accommodation must be made through the Organizing Committee.

Accommodation requests can only be made using the ISU Online Entry System for Speed Skating Events. Please indicate the preferred hotel in the OES notes per booking.

Based on the request entered in the ISU Online Entry System and availability the OC will prepare and send you the summary of accommodation costs. The OC may ask for the 50% prepayment to confirm your booking.

Cancellation policy:

- Before November 2: 50% of rooms can be cancelled free of charge
- November 2 November 23: 10% of rooms can be cancelled free of charge
- After November 23: No refund after this date

The Organizing Committee reserves the right to limit the number of hotel rooms available to each team at the official hotel(s).

Water Bottles

Plastic water bottles will not be provided by the Organizing Committee. Teams are asked to bring their own reusable water bottles and to use the refill stations at the venue.

TRANSPORTATION

The Organizing Committee would like to be informed via the ISU Online Entry System about the time of arrival and departure (incl. flight details) of the competitors and team officials as soon as possible, but not later than Monday, November 18,2024.

On request (via OES) the Organizing Committee will provide bus transportation from Sunday, November 24, until Monday, December 2, 2024 between Warsaw International Airport "Chopin" or Warsaw Central Railway Station and the official hotels for the price:

- 40€ per person for the group of 4 or more / one way
- 70€ per person for the group of up to 3 person / one way.
- 125€ for a single person service / one way.

The Organizing Committee will provide free of charge transportation between the official hotel(s) and the ice rink from Wednesday, November 27,2024 until the Competition is finished.

VISA REQUIREMENTS

Citizens from outside the EU (Schengen) may require visa to enter Poland. You may use the link below to check it:

https://www.gov.pl/web/udsc-en

Please contact the Polish Speed Skating Association if you need an invitation letter for the visa. Please submit the following information *:

- Name, Given Name and middle name as in passport
- Date of birth
- Nationality
- Passport Number
- Passport date of issue
- Passport date of expiry
- Arrival and Departure date

* The requirements may vary for different countries so please refer to the respective consulate to learn specifically what information you need to put in the letter. The OC is able to include additional information in the invitation letter if needed.

ORGANIZING COMMITTEE - MEDIA ACCREDITATION - INQUIRIES

All inquiries should be addressed to the Organizing Committee or Polish Speed Skating Association at the addresses below. For Media accreditation, please contact the below address as soon as possible.

Organizing Committee	Polish Speed Skating	Media accreditation	
	Association		
Al. Wojska Polskiego, 17/2	Al. Wojska Polskiego, 17/2	Al. Wojska Polskiego, 17/2	
01-515 Warszawa	01-515 Warszawa	01-515 Warszawa	
Phone: +48 788 156 118	Phone: +48 601 328 996	Phone: +48 607 721 801	
E-Mail: events@pzls.pl	E-Mail: polskate@pzls.pl	E-Mail: media@pzls.pl	
Mr. Konrad Niedźwiedzki	Mr. Adam Lefler	Mr. Paweł Tworek	

Results and other information from the competitions will be posted on the following website(s):

Official website

live.isuresults.eu

ISU "INSIDE EVENTS" MOBILE APPLICATION

Daily information, results and changes in schedules (race, training, transportation, etc.) will be communicated to the teams on the board of the Team Hotel as well as on the ISU "Inside Events" mobile application.

This mobile application makes the information delivery faster, contains all relevant information for participants, reduce paper needs and notify participants in case of any changes or urgencies through push notification possibilities.

The "Inside Events" app is available free of charge on Android and Apple systems and is compatible with both tablets and smartphones. It can be downloaded with the below QR codes or directly on the app stores.

Each ISU Event will have its own unique password that will be provided on site to participating Athletes, Officials, and Team Delegations.







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